

A NEW OUTLOOK ON LIFE

When I was still out in the streets drinking, it was easy to think that the world was out to get me. The reckless way I was living put me in situations that caused trouble in my life. Suspensions from work, car accidents, jail, and failed relationships plagued my existence. Bills kept piling up. I couldn't for the life of me figure out why I was different from everyone else. Why would nothing go my way? Why did I have such bad luck? People told me that my drinking might be a problem, but what did they know? I was in complete denial. By the end of my drinking, I was a shell of a person. I wasn't suicidal, but I was just so tired of the world being against me. I just wanted it to all end.

I was lucky to be offered an opportunity to go to treatment. Through treatment I found AA. In AA I found a home. Never in my life had I met a group of people that understood me and could relate to my struggles and feelings. When I found the fellowship and began my journey through the steps things started to change for me, but most importantly, things started to change in me.

Things have not always been easy. In fact, I've experienced the hardest times of my life while in sobriety. Each time something happens I have been able to come out a little bit stronger and wiser. I try to look at events in my life as learning experiences, good and bad. I still tend to be stubborn and sometimes I have to learn the hard way, but I don't feel like the world is out to get me anymore. It's just life on life's terms. I don't feel so different today, because I am living differently. I'm doing my best to be a good person. I have ideals that I try to live up to

for myself. There are times that I fail and let people and myself down, but I no longer have to live in it. I can do my best to repair things and move forward.

My life has changed just by changing what I put into it. Being a useful, productive member of society, helping others, attempting to be the best person I can be, and most importantly expanding my relationship with God, has been game changing. When I came to Alcoholics Anonymous I was given a new outlook on life, and the ability to accept life on life's terms. Today I am living the life I didn't even know I wanted. —David A



“...most importantly, things started to change in me.”

COMMUNITY NEWS

- ◆ The Intergroup office and our A.A. Hotline received 51 calls in October.
- ◆ Baskets of Gratitude Auction has been changed to December 13th @ 4:00 pm on Zoom
- ◆ 50/50 Raffle tickets are available at the Intergroup office. Come by and pick some up to sell at your group
- ◆ Stop by the office and pick up some wonderful gifts for the Holidays! Key chains, necklaces and medallion holders
- ◆ Is your meeting opening up?, to re-activate on our website contact our webmaster at webmaster@aagainesville.org
- ◆ Have suggestions to make your Intergroup office better? Email suggestions to gainesville.intergroup@gmail.com



Tradition 12 The Steps are HOW IT WORKS. The Traditions are **WHY IT WORKS.**

"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles above personalities."

This tradition means a lot to me. Anonymity is not only difficult to say, it is difficult to do. The principle behind Anonymity is humility, and for an Alcoholic like me, some days the task of being humble can be nearly impossible. When I first arrived in AA, I had no idea what I was in for. People would tell me things like "Do something for someone without anyone knowing" or "Try to think of yourself less." It was not until many years later, that anything like this would actually occur in my life. To this day these little reminders keep me grounded. I wanted to tell everyone how great I was doing now that I was sober. I wanted people to know they could come to AA and become great just like me. But Bill and Bob were smart. They knew we would do these kinds of things, and that is why this tradition is in place.

A wise man once said "Trying to practice humility is like trying to practice spontaneity, it just doesn't work." So the writers couldn't just come out and say-- "Hey Y'ALL JUST BE HUMBLE WOULD YA???" So by Devine inspiration, this tradition was born. Genius.

"...Ever reminding us to place principles before personalities." My experience has usually been used as a more PC way to say "Love them, don't kill them", whenever I am angry and ranting to my sponsor. Usually it is because "They aren't doing it right!" More recently I have realized that in the appropriate context (and the one it was written for) it was to continue this idea that humility binds us together. It is reminding us to be anonymous and put aside our wants and desires- especially to get recognition, manipulate, or indulge in our ego. Looking back over the years and development of AA and the traditions, it is awe-inspiring to me how God's handiwork makes itself apparent in our program over and over again.—Jon C

Eyeopener

CM - 2 yrs

Free To Be

KV - 11 yrs

Women's Step Study

KS - 3 yrs

FO - 31 yrs

Micanopy

CS - 5 yrs

Wholesale Miracle

JP - 6 yrs

KH - 9 yrs



NOVEMBER BIRTHDAYS

Gratitude Group

MC - 12 yrs

DO'N - 43 yrs

Starke Happy Hour Group

CS - 1 yr

LM - 31 yrs.

KK - 39 yrs

CS - 25 yrs

4th Dimension

RH - 32 yrs

Hawthorne Group

SI - 37 yrs

Language of the Heart

KK - 24 yrs

KB - 13 yrs

Downtown Group

SC - 6 yrs

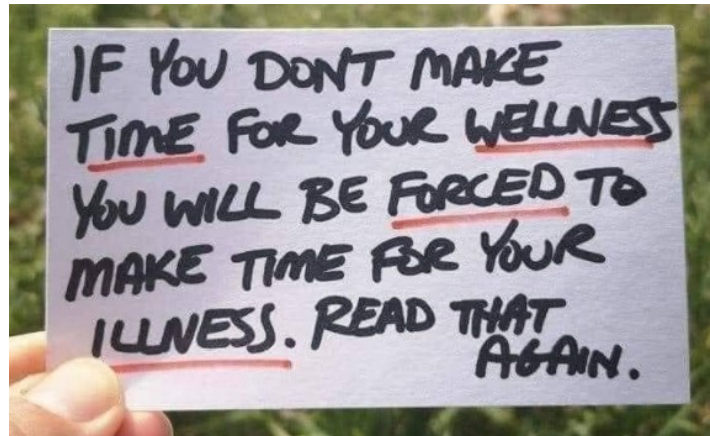
Sat AM 10th & 11th Step

WS- 35 yrs (Oct)

LS - 5 yrs

MD - 6 yrs

**December Birthdays?
Send them by Dec 12th to
POST@AAGainesville.org**



7th Tradition Addresses

North Central Florida Intergroup

2632 NW 43rd Street, Suite 1182

Gainesville FL 32606-7551

*(Checks payable to: NCFI)*District 14

PO Box 357254

Gainesville, FL 32635-7254

(Checks payable to District 14)North Florida Area Assembly

PO Box 10094

Jacksonville, FL 32247

*(Checks payable to NFAC)*General Service Office

PO Box 459, Grand Central Station

NY, NY 10163

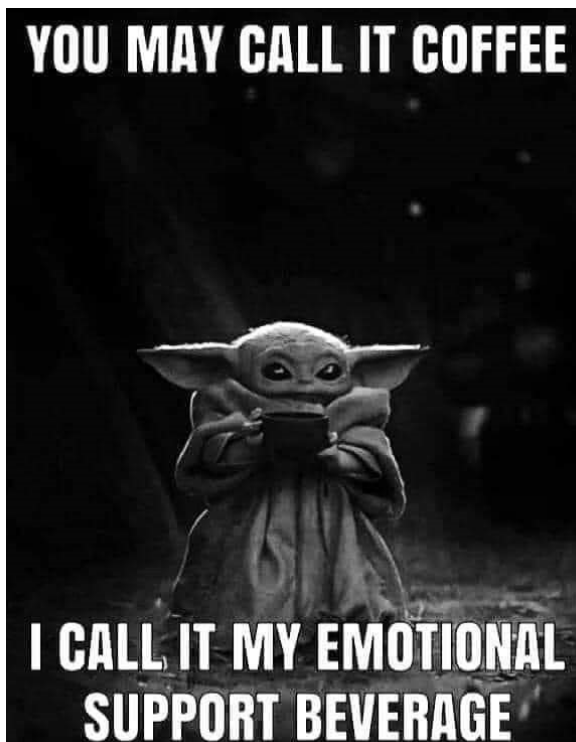
(Checks payable to GSO)

Self-support: Where money and spirituality mix!

Step 12

“Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.”

It is as difficult to describe a spiritual awakening as it would be to tell of a lovely flower by means of a logarithm. Sometimes, there are no words, only feeling. But suddenly, I rejoiced that I was an alcoholic and that being so had brought me to AA. Deeply sorry for the harm done, I still know that if it had not been thus, even if I had never encountered alcohol, I would have lived and died like a vegetable, with never a glimpse of the incredible world of the spirit. Until I can say and do no more, my prayer is to be allowed to tell all this good news to alcoholics and to others, by word, by action, by example. And this last way is the most effective of all. In my drinking days, I was a seven-day, around-the-clock toper. Now I know that in the Twelve Steps and especially in the final phrase, "in all our affairs," I have something to fill each day of my life just as completely, around the clock. All I need do is listen a little, read a little, do a little, and think a little. In all history, was there ever such a bargain? -- B.C. Hull, Massachusetts, from August 1974 Grapevine



Future Topics

“Living One Day at a Time”
January

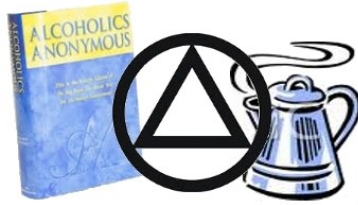
“Relationships in Sobriety”
February

Get Published!

Entry deadline is the
12th of each month
 Send your topic articles, op-eds,
 opinions or cartoons to:

POST@AAGainesville.com

NCFI



North Central Florida Intergroup

Our office is located in

Land Title Plaza

2632 NW 43rd Street

Building 1000, around back to 1182

Gainesville, FL 32606-7551

Telephone: 352-372-8091

Our office hours are:

Monday - Wednesday: 2:00 - 5:00 pm

Thursday - Friday: 12:00 - 6:00 pm

Saturday: 11:00 am - 3:00 pm

Sunday: Closed



POST Submissions

Send articles and anniversaries to Post@AAGainesville.org or mail them to the NCFI office no later than the 12th of each month.

Activities Submissions

Send information for all activities in the AA community to Activities@AAGainesville.org. If you want them to be announced in the POST they must be submitted by no later than the 12th of the month.

Intergroup

Questions about AA in North Central Florida or to order large quantities of literature please contact office.manager@AAGainesville.org with requests.

Our next Intergroup meeting

will be held on the last

Sunday of the month:

Dec 27th @ 1:00

Check out our new website @
www.AAGainesville.org



Intergroup Chairperson's Corner

Hi everyone! Hope you had a great Thanksgiving and you are safe, healthy, and sober :)

I wanted to remind you all of two things:

1) We have elections coming up at our Sunday, December 27th monthly Intergroup meeting! 1:00 pm. Positions will be open for all officers - Chair, Treasurer, Secretary, and their Alternates. So 6 positions that we need to fill! If you are interested, please come to our December meeting on Zoom. The link is on our website, aagainesville.org

We will all be around to help you get started, and to help you continue our service to the District 14 AA community. Hope you will consider these valuable positions!

2) We have our Baskets of Gratitude Zoom Auction on Sunday, December 13th @ 4:00 pm! There is more information in this issue of the POST and plenty of info on the website too. The auction will be similar to the previous cake auctions we've had. But we will auction off gift baskets that individuals or groups have donated. A great opportunity for a Christmas gift! There will be a picture of the basket and a detailed description of the contents of the basket. We will set the starting bid, and then have some fun bidding! There will also be a 50/50 raffle at the end of the event. You do not have to be present on Zoom to win, and tickets are available at the Intergroup Office and some AA groups. \$1 each or 6 for \$5.

Hope you can join us to help out in our effort to continue to carry the message!

Thanks for allowing me to serve you! Please contact me with any questions

Greg N

Intergroup Chair

gregnorm5@aol.com

(352) 283 2648

Intergroup Treasurer's Report: October 2020

Sales	Current	Y.T.D.	Purchases	Current	Y.T.D.
A.A. Literature	346.60	5,783.80	A.A. Literature	64.39	3,656.25
Chips	28.35	654.75	Chips	0.00	314.96
Medallions	62.00	798.00	Medallions	198.40	390.19
Other Merchandise	58.50	253.85	Other Merchandise	0.00	0.00
Where and Whens	10.40	242.80	Where and Whens	0.00	380.00
Total Sales	505.85	7,733.20	Total Purchases	262.79	4,741.40

Sales Tax Collected **35.42** **530.52**

Activities Revenues			Activities Expenses		
Basket of Gratitude Auction Cont.	60.00	60.00	Basket of Gratitude Auction	7.00	7.00
50/50 Raffle	127.00	127.00	Hawthorne Picnic Donation	0.00	0.00
Total Activities Revenues	187.00	187.00	Total Activities Expenses	7.00	7.00

Contributions			Committee Expenses		
Faithful Fivers and Tanners	100.00	1,025.00	Phone Committee	0.00	0.00
Group Contributions	1,660.54	9,242.79	Steering Committee	0.00	0.00
SBA Grant	0.00	1,000.00	The Post	0.00	0.00
Total Contributions	1,760.54	11,267.79	Website Committee	0.00	0.00
			Total Committee Expenses	0.00	0.00

Overhead Expenses			Fund Balance		
Corp Filing Fees	0.00	122.50	Checking		
Insurance	0.00	551.12	Checking @ 1st of Mo.	496.17	
Intergroup's Monthly Meeting	0.00	85.22	Current Deposits	2,488.81	
Internet	65.68	656.80	Current Expenditures	2,099.78	
Office Expenses	-0.33	213.44	Transfer to Office Reserve	150.00	
Office Rent	190.00	1,900.00	Ending Balance, Checking		735.20
Office Manager Salary	1,102.56	9,052.32			
Paypal & Square Fees	13.37	121.22			
Payroll Taxes	187.62	640.86			
Postage	28.60	119.15			
Printing: Other	0.00	0.00			
Printing: Phone Volunteer Packets	0.00	0.00			
Printing: POST	24.00	566.25			
State Sales Tax	47.14	565.88			
Telephone	171.35	1,610.90			
Website Fees	0.00	-10.23			
Total Overhead Expenses	1,829.99	16,195.43			

Reserves

Gratitude Dinner Reserve **3,000.00**

Office Reserve in CD's **11,058.18**

Office Reserve Available **150.49**

*Contributions are credited for the month they are deposited,
hence some contributions may not be credited until next month.*

Annual POST Subscription

\$11 = 12 POSTs delivered to your door monthly!

Please make checks payable to: NCFI along with this information:

Name: _____

Address: _____

City/Zip: _____



District 14 Service Committee Meetings

District 14 Business Meeting

2nd Wednesday, 6:00 pm
Westminster Presbyterian Church

Accessibilities

1st Saturday, 5:00 pm
Triangle Club

Archives

1st Tuesday, 6:30 pm
Triangle Club

Corrections

3rd Tuesday, 6:00 pm
Triangle Club

CPC/PI

1st Thursday, 6:30 pm
Triangle Club

Grapevine

3rd Monday @ 6:30
Triangle Club

Literature

1st Saturday, 5:00 pm
Triangle Club

Phones (NCFI Committee)

2nd Tuesday, 5:00 pm
Intergroup Office

Treatment

1st Monday, 6:30 pm
Triangle Club

NORTH CENTRAL FLORIDA
INTERGROUP'S

Basket of Gratitude Zoom Auction

SUNDAY

DECEMBER 13TH @ 4PM

***Donations of raffle baskets
are needed from groups and
individuals! Please contact
Pati if you would like to
learn more about how you
can support this vital project
352-281-5751***

become a Faithful Fiver

Faithful Fivers are AA members who graciously choose to contribute five dollars each month to support the Intergroup Office in its efforts to carry the AA message of hope & recovery to those alcoholics who still suffer, in the North Central Florida Intergroup Area. As a Faithful Fiver, your personal contribution will help to carry the message of Alcoholics Anonymous.

“The Faithful Fiver idea came about when we remembered that we wasted much more than \$5 each month during our drinking careers.”

Payment Options: Checks, payable to NCFI, Cash, or Credit Card (min charge \$25, fees waived).

Email any questions to: Gainesville.Intergroup@gmail.com or call Fred S. @ 386-628-2541.



RECOVERY
DOESN'T MEAN MY
PROBLEMS GO AWAY..
..IT JUST MEANS
I HAVE THE TOOLS TO
DEAL WITH THEM.

PayPaltm

venmo

**Intergroup now accepts PayPal & Venmo for
Group, Individual, and Faithful 10er's and Fiver's**

Send donations to: gainesville.intergroup@gmail.com

**Under Notes: please include Group's name, Anonymous Individual or Faithful 10'er or 5'er
Intergroup wishes to thank all who continue to contribute to help us help the still sick and suffering alcoholic**