Power Sober Chinking Volume 26, Issue 3

A Publication of North Central Florida Intergroup

March 2021

e are the Luc

When asked to write something for the POST with the topic "We are the Lucky Ones", immediately some passages from our literature came to mind. These passages remind us that WE are "The Lucky Ones". We who have know desperation, despair, hopelessness, powerlessness, loss, sickness, remorse, self-pity, and more are "The Lucky Ones". It may sometimes seem that drinkers out in the world have some advantage over "US", or that even heavy drinkers out partying in the places we used to, and now abhor, are somehow enjoying a life WE have left behind in the wake of our new freedom and new happiness.

So first, going to our reliable dictionary, we discover synonyms for "lucky" and find merely a small part of the places in our Big Book and 12/12 that refer to these concepts.

Saved

-12/12, Tradition 1, p.131. "Like us, they had suddenly found themselves saved from death, but still floating upon a perilous sea."

-12/12, Tradition 6, p.159. "Alcoholics Anonymous saved my life and it comes first."

-BB, To Employers, p.150. "They have a new attitude, and they have been saved from a living death."

LOOKING FOR IN-PERSON MEETINGS? Use the Meetings COMMITTEES The danger of infection tab at the top of ONLINE MEETINGS has not passed. every webpage. The guidelines for limiting the Both the "List all number of people attending, meetings" and the for safe social distancing, and "Get a custom List" for wearing of masks are still in place. options will produce a listing of all current in-person www.AAGainesville.org REPORT MEETING CHANGE meetings.

Fortunate

-12/12, Step 3, p.37. "Therefore, we who are alcoholics can consider ourselves fortunate indeed."

-BB, There is a Solution, p.19. "A few are fortunate enough to be so situated that they can give nearly all their time to the work."

Blessed, Blessings

-12/12, Step 10, p. 95. "An honest regret for harms done, a genuine gratitude for blessings received, and a willingness to try for better things tomorrow will be the permanent assets we shall seek"

-BB, Working With Others, p.100. "Ask them to remember, when they are impatient, the blessed fact of his sobriety."

This alcoholic is convinced beyond doubt that it was not just "luck" that brought me to the rooms of AA. Divine Providence has allowed me to trudge the road of happy destiny in this design for living that really works. Saved, Fortunate, and Blessed.

Cindy B.



COMMUNITY NEWS

- The A.A. Hotline and Intergroup received 39 calls in January
- The POST is online and also available at the Intergroup office.
- With more meetings re-opening are there changes needed for the website for the new Where & When coming out in the Summer of 2021? Send these changes to webmaster@aagainesville.org
- Let's welcome Dorie as Intergroup's new Secretary and Pam as our new Alternate Treasurer
- Has your group re-opened? Are you being represented by an Intergroup Rep? Keep your group informed, be a part of. Send updates to <u>doriekf@yahoo.com</u>

Groups represented at Intergroup's January Meeting

Melrose 12 & 12 Tuesday Night Step Study Wholesale Miracles Student Group Pamphlet Palooza New Life Women's Serenity Seekers Every Thing or Nothing

Is your group listed ?

The Steps are HOW IT WORKS. The Traditions are WHY IT WORKS.

"The only requirement for AA membership is a desire to stop drinking. "

Questions on Tradition 3 to consider from the AA Grapevine:

- 1. In my mind, do I prejudge some new AA members as those who likely will not make it?
- 2. Is there some kind of alcoholic whom I privately or publicly do not want in my AA group?
- 3. Do I set myself up as a judge of whether a newcomer is sincere or not?
- 4. Do I let language, religion (or lack of it), race, education, age, sexual identity or other such things interfere with my carrying the message?

5. Am I over impressed by a celebrity, a doctor, a clergyman, and ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?

6. When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what they do for a living? Where they live? What their domestic arrangements are? Whether they have been to AA before? What their other problems are?

Heard in a meeting:

"Humility is not thinking less of yourself, but thinking of yourself less."



Free To Be

AH—3 yrs SA- 40 yrs SG- 8yrs

<u>YPG</u>

LG - 8 yrs

Saturday Morning 10th and 11th Step JS-5 yrs ML-14 yrs KL- 8 yrs JS- 35 yrs (Jan) NG- 26 yrs (Jan) JPM- 5 yrs (Jan) Pamphlet Palooza DE—28 yrs

Gratitude Group EJ—1 yr AIH- 31 yrs

March Birthdays? Send them by Mar 12th to <u>POST@AAGainesville.org</u>



7th Tradition Addresses

North Central Florida Intergroup 2632 NW 43rd Street, Suite 1182 Gainesville FL 32606-7551 (Checks payable to: NCFI)

District 14 PO Box 357254 Gainesville, FL 32635-7254 (Checks payable to District 14)



North Florida Area Assembly PO Box 10094 Jacksonville, FL 32247 (Checks payable to NFAC)

<u>General Service Office</u> PO Box 459, Grand Central Station NY, NY 10163 (Checks payable to GSO)

Self-support: Where money and spirituality mix!

Step 3 "Made a decision to turn our will and our lives over to the care of God as we understood Him."

The third step was where it all turned around for me. For my first and second steps, I had fought like hell and then finally admitted I was an alcoholic. But that was as far as I was willing to go. Sure, I may be an alcoholic, but I certainly wasn't going to believe in some magical higher power. I may have been "one of you," but I certainly didn't believe in an allknowing God who gave a crap that I felt sad sometimes. I was feeling incredibly down and anxious. I was in between admitting I was an alcoholic and that glorious time in which I finally "got it"- that yes, there is an all-knowing magical higher power and she was totally badass. I felt broken and disappointed in who I was. For my third step, my sponsor asked me to describe what I thought my God was like. I hate to disappoint and get in trouble so I always did my homework, even if I didn't believe in it. But as I described Gaia, as I call her, she became real. I wasn't just describing some esoteric being, but a loving and kind partner who had always been beside me. I just needed to look. I cried my eyes out as I wrote down not just some made up God but instead lovingly detailed the best friend who had guided me then and would guide me every day until I die. Instantly I felt less alone. I felt loved and cared for. From that day on, I but need reach out with my soul and reconnect with Gaia. I talk to her as I would a loving friend and she guides me with compassion, calmness and hilarity. -Kim C.

3rd Step Prayer

God, I offer myself to Thee - to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always!



NCFI



Our office is located in Land Title Plaza 2632 NW 43rd Street Building 1000, around back to 1182 Gainesville, FL 32606-7551 Telephone: 352-372-8091 Our office hours are: Monday - Wednesday: 2:00 - 5:00 pm Thursday - Friday: 12:00 - 6:00 pm Saturday: 11:00 am - 3:00 pm Sunday: Closed



www.AAGainesville.org

North Central Florida Intergroup



POST Submissions

Send articles and anniversaries to <u>*Post@AAGainesville.org*</u> or mail them to the NCFI office no later than the 12th of each month.

Activities Submissions

Send information for all activities in the AA community to <u>Activities@AAGainesville.org</u>. If you want them to be announced in the POST they must be submitted by no later than the 12th of the month.

Intergroup

Questions about AA in North Central Florida or to order large quantities of literature please contact <u>office.manager@AAGainesville.org</u> with requests.



Intergroup Chairperson's Corner Hello Everyone. I hope this finds you and yours well and safe. I can't tell you how grateful I

am to our AA community for really stepping up when it comes to service. I would like to personally thank all those willing to fill almost every service position at District as well as

Intergroup. Thank you Pam M. for coming forward to be the new Intergroup Alt. Treasurer. I would like to point out that Intergroup is still looking for an Alt. Chairperson. It's an excellent way to get into service. Feel free to contact me or come to our next Intergroup meeting. Thank you for allowing me to be of service.

Bill Carter

352.363.9337

wm_carter@msn.com

Thanks to the following 6 Groups and Individuals who sent in a donation to Intergroup in Jan. 2021

Alachua Tuesday \$200.00 Hampton Hole in the Wall \$67.25 Individuals \$25.30 10th & 11th Step \$300.00 New Freedom \$360.00 Live and Let Live \$300.00 Tell It Like It Is \$40.00 Total \$1,292.55



In November 1957, Bill wrote a Grapevine article entitled "Respecting Money," in which he juxtaposed outside contributions and self-support: "Our spiritual way of life is safe for future generations if, as a society, we resist the temptation to receive money from the outside world. But this leaves us with a responsibility one that every member ought to understand. We cannot skimp when the treasurer of our group passes the hat. Our groups, our areas, and A.A. as a whole will not function unless our services are sufficient and our bills paid."

Intergroup Treasurer's Report: January 2021

Sales	Current	Y.T.D.
A.A. Literature	600.30	600.30
Chips	170.10	170.10
Medallions	166.00	166.00
Other Merchandise	34.50	34.50
Where and Whens	4.40	4.40
Total Sales	975.30	975.30
Sales Tax Collected	68.30	68.30
Activities Revenues		
Gratitude Dinner Cake Auction	0.00	0.00
Gratitude Dinner Contributions	0.00	0.00
Gratitude Dinner 50/50 Raffle	0.00	0.00
Gratitude Dinner Tickets	0.00	0.00
Total Activities Revenues	0.00	0.00
Contributions		
Faithful Fivers and Tenners	289.00	289.00
Group Contributions	1,292.55	1,292.55
Total Contributions	1,581.55	1,581.55
Overhead Expenses		
Annual Corp Filing Fee	61.25	61.25
Insurance	0.00	0.00
Intergroup's Monthly Meeting	0.00	0.00
Internet	65.68	65.68
Office Expenses	41.39	41.39
Office Rent	190.00	190.00
Office Manager Salary	675.00 16.87	675.00 16.87
Paypal & Square Fees Payroll Taxes	0.00	0.00
Postage	9.85	9.85
Printing: Other	0.00	0.00
Printing: Phone Volunteer Packets	0.00	0.00
Printing: POST	35.70	35.70
State Sales Tax	35.50	35.50
Telephone	171.49	171.49
Total Overhead Expenses	1,302.73	1,302.73
Reserves		
Ending Balance, Grat. Din. Res.		3,500.00
Office Reserve Available		2,180.90
Office Reserve in CD's		11,082.08

Purchases	Current	Y.T.D.
A.A. Literature	227.71	227.71
Chips	0.00	0.00
Medallions	10.80	10.80
Other Merchandise	0.00	0.00
Where and Whens	0.00	0.00
Total Purchases	238.51	238.51
Activities Expenses		
Alkathon	0.00	0.00
Gratitude Dinner	97.87	97.87
Hawthorne Picnic Donation	0.00	0.00
Phone Workshop	0.00	0.00
Total Activities Expenses	97.87	97.87
Committee Expenses		
Phone Committee	0.00	0.00
Steering Committee	0.00	0.00
The Post	0.00	0.00
Website Committee	0.00	0.00
Total Committee Expenses	0.00	0.00
Fund Balance		
Checking Checking @ 1st of Mo.	3.241.21	
Current Deposits	2.625.15	
Current Expenditures	1.639.11	
Ending Balance, Checking	1,039.11	4,227,25
Ending balance, checking		4,221.23

Annual POST Subscription

\$11 = 12 POSTs delivered to your door monthly!

Please make checks payable to: NCFI along with this information:

Name: ____

Address: _

City/Zip:



Contributions are credited for the month they are deposited,

hence some contributions may not be credited until next month.

District 14 Service Committee Meetings

District 14 Business Meeting 2nd Wednesday, 6:00 pm Westminster Presbyterian Church

> Accessibilities 1st Saturday, 5:00 pm Triangle Club

> <u>Archives</u> 1st Tuesday, 6:30 pm Triangle Club

Corrections 3rd Tuesday, 6:00 pm Triangle Club

<u>CPC/PI</u> 1st Thursday, 6:30 pm Triangle Club <u>Grapevine</u> 3rd Monday @ 6:30 Triangle Club <u>Literature</u> 1st Saturday, 5:00 pm

Triangle Club Phones (NCFI Committee)

2nd Tuesday, 5:00 pm Intergroup Office

<u>Treatment</u> 1st Monday, 6:30 pm Triangle Club

Faithful Fiver

Faithful Fivers are AA members who graciously choose to contribute five dollars each month to support the Intergroup Office in its efforts to carry the AA message of hope & recovery to those alcoholics who still suffer, in the North Central Florida Intergroup Area. As a Faithful Fiver, your personal contribution will help to carry the message of Alcoholics Anonymous.

> "The Faithful Fiver idea came about when we remembered that we wasted much more than \$5 each month during our drinking careers."

Payment Options: Checks, payable to NCFI, Cash, or Credit Card (min charge \$25, fees waived).

Email any questions to: Gainesville.Intergroup@gmail.com or call Fred S. @ 386-628-2541.

Visual representation of when I try to be my own higher power:





NORTH CENTRAL FLORIDA INTERGROUP MONTHLY MEETING

MINUTES

JANUARY 31, 2021

Opening – BC, Chair, opened the meeting with a moment of silence and the Serenity Prayer at 1:05 PM

In Attendance (19) – BC (Chair); GN (Alt Chair, temp); DK (Secretary & IG Rep Melrose 12&12); PB (Treasurer, temp & IG Rep Tue Night Step Study); MR (Alt Treasurer & GSR Way Out Group); SS (present by phone) (Phone Committee); TS (POST); FS (Office Manager); NL (Alt Webmaster & GSR); and AO (IG Board & IG Rep Wholesale Miracle Group). **IG Reps:** AW (Student Group); GU (Pamphlet Palooza Group); JH (New Life Group); PC (Women's Serenity Seekers); WL (Everything or Nothing Group) **Guests:** BB (IG BOD, D14 Corrections Chair, GSR Wayout Group); PM (Everything or Nothing); TD; (Fourth Dimension Group) and DD (Kanapaha Open Discussion).

- Secretary Report DK: The minutes of the 12/27/2020 meeting were published in the Jan POST and emailed to current distribution list today. Motion passed unanimously.
- Treasurer (temp) Report PG: The Dec Report was published in the Jan POST. Intergroup expenses were greater than usual, in the amount of \$1,700, because the office restocked literature and medallions, chips, etc. for the New Year. Total revenue was also greater than usual, largely in part due to the success of Baskets of Gratitude, the 2020 fundraiser (total proceeds were \$6,941)! 2020 was a banner year for group contributions, totaling \$11,115! Paul noted that YTD expenses for Office Manager's salary, \$10,830, include payroll taxes and other administrative costs. Motion passed unanimously.
- Phone Committee SS, telephoned her report to BC. He reported that there are currently 2 openings: Thursdays from 9 PM to Fridays at 7 AM; and Sundays from 10 PM to Mondays at 7 AM.
- **POST TS:** The February edition can be found at <u>www.aagainesville.org</u>. An extra two pages were necessary to cover all the exciting news, especially Baskets of Gratitude. Articles are wanted and suggestions are always welcomed.

Lit & Merch/W&W – FS: Another printing of Where & When is being held until more groups have a chance to switch from virtual to live meetings. He urged all groups to check the W&W and <u>www.aagainesville.org</u> for accuracy. Revisions should be sent to <u>office.manager@aagainesville.org</u> and <u>webmaster@aagainesville.org</u> as soon as possible.

Website – NL (Alt Webmaster) reported that WM (Webmaster) informed her the website is up to date; nothing new to report.

Activities - GN for JH (Chair): No report as there are currently no planned activities.

- DCM Report GN: Elections for 2021 2023 terms were held at the January 13th District 14 Zoom meeting. GN urged all to spread the word that the DCM, Secretary, Alt Secretary, Alt Treasurer; and Committee Chairs for Grapevine, Website and Archives positons remain open. Anyone interested in standing for a position should attend the upcoming February 10th Zoom meeting (link will be posted on <u>www.aagainesville.org</u>), have at least one year of sobriety (two are preferred for officer positions) and come prepared to share their service resume. Position descriptions can be found on the website in our Structures and Guidelines. Pamphlets can also be found on GSO's website, <u>https://aa.org/</u> for each office.
- Old Business FS: Fred thanked the committee for its hard work on the Baskets of Gratitude fundraiser, as well as all the individuals and groups in our AA community for their contributions and support.

New Business - Elections: PM was elected Alt Treasurer. Motion passed unanimously.

Our directory of Intergroup Representatives is obsolete and DK will be sending out a new contact info form.

BC closed the meeting at 1:40 with the Responsibility Declaration.