



More Promises in All These Things



We paid the price to get here. We have toiled through our step work, we have heeded good orderly direction, and we have pursued a vision: *a new design for living*. But the outside world of “normies” has not changed fundamentally. Our families, friends and coworkers seem at times intent on testing us or perhaps even pushing our buttons. Life moves forward at what sometimes appears to be the speed of light. Many of us have made strides and appreciate the state of our internal condition, our inventory, as we go through each day – or, at least we recognize the “H.A.L.T.”: hungry, angry, lonely or tired. And we know our sobriety is contingent on the daily maintenance of our spiritual condition.

There are mornings at work when I know I have not rested well the night prior. In fact, any one of us AA’s may find ourselves at some point with several of the four H.A.L.T. warning flags alerting us to danger. At times like these, can we really practice these principles in all our affairs?

Just like my earliest days in recovery, this program works best when I keep it simple. And so it goes with our aim to be the “best version of the Big Book” someone else might see.

We lighten up a bit. The very real challenges of everyday life will be with us 12 years into recovery just as they were in our first 12 months. But now there is less mess to clean up at any given point in time. On average, many find our tenth-step daily inventory becomes lighter work at the end of the day because we have had so many opportunities improve ourselves.

Alcoholics Anonymous has made us innumerable promises, including what we can each look forward to as we succeed in our journey through the 12 Steps.

We learn to face life on “life’s terms.” We bring love and tolerance into our problematic family lives. We get better at bringing into our daily work the same spirit of service and selflessness that we bring into our AA homegroups. And sometimes we do these imperfectly. But for many of us, the notion that we do these things at all is a miracle.

Indeed, AA equips us to become happily and usefully whole persons. But we have got to be willing to do the hard work. The irony is that with time, practicing these principals in all our affairs becomes habit – and with time, we have developed effortless habits. We have adopted this new way of life, all while acknowledging our innermost selves, the irrationality we frequently find in the world around us and how others conduct themselves on their own side of the street.

Yet, we continue as mere mortals. How fortunate I am to have close friends in the fellowship who can provide perspective on how I am *actually* doing, lest I get caught up in this “disease of perception.” We learn so much, accomplish so much and become so adept at bringing this way of life into all the areas of our lives. Nevertheless, every day I wake up with untreated alcoholism. That is to say, I only have this moment. Having more time in sobriety is nice, but having good habits with healthy thinking which results in healthy outcomes is a worthy goal.

When I “stick with the winners” and practice these steps with guidance from my sponsor and those closest to me, I find my new nature blossom, my roots in AA grow deeper and my purpose strengthened.

-David W.



COMMUNITY NEWS



- ◆ Intergroup will be closed Monday July 5th
- ◆ The A.A. Hotline and Intergroup received 56 calls in May
- ◆ The new hardcopy Where & When is now available.
- ◆ Intergroup is looking for volunteers, stop by Thursdays or call Fred @ 386-628-2541
- ◆ Florida's State Convention is being held in Jacksonville August 5th-8th. For more information go to www.64floridastateconvention.com

Groups represented at Intergroup's May's Meeting

Tuesday Night Step Study, Gratitude Group, New Life, BYOB Group, Melrose 12 & 12, Wholesale Miracles, Eye Opener Grp. Every Thing or Nothing Grp. Serenity Seekers, Young Peoples Grp. Pamphlets Palooza Grp. Beginner's Grp. 10th & 11th Step Grp.

Thank you for your service to Intergroup

Tradition 7

The Steps are HOW IT WORKS.
The Traditions are WHY IT WORKS.
"Every A.A. group ought to be fully self- supporting, declining outside contributions."

"The A.A. Groups themselves ought to be fully supported by the voluntary contribution of their own members. We think that each group should soon achieve its ideal: that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority."

When reflecting on these things, why should not each of us tell himself, "Yes, we A.A.s were once a burden on everybody. We were 'takers.' Now that we are sober, and by the Grace of God have become responsible citizens of the world, why shouldn't we now about face and become 'thankful givers'! Yes, it is high time we did!".

Bill W. The AA Grapevine, June, 1948

Heard in a meeting:

"Giving up because of a setback is like getting a flat tire and slashing the other three."

June Anniversaries

Wholesale Miracle

SA- 6 yrs

Downtown Group

MR - 2 yrs

Tuesday Night Step Study

JH - 37 yrs

BH - 6 yrs

4th Dimension

CG- 51 yrs

JS. - 3 yrs

MS - 11 yrs

Free to Be

MM - 14 yrs

Women's Serenity Seekers

ST - 2 yrs

MS - 7 yrs

LiV - 11 yrs

BS - 33 yrs

Gratitude Group

EM - 48 yrs

WB - 3 yrs

SM - 4 yrs

SW. - 20 yrs

JJ - 28 yrs

RD - 32 yrs

BR - 6 yrs

Eye Opener

JH - 24 yrs

SW - 20 yrs

Afternoon Reflections

BiW - 3 yrs (April)

BF - 2 yrs (April)

Everything or Nothing

LB - 1 yr

KM - 2 yrs

Hawthorne Meeting

JL - 10 yrs

CA - 35 yrs

Language of the Heart

BS - 3 yrs

DE - 6 yrs

JE - 6 yrs

***July Birthdays?
Send them by July 12th to
POST@AAGainesville.org***

7th Tradition Addresses

North Central Florida Intergroup

2632 NW 43rd Street, Suite 1182

Gainesville FL 32606-7551

(Checks payable to: NCFI)

District 14

PO Box 357254

Gainesville, FL 32635-7254

(Checks payable to District 14)



North Florida Area Assembly

PO Box 226

DeLeon Springs, FL 32130

(Checks payable to NFAC)

General Service Office

PO Box 459, Grand Central Station

NY, NY 10163

(Checks payable to GSO)

Self-support: Where money and spirituality mix!

Step 7 *“Humbly asked Him to remove our shortcomings.”*

Early in recovery, steps 6 and 7 seemed to be the least intimidating. They felt almost passive. Once I began to work them, I realized that these steps would expose much more of me to myself than I could have imagined, and that step 7 would act as a catalyst to push me into reliance on my higher power.

I did not know that I relied on my defects for comfort and that I used them as armor until I had to commit to parting with them. I had to face the fact that as an adult I was not a victim of circumstance, and as I did, I slowly realized that acting on my defects fostered an environment of chaos that I hid from peace in. I knew that if I were going to survive then I would have to be willing to give them up and reach out to my higher power to have them removed.

The action of asking God to remove my defects of character is a very practical way that I learned to turn my life over to the care of God as I understand him. Becoming ready to have the defects removed forced me to admit that I have the propensity to act in a damaging way to myself and the people around me but reaching out to my higher power and turning those defects over has taught me how to truly depend on that higher power. Cultivating conscious contact with God as someone who had trouble believing in a higher power seemed impossible but walking through the steps into step 7 prepared me to start this contact in a very open, genuine, and humbling way.

Revamping Hawthorne Group

GSO No. 000109819

Hawthorne area AA's are reaching out for two fellow AA's from District 14 at large to assist with a rescue mission. After 32 years of helping alcoholics stay sober in an area where meetings are scarce, the Hawthorne Group needs restoring. If we can't find two people to commit to establishing and chairing a new meeting, the group will expire.

Is it you we are looking for? If your Program needs a boost and you don't mind the drive (20 miles from the Triangle Club) once a week, this opportunity has the potential to reach a diverse group of sick and suffering alcoholics who may not even know AA exists. I'm reminded of the early days of AA when members of established groups drove great distances to help kick off new groups. This chance could be like that...

For more information, please contact Dorie K. at doriekf@yahoo.com.

Future Topics

“Faith Over Fear”

August

“A New Joy of Living”

September

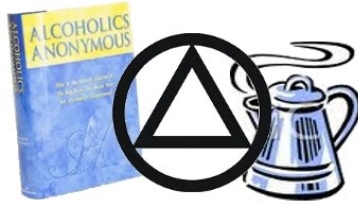
Get Published!

Entry deadline is the
12th of each month

Send your topic articles, op-eds,
opinions or cartoons to:

POST@AAGainesville.com

NCFI



North Central Florida Intergroup

Our office is located in

Land Title Plaza

2632 NW 43rd Street

Building 1000, around back to 1182

Gainesville, FL 32606-7551

Telephone: 352-372-8091

Our office hours are:

Monday - Wednesday: 2:00 - 5:00 pm

Thursday - Friday: 12:00 - 6:00 pm

Saturday: 11:00 am - 3:00 pm

Sunday: Closed



POST Submissions

Send articles and anniversaries to Post@AAGainesville.org or mail them to the NCFI office no later than the 12th of each month.

Activities Submissions

Send information for all activities in the AA community to Activities@AAGainesville.org. If you want them to be announced in the POST they must be submitted by no later than the 12th of the month.

Intergroup

Questions about AA in North Central Florida or to order large quantities of literature please contact office.manager@AAGainesville.org with requests.

Our next Intergroup meeting

will be held on the last

Sunday of the month:

July 25th @ 1:00

Check out our new website @

www.AAGainesville.org



Intergroup Chairperson's Corner

Hello everyone. I hope this finds you and yours safe and well. It is with great pleasure that I would like to announce that your Intergroup meeting will be live and in person the last Sunday of the month at the Triangle Club at 1:00

PM. I am looking forward to seeing everyone after such a long absence. Please come and join us. I appreciate the opportunity to be of service.

Bill Carter

Intergroup Chair 352.363.9337

wm_carter@msn.com

Thanks to the following 5 Groups and Individuals who sent in a donation to Intergroup in May 2021

Individuals \$25.00 New Freedom Group \$450.00
Starke Happy Hour Group \$278.00 BYOB \$15.00
Bronson Believers \$25.00 Stuck on Sobriety \$\$25.00
Total \$818.00

In November 1957, Bill wrote a Grapevine article entitled "Respecting Money," in which he juxtaposed outside contributions and self-support: "Our spiritual way of life is safe for future generations if, as a society, we resist the temptation to receive money from the outside world. But this leaves us with a responsibility—one that every member ought to understand. We cannot skimp when the treasurer of our group passes the hat. Our groups, our areas, and A.A. as a whole will not function unless our services are sufficient and our bills paid."

A DOLLAR IS NOT WHAT IT USED TO BE

**1935
\$1.00**

**Remember inflation when deciding upon your
7th. Tradition Self Support Contributions for;**

**2021
\$3.50**



**Group Meetings
Online Recurring Contributions
Birthday Envelope
November's Gratitude Month
Your local Intergroup**



Intergroup Treasurer's Report: May 2021

<i>Sales</i>	<i>Current</i>	<i>Y.T.D.</i>	<i>Purchases</i>	<i>Current</i>	<i>Y.T.D.</i>
A.A. Literature	998.65	2,913.15	A.A. Literature	139.90	1,635.11
Chips	100.35	413.55	Chips	0.00	0.00
Medallions	232.00	722.00	Medallions	159.15	246.49
Other Merchandise	15.60	81.00	Other Merchandise	0.00	0.00
Where and Whens	2.00	8.80	Where and Whens	115.00	115.00
Total Sales	1,348.60	4,138.50	Total Purchases	414.05	1,996.60
Sales Tax Collected	94.45	289.82			
Activities Revenues			Activities Expenses		
Gratitude Dinner Cake Auction	0.00	0.00	Alkathon	0.00	0.00
Gratitude Dinner Contributions	0.00	0.00	Emotional Sobriety Workshop	0.00	0.00
Gratitude Dinner 50/50 Raffle	0.00	0.00	Gratitude Dinner	0.00	97.87
Gratitude Dinner Tickets	0.00	0.00	Hawthorne Picnic Donation	0.00	0.00
Total Activities Revenues	0.00	0.00	Total Activities Expenses	0.00	97.87
Contributions			Committee Expenses		
Faithful Fivers and Tanners	54.00	640.00	Phone Committee	0.00	0.00
Group Contributions	818.00	4,709.95	Steering Committee	0.00	0.00
Total Contributions	872.00	5,349.95	The Post	0.00	0.00
 			Website Committee	0.00	0.00
 			Total Committee Expenses	0.00	0.00
Overhead Expenses			Fund Balance		
Annual Corp Filing Fee	0.00	61.25	Checking		
Insurance	0.00	0.00	Checking @ 1st of Mo.	3,034.31	
Intergroup's Monthly Meeting	10.00	39.98	Current Deposits	2,315.05	
Internet	71.17	344.87	Current Expenditures	1,770.06	
Office Expenses	51.66	188.90	Ending Balance, Checking		3,579.30
Office Rent	190.00	950.00	 		
Office Manager Salary	675.00	3,802.56	 		
Paypal & Square Fees	17.38	76.40	 		
Payroll Taxes	0.00	187.62	 		
Postage	9.95	52.15	 		
Printing: Other	0.00	5.00	 		
Printing: Phone Volunteer Packets	0.00	0.00	 		
Printing: POST	83.75	211.45	 		
State Sales Tax	56.22	225.92	 		
Telephone	190.88	881.24	 		
Total Overhead Expenses	1,356.01	7,027.34	 		
Reserves			 		
Gratitude Dinner Reserve		3,500.00	 		
Office Reserve Available		2,500.00	 		
Office Reserve in CD's		11,097.27	 		

2 ND Quarter Results YTD			
Expenses	\$ 7,152.21	Sales	\$ 4,138.50
Purchases	\$ 1,996.60	Contributions	\$ 5,349.95
Totals	\$ 9,148.81		\$ 9,488.45
			\$ 9,488.45
			\$(9,148.81)
		Profit YTD	\$ 339.64

In November 1957, Bill wrote a Grapevine article entitled "Respecting Money," in which he juxtaposed outside contributions and self-support: "Our spiritual way of life is safe for future generations if, as a society, we resist the temptation to receive money from the outside world. But this leaves us with a responsibility—one that every member ought to understand. We cannot skimp when the treasurer of our group passes the hat. Our groups, our areas, and A.A. as a whole will not function unless our services are sufficient and our bills paid."

NORTH CENTRAL FLORIDA INTERGROUP MONTHLY MEETING (VIA ZOOM)

MAY 30, 2021 MINUTES (ABRIDGED)

Open – BC, Chair, opened the meeting with a moment of silence and the Serenity Prayer at 1:00 PM.

In Attendance (21) – Officers, Committee reps & Intergroup (I/G) board of directors (BOD) members: BC (Chair); MC (Alt Chair); PM (Treas.); DK (Secy); TS (P.O.S.T.); FS (I/G Office Mgr); NL (Alt Webmaster); AO (BOD Member); BB (BOD Member & D14 Corrections Chair); and KP (D14 Alt DCM).

For a record of the **14 AA groups represented** please refer to “Community News” in the July edition of The P.O.S.T. The following **guests** attended: B K. and GN.

Alt I/G Chair - MC: No remarks.

Secretary Report – DK emailed minutes of the April 25, 2021 meeting (see June POST). They were accepted. Motion by TS. 2nd by GN. Passed unanimously.

Treasurer Report – PM: April Sales totaled \$824. Contributions totaled \$1,188. Purchases were \$626. Overhead expenses were \$1,218. Ending checking account balance was \$3,034. Available reserves include \$3,500 for Gratitude Dinner; and \$2,500 for office expenses. The April 2021 Report (see June POST) was approved as reported. Motion by DK. 2nd by GN. Passed unanimously.

Phone Committee – BC reported for SS: *VOLUNTEERS ARE NEEDED FOR THE 24-HR HOTLINE!* Three positions are currently open: Mon from 7 AM to 10 AM; every other Thurs from 9 PM to Fri at 7 AM; and Sun from 10 PM to Mon 7 AM.

P.O.S.T. – TS: The June issue is up on the website. Fred commended Terina for producing such an outstanding issue.

Intergroup Office - FS: **1) THERE IS A CRITICAL NEED FOR VOLUNTEERS!** **2)** FS reported the first post-COVID, hard copy of **Where and When (W&W) is now available at the Intergroup office.** He explained that this is a limited printing because groups are going back to live meetings faster than they could meet the printing deadline. **3)** Groups are urged to keep IG updated on any meeting changes by submitting the convenient **online Group Change Form** on www.aagainesville.org or visiting the Intergroup office. **4)** Several new book titles are available, including the Big Book Dictionary; and **5)** Reps are to carry the message that **cost increases in NCFI's literature are unavoidable.**

Website – NL (Alt Webmaster) noted the website is up to date, including price lists and a printer friendly *W&W*.

Activities – JH: Not present. Note: Activity flyers are posted on the website.

D14 DCM Report – KP (Alt DCM): **1)** District 14 (D14) meetings will continue to feature talks by **Area 14 Service Coordinators**; a ten minute-limit has been established. The next SC will be from the Public Information committee. **2)** No decision was made at the last meeting regarding **D14 meeting format.** Tobi D., DCM, is looking into establishing a hybrid Zoom-Live meeting; and **3)** The next **Area Assembly** will be live, from July 9 – 11 in St. Augustine. Scholarships for GSR's to help with expenses are available on a first come-first serve basis.

Old Business – 1) Efforts to update bank records to reflect our new treasurer, PM., are underway. At a later date, new board member, AO., will need to be added to the Sun-Biz account.

New Business – FS. reported that one CD in the amount of \$6,275.55 became available in June. A motion was made to deposit ALL funds into an accessible prudent reserve, in the NCFI checking account, and NOT reinvest any amount in CD's due to their low interest rates. Motion by PC. 2nd by GN. Passed unanimously.

DK: The annual joint I/G-Hawthorne Group picnic and the group itself may be discontinued. She asked reps to spread the word that she seeks an AA willing to serve as Chair/GSR and others committed to attend meetings.

BC: The status of 2021Gratitude Dinner vs. another virtual fundraiser was discussed, but tabled so reps can learn their groups' preferences. In additions, a motion was made to launch a yes-no survey on the website, making clear it is not a vote. Motion by AO. 2nd by JH. Passed unanimously.

AO. moved that I/G meetings return to the Triangle Club, effective June 27th. 2nd by Greg N. Motion passed with three dissenting votes. Minority opinion was heard: DK. and KP. DK suggested a hybrid Zoom option be available. **AO.** amended her motion to ensure accessibility to those who have special needs related to COVID. 2nd by Brian F

Close - BC closed the meeting at 1:33 with the Responsibility Declaration.

Respectfully submitted: DK., Secretary

District 14 Business Meeting Agenda June 9, 2021

Moment of Silence, Followed by the Serenity Prayer

In attendance: TD, DCM; KP, Alt DCM; AR, Secretary (late); MR, GSR Tuesday Night Step Study; DF, Past Delegate, Area 54; BF, Literature Chair; BB, Corrections Chair, Intergroup: BC & MC, DK, GSR Melrose 12 & 12, MCarter, GSR Gratitude Group; Deedee, GSR Kanapaha Open Discussion; BE, Accessibilities Chair; SG GSR Survivors Group; GU, Guest

Minutes - Discussion and Acceptance of Minutes from April meeting sent 5/11/2021 DK- Motion, MC Second = - passed

Treasurer's Report - Discussion and Acceptance of Current Report sent 5/11/2021 – MC – Motion, DK, Second Alt DCM's Report

Busy helping prepare for upcoming Area Assembly
Some of the Area Assembly meetings will be hybrid
Next weekend, June 12, the Intergroup in Akron is holding a virtual Founder's Day Foundersday.org to register
Next regional forum will be Southeast Regional Forum 10/8 – 10/10 – will be virtual

DCM Introduced Guest Speaker: TS., CPC Service Coordinator, Area 14

Who is the "professional community" – whom they reach out to – any professional group that may come across a suffering alcoholic
To get started – CPC Workbook
Usually CPC initiates contact, but sometimes group reaches out to CPC
Upcoming Florida Behavioral Health Conference in Orlando August 18 – 20, staffed by AA volunteers – TS looking for volunteers cpc@aanorthflorida.org

Service Committee Reports:

Accessibilities – BE: Date for committee meetings 2nd Monday of the month at 6 pm on Zoom. Should be updated on website. Has an accessibilities checklist to take to groups to see how physical accessible meeting space is.

Archives – MC – not present

Corrections – BB: met with TM, county representative about when they can get back into jails

Active meetings at workcamp & jail

Lancaster CI in Trenton

Can always use more women and men as volunteers

CPC / PI – CQ – Chris not present but DK – 3rd Thursday at 6 pm on Zoom, link on website under committee description – whom do they want to contact & best way to recruit volunteers for committee

Grapevine – JW, not present but sent report: I have not received materials from GSO at this time. I did request them again. I will have an in-person meeting of group representatives @ the Triangle Club, July 19 @6:30 pm. Please go back to your groups and remind your representatives. There is a chance we can continue this committee meeting on zoom, but I would like feedback regarding this from the group representatives.

Literature – BF – last month reached out to Sarah at Treatment who needed books and started a book drive. Asking for new or used literature to be donate. Put her in contact with his Meridian contact. Brian is going to attend other committee meetings to see what literature they need. Also has not received information from GSO

Treatment – SD – Still meeting 1st Wed of month

Website – NL - not present

Intergroup:

BC – Intergroup is motoring along just fine, Gratitude Dinner format still not decided

New treasurer getting situated

Meeting live at Triangle Club

DK shared that the Hawthorne Group is struggling and looking for support

Scott – Survivors Group meeting on Sundays BB, Tuesday, and Friday -speaker

Old business- In-person business meeting will begin in July with Zoom option for those out of the Gainesville area or with health or other issues.

New business-

July meeting – instead of a guest speaker we will discuss how we can carry the message to the suffering alcoholic as they emerge from pandemic

Announcements:

Area Assembly: The Administrative Committee meetings (Finance, Website, Growth, Site and Agenda) along with our Delegate's Post Conference Report and our Business Meeting will be accessible as a hybrid meeting to attend in-person at the Southbank or by Zoom. Please visit the Assembly Agenda & Info page on aanorthflorida.org more information. The Agenda will be posted by June 9th.

A virtual Post Conference Report will be available via Zoom to DCM's, GSR's, and all members of the fellowship on Saturday, June 27, 10 am EST and Sunday, June 28, 2 pm EST. The meeting ID is: 890 6031 8369 Password: unity

Adjourn with Responsibility Pledge- 6:55 PM

District 14

Treasurer Report May 2021 Meeting

Report on Financial Activity Fiscal Year April 2021-March 2022

	Amount	Year to Date
Opening Bank Balance	\$ 13,870.52	
Group and Individual Contributions	\$ -	\$ 1,082.52
Committee Expenses		\$ 515.00
D14 Expenses	\$ (14.99)	\$ 267.19
Insufficient Funds - Group Contribution Check Returned	\$ -	
Total Expenses	\$ (14.99)	\$ 782.19
Closing Bank Balance	\$ 13,840.54	
Money Held in Reserve:		
Founders Day - Reserve for 2020 (\$402.50 *\$50)	\$ 452.50	
Service Fair - Reserve for 2020 (\$300.00-283.03)	\$ 16.97	
Prudent Reserve	\$ 5,000.00	
Operating Cash (bank balance minus reserves)	\$ 8,371.07	

*Note - Please indicate Group Name or Number if Contribution is via PAYPAL

Group Contributions 2021 - 2022

Group	Apr 21	May 21	June 21	July 21	Aug 21	Sept 21	Oct 21	Nov 21	Dec 21	Jan 22	Feb 22	Mar 22	Y-T-D
10th & 11th Step (Saturday morning) 000700336	\$ 80.00												\$ 80.00
Everything or Nothing	\$ 75.00												\$ 75.00
Eye Opener	\$ 62.63												\$ 62.63
Hampton Hole in the Wall	\$ 11.09												\$ 11.09
New Freedom 690149		\$ 225.00											\$ 225.00
Saviors Group	\$ 15.00	\$ 15.00											\$ 30.00
Starke Happy Hour 127517	\$ 27.80												\$ 27.80
Tues Night Step Study 000103327	\$ 75.00												\$ 75.00
Individual/Anonymous/Unidentified Contributions	\$ 31.00	\$ 15.00											\$ 46.00
Totals													\$ 632.52

DCM's Corner

The Area Assembly will be held in Jacksonville the weekend of July 9th, 10th, and 11th, and all GSR's and interested persons are encouraged to attend. https://aanorthflorida.org/assembly_agenda.asp

District 14 is in need of a Treasurer, so if you 3 years of continuous sobriety and are familiar with Excel, please consider this as your service opportunity and join us at the upcoming District 14 business meeting.

I'm excited to report that District 14 will resume meeting in person, starting with the July 14 meeting. If you are a GSR or interested in how you can help the suffering alcoholic, please be sure to join us! We will meet at 6 pm at the Westminster Presbyterian Church located at 1521 NW 34th Street. We will also have the Zoom option available via the link on the aagainville.org website for those who live outside the Gainesville area, or have health or other issues that prevent their in-person participation.

Thank you for the opportunity to serve,

Tobi D

become a Faithful Fiver

Faithful Fivers are AA members who graciously choose to contribute five dollars each month to support the Intergroup Office in its efforts to carry the AA message of hope & recovery to those alcoholics who still suffer, in the North Central Florida Intergroup Area. As a Faithful Fiver, your personal contribution will help to carry the message of Alcoholics Anonymous.

“The Faithful Fiver idea came about when we remembered that we wasted much more than \$5 each month during our drinking careers.”

Payment Options: Checks, payable to NCFI, Cash, or Credit Card (min charge \$25, fees waived).

Email any questions to: Gainesville.Intergroup@gmail.com

FOUR
THINGS
YOU CAN'T
RECOVER:

The *Stone*
after the throw.

The *Word*
after it's said.

The *Occasion*
after it's missed.

The *Time*
after it's gone.

PayPaltm

venmo

**Intergroup now accepts PayPal & Venmo for
Group, Individual, and Faithful 10er's and Fiver's**

Send donations to: gainesville.intergroup@gmail.com

**Under Notes: please include Group's name, Anonymous Individual or Faithful 10'er or 5'er
Intergroup wishes to thank all who continue to contribute to help us help the still sick and suffering alcoholic**

The Intergroup Representative

A Link between your Home Group and District 14's Intergroup

What is an Intergroup Rep?

The Intergroup Representative is your Home Group's voice for assuring that your Intergroup Service Office functions and carries out its Primary Purpose. All AA groups are welcome to participate at Intergroup.

What is the Primary Purpose of Intergroup?

Our main purpose is to help alcoholics find AA meetings and assist newcomers in the recovery program of Alcoholics Anonymous. Intergroup's VITAL SERVICES

1. We answer our Telephone Hotline Service 24 hours a day to assist new members with the help and hope of AA
2. We stock all AA Conference-approved literature and other books for the AA community
3. We maintain an office to facilitate 12 Step calls and service opportunities
4. We maintain a web-based meeting directory which is updated weekly at aagainesville.org
5. We publish a print meeting directory at least once annually
6. We publish the Post newsletter every month
7. We respond to inquiries from outside agencies, including the media, seeking information about the Fellowship of Alcoholics Anonymous

How does someone become an Intergroup Rep?

All AA groups are eligible for membership. Groups elect an Intergroup Representative and an Alternate Representative; they usually serve a 2 year term. Each Group determines length of sobriety for their Representative however experience has shown that at least 2 years is ideal.

What does an Intergroup Rep do?

Intergroup Reps and Alternate Reps attend the monthly Intergroup Representatives' Meeting. These 'Reps Meetings' are held 12 times per year on the last Sunday of every month unless it falls on a Holiday. Intergroup Reps are responsible for two-way communication between their Home Group and Intergroup. Advise the group treasurer of where the 7th Tradition funds should go after the group's expenses are met. It is also important that your group have a primary contact, that we may remain in contact with. Make sure that your Homegroup's information is correct on the hard-copy meeting schedule, and the website at aagainesville.org.

What are Intergroup Rep meetings like?

Representatives register with Intergroup at each Reps Meeting by providing their contact information and home group. Each Rep and home group is responsible for providing the office with current contact information to insure that AA group members have the opportunity to participate in Intergroup's 12 Step Services.