P.O.S.T. Power of Sober Thinking

A Publication of North Central Florida Intergroup

Volume 26, Issue 9 September 2021

A New Joy of Living

Some people come to the program to please family, please the court, out of fear, or if you are like me, because I was afraid to die and terrified to live. I have been a professional in this town, and a public figure. I believed I was brought to my knees because of bad business partners, bad clients, the wrong men, and people who didn't understand me. And yes, legal issues.

At first the program seemed ridiculous to me. How can I say a beverage had COMPLETE POWER over me? How could these silly 12 steps of yours help me with the hopelessness I felt? I made a deal with my sponsor (yes, I agreed to go through the motions, but was certain it was futile), to give my best effort going through the 12 steps. I did it begrudgingly.

I'll be honest, it got worse before it got better for me. I lost my house, gave up my business, lost friends, I lost family – I have not spoken to or seen my son in years, and my relationship with my daughter looked like it was forever broken.

It has been a painful and tiring process. The family I found in AA loved me through it, mentored me on how to act, and shared with me their intimate details of similar situations in their families. Still, I wanted to FIX my gratefi family. Nothing got better until I got out of the way and allowed the GOD of my misunderstanding to do the heavy lifting. Fast forward to the last month. I'm wearing a

dress and heels, nervous about screwing up my daughter's wedding. While making the one-hour drive, I prayed. God, I prayed!! At the end of the night, I realized for the first time in sobriety I did not have social anxiety! I didn't notice the happy hour; all I saw was happiness. I sat in the glory of being part of. It took every single moment, crisis, and lesson of over 9 ½ years to make it to that event. The lesson for me is this miracle of my life today is there for all of us – it takes making the daily decision, not

only to not take a drink today, but to be a participant in the program of Alcoholics Anonymous.

Don't quit before your miracle happens for you!

-An Alcoholic, who gratefully found recovery.



COMMUNITY NEWS

- Intergroup and the A.A. Hotline received 39 calls in July 2021
- ◆ Intergroup is looking for volunteers for the office. Hours available are 2 pm till 5.00 pm Monday through Friday
- The Florida State Convention was an outstanding success
- ◆ Corrections Committee is always looking for volunteers, contact Bill B. 1-619-410-3797
- Suggestions or ideas for Intergroup? Email them to gainesville.intergroup@gmail.com



"A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

August 1948

The least possible organization, that's our universal ideal. No fees, no dues, no rules imposed on anybody, one alcoholic brining recovery to the next; that's the substance of what we most desire, isn't it?

But how shall this simple ideal best be realized? Often a question that.

We have, for example, the kind of AA who is for simplicity. Terrified of anything organized, he tells us that AA is getting too complicated. He thinks money only makes trouble, committees only make dissension, elections only make politics, paid workers only make professionals, and clubs only coddle slippers. Says he, let's get back to coffee and cakes by cozy firesides. If any alcoholics stray our way, let's look after them. But that's enough. Simplicity is our answer.

Quick opposed to such halcyon simplicity is the AA promoter. Left to himself, he would "bang the cannon and twang the lyre" at every crossroad of the world. Millions for drunks, great AA hospitals, batteries of paid organizers, and publicity experts wielding all the latest paraphernalia of sound and script; such would be our promoter's dream. "Yes, sir," he would bark. "My two-year plan calls for one million AA members by 1950!" For one, I'm glad we have both conservatives and enthusiasts. They teach us much. The conservative will surely see to it that the AA movement never gets overly organized. But the promoter will continue to remind us of our terrific obligation to the newcomer and to those hundreds of thousands of alcoholics still waiting all over the world to hear of AA.

We shall, naturally, take the firm and safe middle course. AA has always violently resisted the idea of any general organization. Yet, paradoxically, we have ever stoutly insisted upon organizing certain special services; mostly those absolutely necessary to effective and plentiful Twelfth Step work.

If, for instance, an AA group elects a secretary or rotating committee, if an area forms an intergroup committee, if we set up a foundation, a general office or a Grapevine, then we are organized service. The AA book and pamphlets, our meeting places and clubs, our dinners and regional assemblies – these are services, too. Nor can we secure good hospital connections, properly sponsor new prospects, and obtain good public relations just by chance. People have to be appointed to look after these things, sometimes paid people. Special services are performed. But by none of these special services has our spiritual or social activity, the great current of AA, ever been really organized or professionalized. Yet our recovery program has been enormously aided. While important, these service activities are very small by contrast with our main effort. As such facts and distinctions become clear, we shall easily lay aside our fears of blighting organization or hazardous wealth. As a movement, we shall remain comfortably poor, for our service expenses are trifling.

With such assurances, we shall without doubt continue to improve and extend our vital lifelines of special service; to better carry our AA message to others; to make for ourselves a finer, greater Society, and, God willing, to assure Alcoholics Anonymous a long life and perfect unity.

-Wilson, William. The Language of the Heart. New York: AA Grapevine, Inc., 1988. Print.

Heard in a meeting:

"I've found that you cannot save your ass and your face at the same time."





10th and 11th StepTuesday Night Step StudyEye OpenerMR – 11 yrsDP - 18 yrsGB - 3 yrsWS – 35 yrsEJ - 11 yrsRD - 7 yrs

DJ – 4 yrs DS - 8 yrs

GM – 6 yrs BR - 3 yrs

TP - 28 yrs

KM – 37 yrs (July) <u>Micanopy</u>

AR – 15 yrs (July) KMcL – 18 yrs

SS – 10 yrs (July)

JF – 37 yrs (July) Women's Serenity Seekers

HD - 32 yrs (June) JL - 27 yrs

EH - 30 yrs (June)

DECISION Step 3 - Faith Keystone - BB pg. 62:3 Happy VII VIII Destiny Happy, Joyous & Free Step 12 Love & Service VI IX Step 11 Awareness & Belief Step 10 Perseverance Step Good Judgment ٧ Х 9 & Self-Discipline Justice & Step 8 Brotherly Love IV XI Step 7 Humility Step 6 BELIEVING Willingness Step 2 - <u>Hope</u> Step 5 XII Integrity Cornerstone BB p 47:2 Step 4 Courage WILLINGNESS **Step 1** – Spiritual Principle of <u>Self-Honesty</u>

September Birthdays? Send them by Sep 12th to POST@AAGainesville.org

7th Tradition Addresses

North Central Florida Intergroup

2632 NW 43rd Street, Suite 1182 Gainesville FL 32606-7551 (Checks payable to: NCFI)

District 14

PO Box 357254 Gainesville, FL 32635-7254 (Checks payable to District 14)



North Florida Area Assembly

Foundation - Big Book(BB) pg. 12:4

PO Box 226 DeLeon Springs, FL 32130

(Checks payable to NFAC)

General Service Office

PO Box 459, Grand Central Station NY, NY 10163 (Checks payable to GSO)

Self-support: Where money and spirituality mix!





"Make direct amends to such people wherever possible, except when to do so would injure them or others.

Step 9 was not what I thought it would be. Upon first hearing about it, I thought this was going to be my get-out-of-jail-free card. "Hey, look I know I did bad things, but I'm sober now. So that means I'm forgiven now. I'm a better person now, come on." But this was not my experience.

All but a few of my amends were awkward and a little painful. Every person in my immediate family cried during the process. Overall, it was great and healing. However, it was sad to admit what I had done and relive all the hurt and chaos I caused. Being sober I don't have the luxury to numb myself with alcohol, so I must feel the entirety of the guilt and accountability of my actions. This was very new and almost overwhelming. I'm grateful for the principal of Acceptance. Because of AA, I have learned to accept my past actions and love myself despite feeling shame for the things I have done. I realize I was a sick person rather than a "bad" person. I'm an alcoholic worthy of love an acceptance; I'm not what I have done.

My amends process was interesting. I didn't have many financial amends to make. The phrase that hurt the most to hear was "you can't take back what you've done, and I don't think there's anything you can do to fix it now." A lot of my amends became living amends. I had to unlearn all the dishonesty and selfishness that motivated many of my actions in the past. It was a long process to learn to be an honest person; lying seemed to be such an easy tool to rely on.

I'm very grateful that the steps are guided by a sponsor. I was taught to first ask if the person was willing to hear me out, focus only on my part of the situation, ask if I had forgotten anything that harmed them, and finally convey a willingness to do whatever it took to make things right. There was an interesting piece of information that came to me when making my amends to my father. As directed, I asked him if there was anything I had failed to mention. I entered AA at the age of 21, but when I was 18, I was already a black out drinker. Before I graduated high school, he had kicked me out of his house. There were too many instances of me acting wild and crazy for him to put up with. I was shocked to hear this. I had completely forgotten that he had asked me to leave. He told me it was one of the hardest decisions he had to make. No parent wants to kick their child out before they finish high school. For these past 3 years, I was unaware of how my drinking affected others.

Today I make significantly less amends than I did the first time I went through the steps. It's such a blessing to be able to work on myself and become a person that doesn't often harm others. The amends process was uncomfortable, but I'm so grateful for the person it has turned me into.

- MO aka Bonzu Pippinpaddleopsicopolis



Future Topics

"Faith Over Fear"

October

"Protecting Your Sobriety during the Holidays"

November

Get Published!

Entry deadline is the 12th of each month

Send your topic articles, op-eds, opinions or cartoons to:

POST@AAGainesville.com

Power of Sober Thinking





North Central Florida Intergroup

Our office is located in

Land Title Plaza

2632 NW 43rd Street

Building 1000, around back to 1182

Gainesville, FL 32606-7551

Telephone: 352-372-8091

Our office hours are:

Monday - Wednesday: 2:00 - 5:00 pm Thursday - Friday: 12:00 - 6:00 pm

Saturday: 11:00 am - 3:00 pm

Sunday: Closed

I Our next Intergroup meeting

will be held on the last

Sunday of the month:

September 26th @ 1:00

Check out our new website @

www.AAGainesville.org



POST Submissions

Send articles and anniversaries to <u>Post@AAGainesville.org</u> or mail them to the NCFI office no later than the 12th of each month.

Activities Submissions

Send information for all activities in the AA community to <u>Activities@AAGainesville.org</u>. If you want them to be announced in the POST they must be submitted by no later than the 12th of the month.

Intergroup

Questions about AA in North Central Florida or to order large quantities of literature please contact **office.manager**(a)AAGainesville.org with requests.

Intergroup Chairperson's Corner

Hello everyone. I hope this finds you and yours safe and well. I am excited for the upcoming first ever Intergroup AA Trivia Night. Please see our flyer on the aagainesville.org website for details. I want to thank everyone that stepped up

on the Trivia Committee and made this event possible. I am always amazed at the willingness of our AA community to contribute. The Gratitude Dinner is still a work in progress and more will be revealed. I am also pleased to report that we have at least one candidate for the Intergroup Treasurers position. As always, thank you for allowing me to serve.

Bill Carter, Intergroup Chair

wm_carter@msn.com 352-363-9337

Thanks to the following 10 Groups and Individuals who sent in a donation to Intergroup in July 2021

Individuals \$21.00, Hampton Hole in the Wall \$84.24

10th & 11th Step \$175.00, Geezers \$75.00, Free to Be \$100.00

Melrose 12 & 12 \$121.00, Starke Happy Hour \$85.40

Progress Not Perfection \$80.00, Pamphlet Palooza \$32.00

Williston Winners \$19.50

Total Contributions for July \$793.14

Intergroup Accepts Contributions via Cash Checks made out to NCFI, PayPal, gainesville.intergroup Venmo, gainesville.intergroup







Looking for Service work? Volunteer at Intergroup Contact Fred @ 386-628-2541

Intergroup Treasurer's Report: July 2021

Sales	Current	Y.T.D.	Purchases	Current	Y.T.D.
A.A. Literature	333.55	4,011.75	A.A. Literature	148.51	3,104.97
Chips	41.50	518.05	Chips	0.00	286.96
Medallions	87.75	1,006.00	Medallions	72.94	319.43
Other Merchandise	35.75	145.50	Other Merchandise	0.00	0.00
Where and Whens	3.00	51.30	Where and Whens	0.00	115.00
Total Sales	501.55	5,732.60	Total Purchases	221.45	3,826.36
Sales Tax Collected	35.14	401.49			
Activities Revenues			Activities Expenses		
Gratitude Dinner Cake Auction	0.00	0.00	Alkathon	0.00	0.00
Gratitude Dinner Contributions	0.00	0.00	Emotional Sobriety Workshop	0.00	0.00
Gratitude Dinner 50/50 Raffle	0.00	0.00	Gratitude Dinner	0.00	97.87
Gratitude Dinner Tickets	0.00	0.00	Intergroup Trivia Night	180.54	180.54
Total Activities Revenues	0.00	0.00	Total Activities Expenses	180.54	278.41
			Total Mountain Expenses		210.41
Contributions			Committee Expenses		
Faithful Fivers and Tenners	74.00	763.00	Phone Committee	0.00	0.00
Group Contributions	793.14	6,032.09	Steering Committee	0.00	0.00
Total Contributions	867.14	6,795.09	The Post	0.00	0.00
			Website Committee	0.00	0.00
Overhead Expenses			Total Committee Expenses	0.00	0.00
Corp Filing Fees	0.00	61.25			
Insurance	0.00	0.00	Fund Balance		
Intergroup's Monthly Meeting	24.38	94.36	Checking		
Internet	71.17	487.21	Checking @ 1st of Mo.	7,875.08	
Office Expenses	40.04	264.98	Current Deposits	1,403.83	
Office Rent	190.00	1,330.00	Current Expenditures	1.809.94	
Office Manager Salary	675.00	5,580.12	Transfer from Off. Res. Avail.	0.75	
Paypal & Square Fees	9.81	108.79	Ending Balance, Checking		7,469.72
Payroll Taxes	0.00	375.24			.,
Postage	0.00	67.15			
Printing: Other	45.00	148.00		2562	
Printing: Phone Volunteer Packets	0.00	0.00	1 35% (Stanfor)	23	-
Printing: POST	87.20	382.40	-30% Y	33	
State Sales Tax	74.57	392.53			
Telephone	190.78	1,262.80	(TEY 6		6
Total Overhead Expenses	1,407.95	10,554.83	C 83 16	7	î l
rotal oromous Expenses	1,407.00	10,004.00	- 6	27	L
Reserves			REPARE Y	13/200	
Gratitude Dinner Reserve		3,500.00		9	
Office Reserve Available		2,500.00	MI	- 00	-
Office Reserve in CD's		4,824.57	[13///11	H	

A DOLLAR IS NOT WHAT IT USED TO BE

1935 Remember inflation when deciding upon your \$1.00 7th. Tradition Self Support Contributions for;

2021 \$3.50



Group Meetings
Online Recurring Contributions
Birthday Envelope
November's Gratitude Month
Your local Intergroup



NORTH CENTRAL FLORIDA INTERGROUP MONTHLY HYBRID MEETING AT THE TRIANGLE CLUB & ON ZOOM* JULY 25, 2021 MINUTES

- Opening BC, Chair, opened the meeting with a moment of silence and the Serenity Prayer at 1:05 PM.
- In Attendance (11 Live; 3 Zoom*) BC (Chair); MC (Alt Chair); PB (Treas); DK (Secy); FS (I/G Office Mgr); NL, in absentia (Alt Webmaster); SS, in absentia (Phones); TS (P.O.S.T.); AO (I/G Bd Member); and BB (I/G Bd Member). Groups Represented: Eye Opener; Fourth Dimension; Keystone Heights Beginners; Melrose 12&12; New Freedom; Pamphlet Palooza; Tue Night Step Study; Wholesale Miracle; and Women's Serenity Seekers.
- Guests: BM (Eye Opener); BF (Afternoon Reflections); and GM (New Freedom).
- Chair Report BC: 1) Intergroup will host its first AA Trivia Night (see New Business). 2) A GSO fund raiser that ended on July 31 asked each member to donate \$7.34 to cover GSO's losses in 2020. Donations can still be made mailed to Box 459 in NYC or paid electronically on www.aa.org. 3) AA members may donate up to \$5,000 to GSO every year. A member may leave up to \$10,000 in their will. 4) Contact BC for info on the 2022 Southeast Service Assembly.
- Alt I/G Chair Report MC: No remarks.
- Secretary Report DK asked for comments on the June minutes as they appear in the July P.O.S.T. No discussion followed. Minutes of the June 27, 2021 meeting were accepted. Motion by BM. 2nd by AO Passed unanimously.
- Treasurer Report PB: May Sales totaled \$1,092.55. Group and individual contributions totaled \$578.00. Purchases were \$1,608.31. Overhead expenses totaled \$2,119.54. Ending checking account balance was \$7,875.55. Available reserves include \$3,500 for Gratitude Dinner; and \$2,500 for office expenses. Office reserves in CD's total \$4,822.93. Annie O requested the amount of the current Intergroup Prudent Reserve, stating that the Board's policy is to retain 3-6 months of overhead expenses. Paul B replied that the total of the remaining CD and the "Office Reserve" of \$2,500.75 (being held in the savings account), for a total of \$7,323.68, comprise the mandatory Prudent Reserve. This amount is just over three months of June's overhead expenses.
- The June 2021 Treasurer's Report (see August P.O.S.T.) was approved as reported. Motion by AO. 2nd by DK. Passed unanimously.
- Phone Committee BC read SS's report: Alternating Thursdays from 9PM to Fridays at 7AM is the only open shift. He praised SS for her excellent service. Anyone interested in becoming a Hotline volunteer should contact SS at 352.301.0354. Volunteers on overnight shifts are permitted to sleep.
- P.O.S.T. TS: Hard copies of the August newsletter were available for Reps to take back to their groups.
- Intergroup Office FS noted that the office is fully stocked. He invited all to shop. The current Where & When is still available at the office. The next edition will be printed when group changes (virtual to live, and vice versa) slow down.
- Website WM (Webmaster) & NL (Alt) not present. BC read their report. Website is up-to-date. We are reaching a significant market. Hits that come from the old Intergroup domain name (NorthCentralFLAA.org) have declined, but we still get a few: 6 in May, 12 in June, and 6 so far this month.
- Activities JH (not present)
- D14 DCM Report KP (Alt DCM): (not present). See www.aanorthflorida.org for links to actions of last General Service Conference.
- Old Business BC: 1) He announced we still need a Treasurer and Alt Treasurer. Bill thanked PB for continuing his excellent service. 2) AO researched the CDC guidelines on COVID-19 precautions in order to update our message on the website. BC announced we will change the message to a simple link to the CDC's COVID guidelines.
- New Business BC called for volunteers to serve on three new planning committees: 1) Very First AA Trivia Night; 2) Gratitude Dinner; and 3) Intergroup Workshops. If interested, contact Bill at wm_carter@msn.com or FS at gaines-ville.intergroup@gmail.com.
- Close: AO moved to close the meeting; 2nd by GN. Passed unanimously.
- BC closed the meeting at 1:50 PM with the Responsibility Declaration.

District 14 Business Meeting Agenda July 14, 2021

Meeting Called to Order

Moment of Silence, Followed by the Serenity Prayer

In attendance: TD, DCM; KP, Alt DCM; AR, Secretary (late); MR, GSR Tuesday Night Step Study; BF, Literature Chair; BB, Corrections Chair, Intergroup: DK, GSR Melrose 12 & 12, MC, GSR Gratitude Group; Dd, GSR Kanapaha Open Discussion; BE, Accessibilities Chair; SG GSR Survivors Group; JR., Grapevine Chair; BM., GSR Eye Opener; NL., Alt. Webmaster; GN., Intergroup Rep./ Downtown; GM., GSR New Freedom; MO., YPG; JT., visitor, By the Book; DR., Alt. GSR Everything or Nothing; MK, GSR YPG; SD., Treatment Chair

Minutes - Discussion and Acceptance of Minutes from June meeting sent Treasurer's Report - Discussion and Acceptance of Current Report sent Alt DCM's Report

KP reported on the July Area 14 Assembly, particularly in regard to changes to Structures and Guidelines.

Service Committee Reports:

Accessibilities – BE: Date for committee meetings 2nd Monday of the month at 6 pm on Zoom. Should be updated on website. Has an accessibilities checklist to take to groups to see how physical accessible meeting space is.

Archives – GN- have not met for 4 months but hope to meet in August

Corrections – BB: 3rd Tues. at Triangle Club. County Work Camp and Men's Jail, Women's Jail and Lancaster need volunteers. GSO has a correspondence program with AA members "inside", can use Intergroup address for mail if not using private address.

CPC / PI – DK– 3rd Thursday at 6 pm on Zoom. Restocking libraries with literature. Has 7 members and Speakers' Committee.

Grapevine – JR attended Assembly, discussed book sales, looking into alternate ways to pay. July 19 will be 1st in person meeting at Triangle Club 6:30 PM

Literature – BF – went to workshops at General Service Conference about carrying the message. Some changes were made in the literature to update.

Treatment – SD – Still meeting 1st Wed of month. No mtgs at Meridian but looking for AA involvement, will have a flyer. Call link on website about Primary Purpose Group.

Website – NL – please look at website make sure meeting info is up to date.

Intergroup:

BC – Intergroup is motoring along just fine, Gratitude Dinner format still not decided Looking for outside venue possibly for Gratitude Dinner.

Looking for new Treasurer.

Meeting live at Triangle Club

Old business- no items

New business-

Discussion about how to carry the message to alcoholics in area. GSO has guidelines for what pamphlets to put where.

MO elected as Treasurer, with JT elected as Alternate Treasurer

Announcements:

August 5-8, 2021 Florida State Conference in Jacksonville

N Florida Area Assembly Delegate and Chair looking to have fellowship with GSRs in September prior to Fall Assembly informal (they provide hot dogs, buns, chips) - suggestion that this not compete with home Gator game

Adjourn with Responsibility Pledge- 7:07 PM

Respectfully Submitted by AR Secretary

District 14

AS OF JULY 30, 2021

Report on Financial Activity Fiscal Year April 2021-March 2022

	July 2021		Fiscal	
	Amount		Year to Date	
Opening Bank Balance	\$ 13,568.81			
Group and Individual Contributions	\$ 629.14	\$	1,582.76	
Committee Expenses		\$	(515.00)	
Assembly Expenses - 3 Room Nights	\$ (270.14)	\$	(270.14)	
D14 Expenses	\$ (77.91)	\$	(107.89)	
Insufficient Funds - Group Contribution Check Returned		\$	-	
Total Expenses	\$ (348.05)	\$	(893.03)	
Closing Bank Balance - July 30, 2021	\$ 13,849.90			
Money Held in Reserve:				
Founder's Day - Reserve for 2020 (\$402.50 *\$50)	\$ 452.50			
Service Fair - Reserve for 2020(300.00-283.03)	\$ 16.97		·	
Prudent Reserve	\$ 5,000.00		·	
Operating Cash (bank balance minus reserves)	\$ 8,380.43			

^{*}Note - Please indicate Group Name or Number if Contribution is via PAYPAL

Several Groups Made Contributions in July that are not shown below except as "Unidentified Contributions." If your group made a contribution that is not shown below, please email Tobi at tdoering76@gmail.com with your group name and amount of your contribution.

Group2	Column1	July 212	
10th & 11th Step (Saturday morning) 000700336		\$	35.00
Geezer's Group (Thursday Night)		\$	122.00
Hampton Hole in the Wall		\$	16.25
Starke Happy Hour 127517		\$	22.26
Individual/Annoymous/ Unidentified Contributions		\$	433.63
Totals		\$	629.14

DCM's Corner



District 14 is meeting in person at 6 pm at the Westminster Presbyterian Church located at 1521 NW 34th Street. We also have the Zoom option available via the link on the aagainesville.org website for those who live outside the Gainesville area or have health or other issues that prevent inperson participation. The church is requiring that everyone there wear a mask and we are complying with this requirement. We have had good attendance, and hope that all GSR's will join us either in person or viz Zoom at our next meeting on September 8, 2021.

As correctional institutions begin to open to outside visitors, the Corrections Committee is in need of women to take meetings to the Alachua County jail. Please contact our Corrections Committee Chair, BB., at bill020650@gmail.com if you are interested in this service work.

District 14 will host Registration at the October Area Assembly, and we will need as many GSR's as possible to meet this commitment. Thank you for your support in carrying the message!

We are grateful to now have a Treasurer, MO, and a new Accessibilities Chair, JT. Thank you, BE., for your service and we wish you all the best in your move.

In love and service, Tobi D



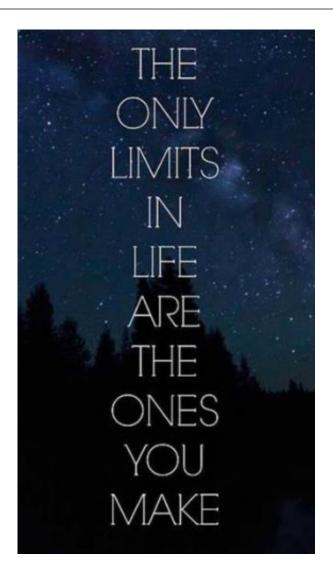
aithful Fiver

Faithful Fivers are AA members who graciously choose to contribute five dollars each month to support the Intergroup Office in its efforts to carry the AA message of hope & recovery to those alcoholics who still suffer, in the North Central Florida Intergroup Area. As a Faithful Fiver, your personal contribution will help to carry the message of Alcoholics Anonymous.

"The Faithful Fiver idea came about when we remembered that we wasted much more than \$5 each month during our drinking careers."

Payment Options: Checks, payable to NCFI, Cash, or Credit Card (min charge \$25 fee waived)

Email any questions to: Gainesville.Intergroup@gmail.com or call Fred S. @ 386-628-2541





Intergroup now accepts PayPal & Venmo for Groups, Individuals and Faithful 10er's and 5er's

Send donations to gainesville.intergroup@gmail.com

Under notes: Please include Group name, Anonymous Individual or Faithful 5'er or 10'er
Intergroup wishes to thank all who continue to contribute to help the still sick and suffering

12 Power of Sober Thinking

The Intergroup Representative

A Link between your Home Group and District 14's Intergroup

What is an Intergroup Rep?

The Intergroup Representative is your Home Group's voice for assuring that your Intergroup Service Office functions and carries out its Primary Purpose. All AA groups are welcome to participate at Intergroup.

What is the Primary Purpose of Intergroup?

Our main purpose is to help alcoholics find AA meetings and assist newcomers in the recovery program of Alcoholics Anonymous. Intergroup's VITAL SERVICES

- 1. We answer our Telephone Hotline Service 24 hours a day to assist new members with the help and hope of AA
- 2. We stock all AA Conference-approved literature and other books for the AA community
- 3. We maintain an office to facilitate 12 Step calls and service opportunities
- 4. We maintain a web-based meeting directory which is updated weekly at *aagainesville.org*
- 5. We publish a print meeting directory at least once annually
- 6. We publish the Post newsletter every month
- 7. We respond to inquiries from outside agencies, including the media, seeking information about the Fellowship of Alcoholics Anonymous

How does someone become an Intergroup Rep?

All AA groups are eligible for membership. Groups elect an Intergroup Representative and an Alternate Representative; they usually serve a 2 year term. Each Group determines length of sobriety for their Representative however experience has shown that at least 2 years is ideal.

What does an Intergroup Rep do?

Intergroup Reps and Alternate Reps attend the monthly Intergroup Representatives' Meeting. These 'Reps Meetings' are held 12 times per year on the last Sunday of every month unless it falls on a Holiday. Intergroup Reps are responsible for two-way communication between their Home Group and Intergroup. Advise the group treasurer of where the 7th Tradition funds should go after the group's expenses are met. It is also important that your group have a primary contact, that we may remain in contact with. Make sure that your Homegroup's information is correct on the hard-copy meeting schedule, and the website at aagaines-ville.org.

What are Intergroup Rep meetings like?

Representatives register with Intergroup at each Reps Meeting by providing their contact information and home group. Each Rep and home group is responsible for providing the office with current contact information to insure that AA group members have the opportunity to participate in Intergroup's 12 Step Services.