

We Were Restored



We come into the rooms of AA in a tattered, grave state. I was hopelessly ashamed, a broken human of seemingly no value. The most amazing thing happened as I discovered that I was now part of a brotherhood of damaged souls- that all of you had felt the same abject desperation, shame, guilt, and hopelessness that I felt. Perhaps I had found an unexpected refuge from the hellish nightmare of alcoholism! I was willing to try anything, although I suspected that I was beyond hope -

mentally, physically, and spiritually. The life stories from other people coupled with the Big Book and 12 & 12 started to convince me that I was possibly just a sick person instead of a permanently deranged moral leper. The idea that my problem was the misuse of the instincts made sense to me and that the point of our spiritual program was to re-align myself to that moral compass we had as children. I soon had the belief that this would work for me as well (with the good guidance of a loving but assertive sponsor).

Soon I had faith that God had somehow plucked me out of that horrifying and hopeless morass - that I might become a useful human being! I believe it was (and is) the middle six steps that reacquaint me with my own humanity. The 4th and 5th steps gave me a clear idea of who I was, and who I was not. In 6 and 7 (with an accurate vision of who I was meant to be) I am able to submit my body, mind, and soul to my Creator. In 8 and 9 I get to face the people I hurt and make restitution. The amount of forgiveness afforded me during the ninth step amends reassured me that all people are basically good. Realizing that we are all human and that we will "fall short" every day certainly has a humbling effect.

The care and compassion involved in service work and sponsorship has had the best effect of all—we are all exactly the same, and we are on a beautifully imperfect but exciting journey. Clearly, I can choose fear or love to travel with.... what shall it be?

A meditation book this morning had this: "Choosing love means I accept and embrace my humanity and that of others." ~ Anonymous

Service Opportunity

**DO YOU HAVE
EXPERIENCE WITH
WORDPRESS?**

**WE NEED YOUR HELP!
PLEASE CONSIDER
SUPPORTING THE
ADMINISTRATION OF
OUR NEW
INTERGROUP
WEBSITE.**

contact: gainesville.intergroup@gmail.com

COMMUNITY NEWS



- ◆ The Gratitude Dinner will be November 19th at Trinity United Methodist Church. More to follow!
- ◆ Newly published hard copy Where & Whens are now available at the Intergroup office
- ◆ Intergroup and the Hotline received a total of 46 phone calls in June
- ◆ New Life Group is hosting a Labor Day event at the Triangle Club. See the back page for more info.
- ◆ There's always service work available at Intergroup. Call 352-372-8091 during business hours (found on page 5) for more information.
- ◆ There is also always a need for submissions of articles for the POST! Please consider sharing some of your Experience, Strength and Hope for a cover article to help serve your community. Articles can be anywhere from 250-400 words and can be printed as an anonymous author, if you prefer. Send articles on any topic to POST@aagainesville.org

— CALL FOR STORIES —

Fifth Edition Big Book

Deadline for submissions: October 31, 2022 The trustees' Literature Committee is delighted to invite A.A. members to contribute stories of recovery to the Fifth Edition of the Big Book, *Alcoholics Anonymous*, through the new story submission section on the G.S.O. website.

The new page features:

- Guidelines and suggestions on how to write your story;
- Automatic copyright signing process;
- Acknowledgment receipt (**Note:** The anonymity of all authors will be observed whether their story is selected for publication or not).

If you have any questions, please email 5BBStory@aa.org.

Tradition 8

The Steps are HOW IT WORKS.
The Traditions are WHY IT WORKS.

“Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.”

“In my personal life, I need to be reminded that I am not a professional in AA. My service to AA is my ability to transmit a message of hope. That means I ought not play doctor, marriage counselor, banker, lawyer, or pharmacist.” --Woody R. Stockton, California From August 2009 Grapevine

Tradition 8 Checklist

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
7. Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition—How It Developed?

HEARD IN A MEETING:

“We are all here because we are not all there!”

JULY ANNIVERSARIES

Starke Happy Hour

CD – 1 yr

New Freedom

KZ – 36 yrs

Everything or Nothing

PN – 5 yrs

DR – 6 yrs

KT – 10 yrs

BK – 33 yrs

WL - 36 yrs

Women's Step Study

JD – 13 yrs

4th Dimension

GC – 3 yrs

10th and 11th Step Group

KP – 7 yrs

JF – 38 yrs

Gratitude Group

Ay V - 1 yr

SR - 25 yrs

Tuesday Night Step Study

MC - 29 yrs

SS - 11 yrs

AL - 10 yrs

Free to Be

LM – 32 yrs

WR – 34 yrs

Sick as Our Secrets

KB – 4 yrs

Eye Opener

MR – 12 yrs

SR – 30 yrs

MG – 19 yrs

NM – 4 yrs

Hampton Hole in the Wall

DA – 20 yrs

BS – 29 yrs

**August Birthdays?
Send them by Aug 12th
to
POST@AAGainesville.org**

**A 1% PROGRESS
EVERY DAY ADDS
UP TO 365%
PROGRESS AT
THE END OF
THE YEAR**

7th Tradition Addresses

North Central Florida Intergroup

2632 NW 43rd Street, Suite 1182

Gainesville FL 32606-7551

(Checks payable to: NCFI)

District 14

PO Box 357254

Gainesville, FL 32635-7254

(Checks payable to District 14)



North Florida Area Assembly

PO Box 226

DeLeon Springs, FL 32130

(Checks payable to NFAC)

General Service Office

PO Box 2407

James A. Farley Station

NY, NY 10116

(Checks payable to GSO)

Step 8

“Made a list of all persons we had harmed, and became willing to make amends to them all.”

The 8th step states, “Made a list of people we had harmed, and *became willing to make amends* to them all.” The key words *willing and making amends*, was what my sponsor had me not only define, but also know its true meaning and utilization according to the step itself. *The word “willing” means eager or well-prepared to do. I must be ready and able to take the next step towards the “road of happy destiny.” (pg. 164 B.B.) This plunge entails for me to go back and re-visit my 4th step inventory. I do this with my sponsor because I know she has already “trudged this road,” and I want what she has emulated throughout the first 7th steps; leading up to the 8th step. In addition, the word “became” means “begin to be.”* I exclaim “Yet another action!” I know that this program works only in its truest of forms with my *willingness* to do. The steps begin with my “willingness” to know I am powerless over alcohol, and my life is unmanageable. Then, I must have the *willingness* to believe in a Higher Power within step 2. I then must up my all of my *follies* to this Higher Power; step 3. Step 4 and 5, I am willing to look at myself, whom I have *wronged*, and again develop, through prayer, the *willingness* to tell another person of these *wrongs*. Which brings me to step 6 and 7. These steps I must be *ENTIRELY willing* to accept my “defects of character, or I like to call them defenses of character, in order for me to be of service to others through my Higher Power. Finally, step 8 expresses to me that I must have the “willingness” to write down this list of people, so that I may rectify my wrongs. The result of my action for step 8 is the beginning of *Brotherly Love*, and the *end of isolation*. I am truly grateful! -Val P.

When I first came into AA I thought I was a “high bottom” drunk. I still had money in my bank account and a place to live and work. I thought I was a special case because of traumatic things which had happens years before ‘you’d drink if you had been through what Id been through’ and for sure my life was unmanageable and I was powerless over alcohol, but I was judging myself on my intentions rather than my actions and believed myself to be a good person, in a bad situation.

When it came to doing my step 4, I saw the common denominator in my problems and resentments: me. I saw that these would go on infinitely being copied and pasted into my future relationships and situations unless I changed, and I became EXTREMELY willing to change. Step 5 held little to no relief but gave me the desperation to grab 6 and 7 with both hands.

Step 8 the way my first sponsor had me do it was the part that showed me a lot of truth about myself, how the way I was living was impacting those around me and that from the state of my relationships I was not a ‘high bottom drunk’ at all, nor could I claim to be a good person in a bad situation when I had treated my loved ones so selfishly. I had said ‘selfish, self centered, dishonest’ in reading my step 5 it felt like a millions times, but in writing my step 8 I saw with empathy how this had hurt people in my life.

The way my sponsor had me set it out was 3 columns- Who, what I did to hurt them and, for me the most powerful, How I would feel if this was done to me. That third column had me in tears many times as I saw what I had stolen from people who had tried to love me when I was acting in such an unloving way to myself and others. The one that stands out in my memory is my little brother, a sweet young man, at the time 18 years old, protective of me but also worried for my safety and uncomprehending of how I could say I would stop drinking and be pouring a vodka at the same time. I had been lying to him about a handful of different things, embarrassing him being paralytically drunk, amongst other things, but when I thought about how it would feel like if that was done to me, I could see clearly how I had driven such a kind soul to say on his parting words to me ‘I don’t care if you walk away from this hating me but knowing you have a problem.’ I had taken that at the time as him not being bothered, giving up on me, and not understanding me, but step 8 and getting in his shoes made me see they were the words of someone I had driven to desperation. It made me so upset and remorseful to think of how he must have felt in that situation, and it gave me the humility to approach him in step 9 knowing I had done far more damage than just a few lies and drunken misbehavior. I had stolen his peace of mind and insisted that my way be the only way of seeing things for so long. If an alcoholic is a tornado ripping through the lives of those around them, step 8 helped me make sense of the damage I had wreaked upon my loved ones so I could go to them to offer to rebuild. -Lucy L



FUTURE TOPICS

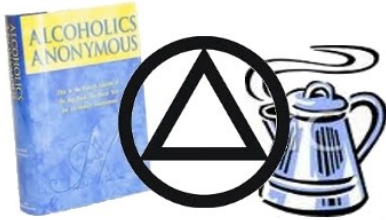
“Our Common Bond”
September

“Principals Above Personalities”
October

GET PUBLISHED!

Entry deadline is the
12th of each month

Send your topic articles, op-eds,
opinions or cartoons to:
POST@AAGainesville.com



North Central Florida Intergroup

Our office is located at:

Land Title Plaza

2632 NW 43rd Street
Building 1000, around back at suite 1182
Gainesville, FL 32606-7551
Telephone: 352-372-8091

Office hours:

Monday - Wednesday: 2:00 - 5:00 pm
Thursday - Friday: 12:00 - 6:00 pm
Saturday: 11:00 am - 3:00 pm
Sunday: Closed



POST Submissions

Send articles and anniversaries to Post@AAGainesville.org or mail them to the NCFI office no later than the 12th of each month.

Activities Submissions

Send information for all activities in the AA community to Activities@AAGainesville.org. If you want them to be announced in the POST, they must be submitted by no later than the 12th of the month.

Intergroup

Questions about AA in North Central Florida or to order large quantities of literature please contact gainesville.intergroup@gmail.com with requests.

Check out our website at
www.AAGainesville.org

Our next Intergroup meeting
will be held on the last
Sunday of the month:
August 28th @ 1:00



Intergroup Chairperson's Corner

Hello Everyone,

I hope sobriety finds you all well. Service positions available!!! Come by our Triangle Club on the last Sunday of every month at 1pm to find out more!! Oh, and make sure to bring your homegroup's Intergroup Representative, also. We're going to be putting together a Gratitude Dinner Planning Committee very soon, so keep an ear out for the announcement.

In love and service,

MatthewC.Intergroup

Chair@Outlook.com

352-682-6728

Year to date Group Contributions 2022

Anonymous	\$	1,215.56	New Freedom	\$	238.70
10th and 11th Step			New Hope		
4th Dimension	\$	100.00	New Life		
Afternoon Reflections			OutSiders		
Alachua A.A.			Pamphlet Palooza	\$	40.00
Be Still and Know			Peace Seekers	\$	100.00
Beginners Mind			Primary Purpose		
Beyond Sobriety			Progress Not Perfection		
Bring Your Own Book	\$	105.00	Promises		
Bronson Believers	\$	25.00	Promises Beginners		
By The Book			Saturday Night Alachua		
Daily Reprieve			Shiloh		
Down Town Group			Sick As Our Secrets		
Every Step We Take			Starke Happy Hour	\$	281.99
Every Thing Or Nothing	\$	75.00	Sober on the Suwannee		
Experience, Strength & Hope			Solutions Group		
Eye Opener Group	\$	435.50	Stuck on Sobriety		
Free Thinkers			Student Group		
Free to Be	\$	150.00	Suit Up & Show Up		
Fresh Start	\$	25.00	Sunday Evening Beginners		
Friday Serenity			Sunday Morning Sobriety		
Friends of Bill W.			Survivors Group	\$	15.00
Geezers	\$	200.00	T.G.I. F.		
Good Morning God			Tell It Like It Is		
Gratitude Group			The Loft		
Haile Freedom Group	\$	100.00	The Way Out Group		
Hampton Hole in the Wall	\$	317.21	Tues. Night Step Study		
In Black & White			Tuesday Alachua Group		
Jonesville Group			Unity Group		
Kanapaha Step Study			Vulnerable Warriors		
Kanapaha Open Discussion	\$	80.00	We Think Not		
Keep It Simple			Wholesale Miracles	\$	118.00
Keystone AA Group			Williston Winners		
Keystone Heights Beginners	\$	140.00	Women's Drunk Squad		
Language of the Heart			Women's Retreat		
Lawtey Primary Purpose			Young Peoples Group		
Live and Let Live	\$	134.95	Faithful 5 & 10 er's	\$	451.00
Live Oak Group					
McIntosh Group					
Melrose 12 & 12					
Micanopy Group					
Monday BB Study					

Most books and some merchandise are priced over cost to support the shortfall of the 7th tradition contributions to support our services

Intergroup Treasurer's Report June 2022

Sales	Current	Y.T.D.	Purchases	Current	Y.T.D.
A.A. Literature & Misc.	968.30	6,311.90	A.A. Literature & Misc.	834.00	4,830.32
Chips	176.50	671.00	Chips	0.00	254.96
Medallions	255.00	912.50	Medallions	0.00	327.20
Where and Whens	85.50	349.50	Where and Whens	0.00	337.50
Total Sales	1,485.30	8,244.90	Total Purchases	834.00	5,749.98
Sales Tax Collected	93.61	501.03			
Activities Revenues			Activities Expenses		
Gratitude Dinner Cake Auction	0.00	0.00	Alkathon	0.00	0.00
Gratitude Dinner Contributions	0.00	0.00	Emotional Sobriety Workshop	0.00	67.00
Gratitude Dinner 50/50 Raffle	0.00	0.00	Gratitude Dinner	0.00	0.00
Gratitude Dinner Tickets	0.00	0.00	Hawthorne Picnic Donation	0.00	0.00
Total Activities Revenues	0.00	0.00	Total Activities Expenses	0.00	67.00
Contributions			Committee Expenses		
Faithful Fivers and Tanners	84.00	609.00	Phone Committee	0.00	0.00
Group Contributions	914.82	5,765.53	Steering Committee	0.00	0.00
Total Contributions	998.82	6,374.53	The Post	0.00	0.00
Overhead Expenses			Total Committee Expenses		
Corp Filing Fees	0.00	131.25	Website Committee	0.00	0.00
Insurance	0.00	0.00	Total Committee Expenses	0.00	0.00
Intergroup's Monthly Meeting	27.68	186.77			
Internet	77.17	451.02	Fund Balance		
Office Expenses	40.17	983.44	Checking		
Office Rent	190.00	1,140.00	Checking @ 1st of Mo.	3,669.83	
Office Manager Salary	1,348.66	5,452.56	Current Deposits	2,577.73	
Paypal & Square Fees	34.73	172.86	Current Expenditures	3,219.45	
Payroll Taxes	229.50	417.12	Transfer from Off. Res. Avail.	1.69	
Postage	22.26	165.11	Ending Balance, Checking		3,029.80
Printing: Other	0.00	0.00			
Printing: Phone Volunteer Packets	0.00	0.00			
Printing: POST	127.30	726.90			
State Sales Tax	115.64	510.23			
Telephone	172.34	1,035.76			
Total Overhead Expenses	2,385.45	11,373.02			
Reserves					
Gratitude Dinner Reserve		3,500.00			
Office Reserve Available		10,000.00			
Office Reserve CD		4,848.06			



There is scarcely any form of trouble and misery which has not been overcome among us.

Big Book Bill's Story, p.15

**NORTH CENTRAL FLORIDA INTERGROUP MONTHLY HYBRID MEETING
AT THE TRIANGLE CLUB & ON ZOOM
JUNE 26, 2022 MINUTES**

Opening – MC, Chair, opened the meeting with a moment of silence and the Serenity Prayer at 1:00 PM.

In Attendance (20 Live; 3 Zoom*) MC (Chair); PB (Treasurer); MR (Alt Treasurer); DK (Secretary); FS (I/G Office Mgr); TS(P.O.S.T.); and SS, in absentia (Phone Committee). **I/G Board members:** Annie O (Wholesale Miracle). **District 14 (D14):** Eve C (Alt DCM). **IG Reps/Alts:** Barbara K* (Alt/Afternoon Reflections); CW (Fourth Dimension); CH (Solutions Group); GH (Gratitude Group); GN (Downtown Group); JH* (New Life); LM (Keep It Simple/Hawthorne); MB (Young People's Group); MR (Eye Opener); NF (Kanapaha Open Discussion); PC (Women's Serenity Seekers); SS (New Freedom) and TE (Sat. Morning 10 & 11th Steps). **Guests:** BM (GSR/Eye Opener & Triangle Club President).

Chair Report – MC: No report. **Alt I/G Chair Report – Position vacant:** No report.

Secretary Report – Dorie K: The May 29, 2022 minutes were approved. Motion to accept by MR. 2nd by GN. Passed unanimously.

Treasurer Report – 1) PB. reviewed the May 2022 report on page 7 of the July P.O.S.T. Group contributions were \$953.80, up from last month; **2)** He noted the larger than usual office expense line item includes the first installment of \$500.00 for start up of the new NCFI/D14 website. When the website is approved, D14 will pay the second installment of \$500.00; and **3)** The Office Mgr salary expense of \$825.67 reflects Fred's new salary. Motion to accept by Dorie K. 2nd by Pati C. Passed unanimously. **Alt Treasurer Report – MR:** No report.

Phone Committee – 1) MC read SS's report: One hotline volunteer position is open: Thursdays (12AM – 7AM). Members should have at least 6 months of sobriety. One-on-one training provided. **2)** AO announced the revised hotline handbook should go to the printer in July. **For more info, call SS. at 352.301.0354.**

P.O.S.T. – TS: No report.

Intergroup Office - FS: **1)** The office is fully stocked. **2)** Plenty of Where and When's are available at cost, or \$0.75 each; and **3)** A 14-page pdf file of the Where and When will be available for download from the new website.

Website – FS updated the status of the NCFI/D14 website. The monthly maintenance fee is \$25.00. A select group is reviewing the proposed design. We need a photograph for the home page that represents Gainesville. Fred plans to reach out to DB. for a photo, perhaps of the boardwalk into Sweetwater Wetland or Payne's Prairie.

Activities Committee: PC reported the Emotional Sobriety Workshop was well attended and a full replay is available to members at no charge on <https://amotaudio.com/zoom-conferences/>.

D14 Alt DCM Report – EC: **1)** D14 still seeks two committee chairs: Accessibilities and CPC/PI. The latter may be split into two separate committees. Two years of sobriety are recommended to chair a service committee. **2)** The next **Area Assembly** will be held July 8-10 in Orlando. Details may be obtained at www.aanorthflorida.org. **3)** Corrections Committee needs support (Contact Bill B. at bill020650@gmail.com); **4)** The Archives Committee is updating group histories. Existing histories will be available at next meeting (see P.O.S.T.); **5)** Literature Committee hosted "Donuts with the Delegate," a post GSC report. For updates, go to www.aanorthflorida.org and select "Delegate's Corner;" **5)** The Treatment Committee offers many service opportunities for individual members and groups. Contact Kim at 352.219.8117. The committee plans to reactivate Bridging the Gap program; **6)** D14 plans to host monthly workshops. The first will be on Sponsorship and will be held at the Triangle Club, Sat. Aug 6th from 10:00 – 11:30 AM; and **7)** A Service Fair is being planned for September.

Old Business –1) AO, NCFI Board of Directors, announced the revised Bylaws should be posted on the website before the August I/G meeting; and **2)** GN reported that Founders' Day was a success and thanked all volunteers that helped and groups that donated.

New Business –1) FS announced the Gratitude Dinner will be Sat., Nov. 19th at Trinity United Methodist Church.

GN moved to **adjourn** the meeting; 2nd by PC. Passed unanimously.

MC closed the meeting at 1:23 PM with the Responsibility Declaration.

Respectfully submitted: DK, Secretary

District 14 Business Meeting Minutes
June 8, 2022

Meeting called to order – 6:30 pm.

In Attendance:

Officers: TD.- DCM; EC- Alternate DCM. AR- Secretary

Committee Chairs: JW.- Grapevine, KN.-Treatment; NL.- Website

Intergroup Reps:

GSRs/Alts: MR.- Tues. Night Step Study; GM.- New Freedom; LM.-Free to Be; DH.- Downtown; CD.-Alt. Lawtey Primary Purpose; JS., GSR & CH., Alt GSR- - Fresh Start Beginners; PR.- Happy Hour; Dalton B., GSR & BP, Alt GSR- Hole in the Wall; BP.- Alt. Hole in the Wall; TS.- SOS

Also Present: DD.- Fresh Start; PC.-guest; ; GN.- Archives Committee, Downtown Group

Minutes of March meeting: Accepted as read

Treasurer's report: KP.; report accepted as submitted

Alt DCM's Report- EC reported deadline extended to June 15 for rooms @ \$135/night. We will be hosting Registration 7-7:45 and 8-8:45.

July 8-10 next Assembly in Maitland at the Sheraton

August 3-7 65th State Conference Ft. Lauderdale, main hotel booked but there are overflow hotels available.

DCM Report- TD asked if GSRs need a room at the Area Assembly to contact her.

DCM Calls for Committee Reports:

Accessibilities- Chair position open.

Archives- GN. stated focus is on Founders' Day display. Asking for updated group histories. PC. reminded attendees to bring side dish to Founders' Day. There will be a skit at the event.

Corrections- BB. not present but still looking for volunteers

CPC/PI- Chair position open

Grapevine – JW. stated there will be a table at Founders' Day. Preamble discussion continues.

Literature – BF.- organized Donuts for the Delegates

Treatment:- KN. distributed a comprehensive report on meeting information and descriptions including a volunteer sign up sheet for people to take to their meetings

Website – NL.-working on making website more user friendly for those without programming background. She requested to send her an email specifically stating what needs to be changed. Submissions must be photo images.

Intergroup: Needs Alternate Chair. Working on bylaw revisions.

Old Business- Congratulations to successful Donuts with the Delegate (BF.)

PI/CPC having difficulty filling positions. PI is public information; CPC is professional volunteers (such as MDs). Need to encourage groups to participate, 3 years sobriety encouraged, Group Bylaws available on website.

New business- TD discussed planning a Service Fair for the fall. Possibilities were discussed including regularly scheduled district workshops such as Roberts Rules of Order, GSR education, committee function, sponsorship.

Sponsorship was suggested for Saturday, August 6 from 10:00-11:30 AM at the Triangle Club.

NL and TS agreed to co-chair.

Adjourned with Responsibility Pledge 7:20 PM

Respectfully Submitted: AR., Secretary.5



Treasurer Report July 2022 Meeting

Report on June Financial Activity Fiscal Year April 2021-March 2022

	Amount	Year to Date
Opening Bank Balance	\$ 15,504.30	
Group and Individual Contributions	\$ 663.01	\$ 1,031.54
Committee Expenses	\$ (411.05)	\$ (830.82)
D14 Expenses	\$ (168.59)	\$ (848.48)
PayPal Expense	\$ (2.46)	\$ -
Earned Interest	\$ 1.39	
Total Expenses	\$ (579.64)	\$ (1,679.30)
Closing Bank Balance	\$ 15,586.60	
Money Held in Reserve:		
Founders Day (677.5+3,33.60=4,013.50 less 2,850.00)	\$ 1,163.50	
Service Fair - Reserve for 2022	\$ 300.00	
Prudent Reserve	\$ 5,000.00	
Operating Cash (bank balance minus reserves)	\$ 9,123.10	

*Note - Please indicate Group Name or Number on Contributions

May 2022 - Group Contributions	
Group Names	Amount
10th & 11th Step (Virtual)	\$ 68.00
Free to Be	\$ 44.02
Geezers Group	\$ 20.00
Hampton Hole In The Wall	\$ 19.80
New Freedom	\$ 413.62
Starke Happy Hour	\$ 77.57
The Loft	\$ 20.00
TOTAL	\$ 663.01

This
too
shall
pass

DCM'S CORNER

Please mark your calendar for the 1st Saturday of each month at the Triangle Club from 10 am to 11:30 am! District 14 will host a workshop at this time, beginning on August 6, 2022. The August workshop will be on Sponsorship and the September workshop will be a Service Fair held on the 2nd Saturday due to the Labor Day holiday. The topics for the October, November, and December workshops are yet to be determined, so please give your suggestion to your GSR so we can provide workshops on topics that interest you! Join us as we explore opportunities for service and recovery in AA. Fellowship, snacks, and coffee!

Treatment and corrections facilities are opening up and we need individuals and groups to step up to help carry the message. Please see the aagainesville.org website for committee meeting times or contact information.

We still need Committee Chairs for Accessibilities and PI/CPC. If Accessibilities, PI, or CPC is something you think you can help with, now is a good time to step up and help with this service.

District 14 meets at 6:30 pm on the 2nd Wednesday of the month at Westminster Presbyterian Church. I'm happy to say that we have had many new GSR's join us in the past few months, but there are still groups that are not represented in our quest to carry the AA message of recovery to the sick and suffering alcoholic. If your group doesn't have a GSR, now is a great time to elect one! If you have any questions, you can email me at dcmdistrict14area14@gmail.com and I will be happy to help. Give your group a voice!

In love and service,

Tobi



become a
Faithful Fiver

Faithful Fivers are AA members who graciously choose to contribute five dollars each month to support the Intergroup Office in its efforts to carry the AA message of hope & recovery to those alcoholics who still suffer, in the North Central Florida Intergroup Area. As a Faithful Fiver, your personal contribution will help to carry the message of Alcoholics Anonymous.

"The Faithful Fiver idea came about when we remembered that we wasted much more than \$5 each month during our drinking careers."

Payment Options: Checks, payable to NCFI, Cash, or
Credit Card (min charge \$25 fee waived)

Email any questions to: Gainesville.Intergroup@gmail.com
or call Fred S. @ 386-628-2541

I AM NOT
IN RECOVERY
TO ADD
DAYS TO
MY LIFE
I AM IN
RECOVERY
TO ADD
LIFE TO
MY DAYS

Service Positions Available

Intergroup needs Volunteers!
Volunteer 3 hours of your time weekly
Mondays or Wednesdays from 2:00 pm till 5:00

Contact Fred @ 386-628-2541

Duties to include;
Helping Customers with Literature and Merchandise
Answering the A.A. Hotline
Familiar with using computer



**Intergroup now accepts PayPal & Venmo for
Groups, Individuals and Faithful 10er's and 5er's**

Send donations to gainesville.intergroup@gmail.com

Under notes: Please include Group name, Anonymous Individual or Faithful 5'er or 10'er
Intergroup wishes to thank all who continue to contribute to help the still sick and suffering



**NEW LIFE GROUP'S
LABOR DAY
SPEAKER
MEETING & B-B-Q**

**MONDAY, SEPT 5TH
12:30PM**

TRIANGLE CLUB 1005 SE 4TH AVE
GAINESVILLE, FL 32601

PLEASE BRING A
SIDE DISH OR
DESSERT TO SHARE

FOR MORE INFO CALL
TRIANGLE CLUB
352-373-9236



District 14

**SPONSORSHIP
WORKSHOP**

10 am | Saturday, August 6th
Triangle Club

Four speaker panel with ask it basket

- Beth K ▪ Lindsey M
- Greg N ▪ Paul D

See you there!

Service Committee Information		
Committee Name	When	Where
Archives	6:30 PM 1 st Tuesday of every month	Triangle Club 1005 SE 4th Ave Gainesville, FL 32601
Corrections	6:00 PM 3 rd Tuesday of every month	Triangle Club 1005 SE 4th Ave Gainesville, FL 32601
District 14	6:30 PM 2 nd Wednesday of every month	Westminster Presbyterian Church 1521 NW 34th St Gainesville, FL 32605
Grapevine	6:30 PM 3 rd Monday of every month	Triangle Club Tranquility Room 1005 SE 4th Ave Gainesville, FL 32601
Intergroup	1:00 PM Last Sunday of every month	Triangle Club 1005 SE 4th Ave Gainesville, FL 32601
Treatment	6:00 PM Last Thursday of every month	Triangle Club 1005 SE 4th Ave Gainesville, FL 32601