

"the age of miracles is still with us"

A VISION FOR YOU, P. 153

I checked myself into detox exactly ten years ago today. I was exhausted and defeated. I was 27 and had been battling the disease and subsequently myself every day for 15 years. I was finally ready to throw my hands in the air and surrender.

I got into our Pontiac Bonneville with one last can of beer to get me to Meridian so I could check myself in. I sped down the highway chugging it and crying. It was the first actionable step I took into surrender. I felt terrified and skeptical as I hurled myself into the unknown. I did not know it at the time, but I was taking a huge leap of faith and living out the first three steps.

I was pretty sure from the beginning of my drinking and using that I did not have the power to stop on my own. But I knew that I needed to stop completely if I wanted to live a happy life, and towards the end I wanted to quit more than anything in the world. Those last years had truly beaten the hell out of me, and I was coming close to the end of my rope.

Some of my most chilling memories are of repeatedly waking up in tears. I would have "sober dreams," or my reverse of "drinking dreams." I would have dreams that I'd finally gotten myself sober and life was okay. Drugs and alcohol were no longer dictating my every waking moment. I would get glimpses of what it felt like to be free. Somehow, I knew inside the dreams that it was not true, and I would wake up with my pillow soaked in the reality of my living nightmare.

Screaming from the inside was my first form of prayer. Now that I have a solid foundation in a relationship with my higher power, it is strange to think back on what that was like. I knew I wasn't talking to myself, but I did not believe in god. I did not have any reason to. All I knew was that I could not bear the horror of it all anymore. The only option I could find was to bargain and plead with the universe to do something on my behalf.

I had no idea what detox was about. Like many of us do, I wanted to believe that if I could just get through the physical withdrawal, then I would be able to stop altogether. I was not able to make it through detoxing on my own at home. I had no reason to believe this plan

would work, but without knowing anything about alcoholism, it seemed like my only shot.

At that time groups were bringing meetings into the facility 7 days a week. A couple hours into being there, while still crying and clinging to the last few pills and sips of alcohol coursing through my body, a completely unexpected thing happened. My first AA meeting walked through the doors and saved my life.

It is kind of a blur because I did not sleep for five days and definitely lost my mind, but I do know that I had a profound change in my outlook upon life as I found true hope for the first time. I clung to the meetings each day. I was in shock as I learned that these people had been just like me and now, they were okay. Not just okay, but content and loving their lives and at peace with themselves and the world around them. I wanted what they had so badly. As I sat there on those plastic couches, I became willing to do whatever it was going to take to build that sort of life for myself.

I knew deep down it was going to take a miracle to sober me up, and that was what they promised would happen for me like had happened for them. I am still in awe to this day that a miracle is exactly what I got. And that there have been thousands more to follow.

Some of the experiences I've had in sobriety have been of biblical proportion from my perspective. I believe that I am the same as someone who was blind and then given her sight after having my obsession to drink and drug removed. The way my higher power has carved paths for me where I could not see a way seems the same to me as mountains being moved or seas parted. And I get the honor of seeing miracles happening all around me in the lives of my fellow AA's, as well.

Even though I fully understand that I only have today, celebrating ten years of continuous sobriety is a wonderful gift straight from the cosmos. I do not want to know who I would be without AA, and I try my best not to take this wonderful new way of life for granted.

-TS



COMMUNITY NEWS

The AA Hotline and Intergroup received 14 calls in March

We have a service position available:

- Alternate treasurer

Even more *gratitude* to Brian F. for finishing the Inventory chore. He made it really easy for a short person to get to the pamphlets.

Most of our HUGE order has arrived from AAWS. Living Sober is out of stock there but they will send it as soon as it is in.

Our prices have not increased YET! You can be sure to see price increases later this year. Intergroup is not immune to the economy.

PLEASE be sure your group treasurer includes your group name on Checks, PayPal or Venmo donations to Intergroup so we can give your group credit. An email or mailing address makes it possible for us to send your receipt/thank you note.

In Love and Service,

AO

gainesville.intergroup@gmail.com



Tradition 5

The Steps are HOW IT WORKS.
The Traditions are WHY IT WORKS.

"Each group has but one primary purpose— to carry its message to the alcoholic who still suffers."

Tradition 5 Checklist

1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
5. Do I let fear get in my way by not addressing issues in my home group when members are disrupting meetings and getting in the way of our group carrying the message to the still suffering alcoholic?
6. Do I help my group in every way I can to fulfill our primary purpose?
7. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?



I am responsible.
When anyone, anywhere,
reaches out for help, I want
the hand of AA always to be there.
And for that: **I am responsible.**

HEARD IN A MEETING:

"The disease is cunning, baffling and powerful. But so are the steps."

APRIL BIRTHDAYS

Downtown Group

GN - 22 years

BF - 4 years

YPG

TS - 2 years

TS - 10 years

Tuesday Night Step Study

JH - 1 year

MR - 2 years

Gratitude Group

DG - 25 years

The Way Out Group, High Springs

PD - 33 years (March)

4th Dimension

LR - 1 year

CC - 24 years

FR - 33 years

AB - 37 years

10th and 11th Step Group

JC - 22 years

TE - 10 years

Hampton Hole in the Wall

DB - 1 year

Starke Happy Hour Group

TS - 19 years

Sisters in Sobriety

RT - 11 years

HA - 14 years

PC - 18 years

JP - 36 years

Everything or Nothing

T - 1 year

New Freedom

PW - 14 years

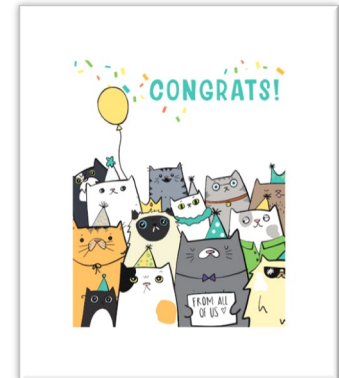
RM - 5 years.

Eye Opener

WH - 2 years

BF - 4 years

EP - 12 years



*May Birthdays?
Send them by May 12th to
POST@AAGainesville.org*

SPONSOR



*AA is NOT
a cult...
Because in
a cult
people do
what they
are told.*

7th Tradition Addresses

North Central Florida Intergroup

2632 NW 43rd Street, Suite 1182

Gainesville FL 32606-7551

(Checks payable to: NCFI)

District 14

PO Box 357254

Gainesville, FL 32635-7254

(Checks payable to District 14)



North Florida Area Assembly

PO Box 6301

Jacksonville, FL 32205

(Checks payable to NFAC)

General Service Office

PO Box 2407

James A. Farley Station

NY, NY 10116

(Checks payable to GSO)

Step 5 *“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”*

Why must I share my moral inventory with another human being? I certainly thought it was a little extreme, and very intimidating. It had been a very long time since I was honest - let alone “completely honest”. But by the time I arrived to the step, I had a trusting relationship with my sponsor. She promised me that it would be okay. It was fear that was the reason that I didn’t want to do this step - plain and simple. I was afraid that if I told the secrets I’ve held for so long that my sponsor would ask me to leave and never return. And I believed at the time that I deserved that. But trust is a two-way street. I had to trust her, as she trusted me. Trust. Honesty. These were things that hadn’t been part of my life for a long time. I prayed for the willingness to be willing.

So one afternoon we sat down in the safety of her living room and I trusted this Higher Power I had been working on believing in that this was in fact the next right thing to do. And after what seemed like a very long time it was over! And my sponsor had not asked me to leave - actually she shared some of her dark times with me, and would nod and say “Me, too”. So I think of this step as the “Me, too” step. For me, not only was it amazing to have the burden of these secrets out, but more importantly it was a bonding experience between me and my sponsor. It was maybe a year later that I realized the bigger impact of being willing to do a 4th and 5th step - the part of the promises that states “No matter how far down the scale we have gone, we will see how our experience can benefit others” started to work in my life.

For me at least, when I shared those secrets that kept me sick with my sponsor, and she didn’t shun me, it gave me courage to be more open and honest with other women sick and suffering with this disease. They didn’t shun me either. And so the “Me, too” step started the healing process for me, and perhaps helped others relate to my journey in recovery. -Anonymous



Listen to Grapevine's New Weekly PODCAST!

AA Grapevine's half-hour variety podcast features...

- powerful interviews with AA members on getting sober, meetings, service, Steps, sponsorship and more!
- current information about AA and AA Grapevine
- jokes, fun AA banter and surprise guests!

Each week, longtime AA members Don and Sam will interview sober alcoholics, writers of current Grapevine stories, general service reps and more about their experience, strength and hope in a casual “meeting after the meeting” manner. A new episode will be available in English each Monday at 9:00 a.m. EST.

To listen to new or past episodes, visit: www.aagrapevine.org/podcast (or wherever you get your podcasts)

Follow us on Instagram!
[@alcoholicsanonymous_gv](https://www.instagram.com/alcoholicsanonymous_gv)

- See the new magazine issues on release
- Learn about new and existing Grapevine books
- See clips from our YouTube Channel
- Get inspiration from our cofounders and more!

To order this item or any other product from our collection, visit us at www.aagrapevine.org and click on store or call (800) 631-6025 US/Canada (847) 559-7237 International or fax us at (847) 564-9453.

Fifth Step Prayer

Higher Power,

My inventory has shown me who I am,

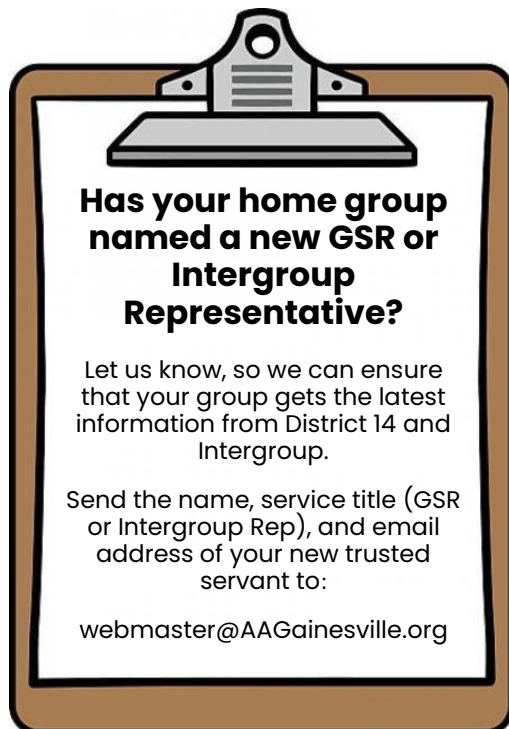
Yet I ask for Your help

In admitting my wrongs to another person & to You.

Assure me, & be with me, in this Step,

For without this Step I cannot progress in my recovery.

With Your help, I can do this.



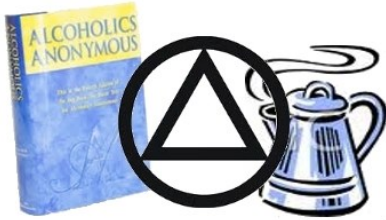
SUGGESTED FUTURE TOPICS

“Live and Let Live”
June

“First Things First”
July

GET PUBLISHED!

Entry deadline is the
12th of each month
Send your topic articles, op-eds,
opinions or cartoons to:
POST@AAGainesville.com



North Central Florida Intergroup

Our office is located at:

Land Title Plaza

2632 NW 43rd Street
Building 1000, around back at suite 1182
Gainesville, FL 32606-7551
Telephone: 352-372-8091

Office hours:

Monday - Wednesday: 2:00 - 5:00 pm
Thursday - Friday: 12:00 - 6:00 pm
Saturday: 11:00 am - 3:00 pm
Sunday: Closed



POST Submissions

Send articles and anniversaries to Post@AAGainesville.org or mail them to the NCFI office no later than the 12th of each month.

Activities Submissions

Send information for all activities in the AA community to Activities@AAGainesville.org. If you want them to be announced in the POST, they must be submitted by no later than the 12th of the month.

Intergroup

Questions about AA in North Central Florida or to order large quantities of literature please contact gainesville.intergroup@gmail.com with requests.

Check out our website at
www.AAGainesville.org

Our next Intergroup meeting
will be held on the last
Sunday of the month:
May 28th @ 1:00



Intergroup Chairperson's Corner

Hello everyone,

I hope sobriety finds you all well. The remaining spots for service at Intergroup are going quickly. Come on by and stand for one of our available positions before they're taken up. The office could also use some volunteer help at our office. Contact the Intergroup office for more details or come on by the last Sunday of the month at 1 pm at our Triangle Club. We look forward to seeing you there!!

Yours in service,

MC

(352) 682-6728

March Contributions

Gratitude Group	\$306.08 (Jan)
Lawtey Primary Purpose	\$5.00
Tuesday Night Step Study	\$75.00
SOS Women's Group	\$75.00
Individuals, Faithfuls	\$1098.30

Total: \$1559.38

Thank you for helping Intergroup to carry the message!

Contributions can be made by cash, check, Paypal, Venmo (no fee), even up your change when you make a purchase at Intergroup, or even drop off your piggy bank.

Being a Faithful is probably the most painless. Just make it an automatic monthly payment from your PayPal, Venmo or bank account. We appreciate every cent!

North Central Florida Intergroup Treasurer's Report, March 2023

	Current	Y.T.D.		Current	Y.T.D.
Sales	\$1,484.40	\$5,332.60	Committee Expenses	\$0.00	\$0.00
Sales Tax Collected	\$111.16	\$388.68			
Card Convenience Fees	\$8.00	\$22.00			
Activities Revenues	\$0.00	\$0.00			
 Total Revenues	 \$1,603.56	 \$5,743.28	Activity Expenses	\$0.00	\$0.00
 Contributions			Purchases	\$3,408.88	\$4,065.48
Faithful Fivers	\$89.00	\$357.00			
Group Donations	\$386.08	\$2,416.66			
Other Dention	\$1,087.30	\$1,117.98			
Total Donations	\$1,562.38	\$3,891.64			
 Interest	 \$36.54	 \$70.16			
 Overhead Expenses			Total Deposits	\$3,165.94	
Intergroup Monthly meeting	\$20.00	\$60.00	Total Combined Expenses	\$5,879.51	
Internet	\$77.22	\$231.61			
Office Expenses	\$18.00	\$108.75	Gain/Loss	-\$2,713.57	
Rent	\$150.00	\$530.00			
Office Manager Salary	\$1,348.66	\$3,000.00	Checking, End of Month	\$2,530.59	
Paypal and Square Fees	\$19.38	\$57.35	Business Shares	\$11,996.13	
Payroll Taxes	\$229.50	\$229.50	Certificate of Deposit	\$8,961.32	
Postage	\$39.63	\$136.69			
Printing POST	\$125.96	\$380.56			
Printing Other	\$25.00	\$687.60			
State Sales Tax	\$157.79	\$346.96			
Telephone	\$198.24	\$593.46			
Other Expenses	\$61.25	\$101.65			
Total Overhead Expenses	\$2,470.63	\$6,464.13			



“
Alone we can
do so little;
together we
can do so
much

— Helen Keller

*What if you woke up today with only the things you
thanked God for yesterday?*

NORTH CENTRAL FLORIDA INTERGROUP MONTHLY MEETING MINUTES

DATE OF MEETING: MARCH 26, 2023

Open the meeting with a moment of silence and the Serenity Prayer – MC, Chair

WELCOME! To New IG Reps – MC: MG - Free to Be (Alternate); N - Online Eyeopener

Chair Report – MC: If you are on a committee, you need to make sure that you are showing up to your committee meetings.

Alt Chair Report - B: Reported that he will be stepping down, but has asked someone to take his place.

Inventory at the IG office is almost done.

Last month's minutes – KM, Secretary; JG, Alt Secretary: February meeting minutes read, W. Motion to accept, M second. Minutes accepted.

Treasurer Report – MR, Treasurer: March report was read. A large purchase of literature was made to stock up before the prices increase in April. The preferred method of payment is Venmo as they do not charge a fee to the IG or the customer. MG motioned to accept report as read, Weed second. Treasurer's report accepted.

Phone Committee – SS: Not present. Updates were relayed by IG Chair MC, via text. Current openings are Monday 7am-10am; Tuesday 7am-10am; and Friday 7pm-10pm.

P.O.S.T. – TS: Previous person interested in standing for the Alt Post does not have the software program needed to take the position. Terina is looking to step down after 3 years.

Office Manager - AO: There are several outdated pamphlets available. Placed a large order for literature (~\$4000). Literature prices are going up 20% and the IG office will be increasing in the coming month or two

Website – NL, Webmaster; TC, Alt Webmaster: NL not present. TC reports there were some minor changes to meetings and those have been updated.

DCM Report – EC: Not present

Old Business: None

New Business:

*AB. Stood for Alt IG chair. He has 37 years of sobriety, his home group is Triple A. Unanimously voted in.

*MC. Stood for phone committee chair. She has 2 years of sobriety, her home group is Everything or Nothing and she has been working the phone lines for a little over a year. Unanimously voted in. Someone said that they would call Sue S (outgoing Phone Coordinator) to personally thank her for her service.

*MG stood for Alt POST, she has 7 years of sobriety, her home group is Free To Be. She has experience with making newsletters and with that type of software. Unanimously voted in.

*An alternate treasurer is needed. MR states that he is not immortal and in the spirit of rotation, it would be good to have an alternate.

*AO requested a motion to donate \$200 from IG to the Founder's Day dinner. Mark made the motion, D Second. Voted and passed.

*S made a motion to close. GH second. Meeting adjourned

Other Notes:

Close Meeting with Responsibility Declaration

District 14 Meeting - March 8, 2023

We had a Big Book Quotes contest. The prize was a copy of the new book "Fun in Sobriety". Raffle won by DG. Last month's minutes were approved.

Treasurer's report: Current balance is \$15,281.35. The fiscal year ends in March. The new budget will be submitted for approval next month. It has been suggested that the Literature committee and Archives may need more due to price increase for literature.

DCM report: The pre-conference workshop cookout is April 9th in Lake City. A planning committee has been formed with M and A. Area 14 had a Zoom workshop. J and E participated. She was asked how many groups we have in our district. There are currently 81 meetings in D14, the most in any Florida district. A, a past delegate, mentioned that district 14 is well known for being very active in service.

Tradition of the month: Tradition 3 was read from the Grapevine traditions checklist. Concept 3 was read from the pamphlet "Right of Decision".

Committee reports

Accessibilities: S handed out a sheet on what the Accessibilities Committee in AA is and it's relationship with the Third Tradition. She has an accessibility checklist for distribution to the groups and encourages people to walk through their meeting space and look for possible issues.

Archives: R reports on the first planning meeting for Founders' Day. The committee needs more volunteers. The date has been set for June 10 at Trinity United Methodist Church. The next planning meeting is on the 21st of March.

Corrections: Alachua County jail and Lancaster Correctional are the only places open to outside meetings. People taking the meeting into Lancaster Correctional need help. There are only 2 men going there. Lancaster wants a meeting for the work camp. We can't do it until we get more people. The last Committee meeting had 9 people. One member came from Keystone. He has set up a meeting at Starke. N contacted N, the Area Corrections Coordinator, about the duties of Corrections Committee Chair. He has asked her to help put on a workshop. He also asked the Alachua County Jail contact person to participate in a workshop.

Literature: Prices from AA world service will go up 20% on books, 30% on pamphlets in April. Intergroup will have to raise prices to match. Groups are encouraged to get their literature now. The Committee meets the first Monday of the month at the Triangle Club.

CPC/PI: S has a list of places to drop literature and has put together packets. North Florida Psychiatry has asked for 8. The last meeting had no attendees.

Grapevine: B has printed up more scripts for group grapevine reps. She is going to update and maintain a District 14 Grapevine Rep list. She wants to participate with the Founders' Day committee to solicit subscriptions from attendees.

Treatment: Chair not present.

Website: TC updated the PayPal link for District 14. He asks committees to check the listed meeting info for correctness.

Intergroup: B stepped down as alternate Intergroup Chair. A replacement is in the works. Two phone slots are open: Tuesday 7:00 AM-7:00 PM and Friday 7:00 PM – 10:00 PM.

Old Business

We need an Alternate DCM. There is a 3-year sobriety requirement, as well as past GSR experience.

New Business

S wants to propose that Accessibilities, Treatment and Corrections Committees hold a workshop on May 20th, which is World Accessibilities Day. More information to come next meeting.

DISTRICT 14

Treasurer Report April 2023 Meeting

Report on March Financial Activity Fiscal Year April 2022-March 2023

	Amount	Year to Date
Opening Bank Balance	\$ 15,281.35	
Group and Individual Contributions	\$ 551.40	\$ 5,007.32
Committee Expenses	\$ (161.25)	\$ (2,729.40)
D14 Expenses (includes rent/PO Box/sponsored events/website)	\$ (127.00)	\$ (4,061.90)
Paypal Fees	\$ (5.96)	
Earned Interest	\$ 1.30	
Total Expenses	\$ (288.25)	\$ (6,791.30)
Closing Bank Balance	\$ 15,539.84	
Money Held in Reserve:		
Founders Day (677.50+3,336.00=4,013.50 less 2,850.00)	\$ 1,163.50	
Service Fair - Reserve for 2022	\$ 300.00	
Prudent Reserve	\$ 5,000.00	
Operating Cash (bank balance minus reserves)	\$ 9,076.34	

*Note - Please indicate Group Name & Number on Contributions

April 2022 - March 2023 Budget - March 2023 District & Committee Expenses

	February Spent	Year to Date Spent	Annual Budget	Remaining Budget Avail.
D14-Rent/PO Box	\$ (27.00)	\$ (547.77)	\$ 725.00	\$ 177.23
D14 Sponsored Events/Area	\$ (100.00)	\$ (2,843.68)	\$ 2,500.00	\$ (343.68)
Accessibilities		\$ -	\$ 200.00	\$ 200.00
Archives		\$ (557.85)	\$ 550.00	\$ (7.85)
Corrections		\$ (422.18)	\$ 1,600.00	\$ 1,177.82
CPC/PI	\$ (161.25)	\$ (161.25)	\$ 750.00	\$ 588.75
Grapevine		\$ (101.49)	\$ 200.00	\$ 98.51
Literature		\$ (371.28)	\$ 200.00	\$ (171.28)
Treatment		\$ (1,115.35)	\$ 1,500.00	\$ 384.65
Website		\$ (670.45)	\$ 750.00	\$ 79.55
Total	\$ (288.25)	\$ (6,791.30)	\$ 8,975.00	\$ 2,183.70

Breakdown of Month Expenses

District 14 - Meeting room	WPC (meeting room)	\$ (27.00)
D14 -- General Expense		
Intergroup	CPC/PI committee	\$ (161.25)
D14 Area	Pavilion rental	\$ (100.00)
Total Expenditures		\$ (288.25)

D14 Service Committees

Name	When	Where
Archives	6:30 PM 1 st Tuesday of every month	Triangle Club 1005 SE 4th Ave
Corrections	6:00 PM 3 rd Tuesday of every month	Triangle Club 1005 SE 4th Ave
District 14	6:30 PM 2 nd Wednesday of every month	Westminster Presbyterian Church 1521 NW 34th St
Grapevine	6:30 PM 3 rd Monday of every month	Triangle Club 1005 SE 4th Ave
Intergroup	1:00 PM Last Sunday of every month	Triangle Club 1005 SE 4th Ave
Treatment	5:45 PM Last Thursday of every month	Triangle Club 1005 SE 4th Ave
Accessibilities	6:00 PM 3rd Thursday of every month	Triangle Club 1005 SE 4th Ave



DCM'S CORNER

Hello to my friends in recovery! Our district is really on fire for service, and we have a lot of fun events going on! The Area Assembly is being held on April 14-16, 2023, in Howey-in-the-Hills. Our delegate, Mary, will be getting a sense from us of how we want our voice to be heard in New York at the Conference. (One motion, for example, is to write a new edition of the Twelve Steps and Twelve Traditions, changing some of the language. That is why having a GSR in your group is so very important!)

The Accessibilities, Treatment and Corrections committees will be having a workshop on World Accessibilities Day, May 20th at the Triangle Club at 10:00 a.m. You won't want to miss this!

Founder's Day is being planned and will be held on June 10th at Trinity United Methodist Church. Volunteers are needed. Please attend the monthly Archives meeting at 6:30 p.m. on the first Tuesday of every month at the Triangle Club.

Does your group have a Grapevine Rep yet? Please consider having someone fill this important position and attending the Grapevine meetings at the Triangle Club. See aagainesville.org for Monthly meeting information.

Unfortunately, due to new IRS regulations, we have had to close our PayPal and Venmo accounts. Therefore, contributions must be made by check or money order only and mailed to: North Florida District 14, 4111 NW 16th Blvd., P.O. Box 357254, Gainesville, FL 32605-9998.

Lastly, we are still in need of an Alternate DCM. There is a 3-year sobriety suggestion and previous experience as a GSR. If you are being called for service, we really need you!

In loving service,

EC., DCM for District 14



become a
Faithful Fiver

Faithful Fivers are AA members who graciously choose to contribute five dollars each month to support the Intergroup Office in its efforts to carry the AA message of hope & recovery to those alcoholics who still suffer, in the North Central Florida Intergroup Area. As a Faithful Fiver, your personal contribution will help to carry the message of Alcoholics Anonymous.

"The Faithful Fiver idea came about when we remembered that we wasted much more than \$5 each month during our drinking careers."

Payment Options: Checks, payable to NCFI, Cash, or Credit Card (min charge \$25 fee waived)

Email any questions to: Gainesville.Intergroup@gmail.com



Intergroup now accepts PayPal & Venmo for Groups, Individuals and Faithful 10er's and 5er's

Send donations to gainesville.intergroup@gmail.com

Under notes: Please include Group name, Anonymous Individual or Faithful 5'er or 10'er
Intergroup wishes to thank all who continue to contribute to help the still sick and suffering

IT'S A BEAUTIFUL DAY TO BE SOBER

EVENT FLYERS

Be sure to submit flyers to promote your AA events on the Intergroup website! Must be in JPEG format and received at least one month in advance. Send to webmaster@aagainesville.org



Memorial Day @ the Club

Speaker : Pauli G. @ 12:30 pm

Lunch @ 1:45 pm

Hamburgers and Hot-Dogs on the Menu

Please bring a side-dish or dessert to share.

For more info please call the Triangle Club 352-373-9236

Sponsored by
Eye-Opener, New Life and Gratitude Groups



Big Book, 12 & 12; Fun in Sobriety

Saturday mornings at 9:00



Abiding Savior Lutheran Church
(First building on your right)
9700 West Newberry Road



Tickets \$5 in advance-\$10 at the door (if available)
Please bring a covered side dish or dessert

- | | |
|-----------|--------------------|
| 4:00 p.m. | Coffee Social |
| 5:00 p.m. | Dinner |
| 6:15 p.m. | Sobriety Countdown |
| 6:30 p.m. | Skit |
| 7:00 p.m. | Break |
| 7:30 p.m. | Speaker Meeting |
| 8:35 p.m. | 50/50 Drawing |

JUNE 10TH 2023 | 4:00 to 8:30 p.m.
Trinity United Methodist Church
4000 NW 53rd Avenue Gainesville, FL



5th Annual Women's AA Retreat

"Reconnecting"
Luther Springs

Friday 6/23 5pm - Sunday 6/25 12pm

contact: alicyaden@cox.net



WOMEN'S AA RETREAT RETURNS!

Reconnecting is the theme of the 5th Annual Women's AA Retreat at Luther Springs to be held June 23 – 25, 2023. The retreat and conference center is nestled into the lovely countryside around Lake Vause and is close to the towns of Orange Springs and Hawthorne. AA women will find the setting ideal to reconnect spiritually and socially.

Historically, this annual spring event was attended by about 30 women, mostly from within District 14. Unfortunately, the global pandemic shut down the event for the past three years. This year's retreat promises to recharge even more participants, because Luther Springs added a large meeting facility.

When not attending meetings or workshops, the not-glum lot will be swimming in a sparkling pool, hiking, biking or canoeing/kayaking. Napping, journaling and meditating are popular options, too.

Registration opens with the publication of the May issue of the P.O.S.T. and will be first come-first serve. Download the flyer and registration form on www.aagainesville.org/events/. Rates for single or double hotel rooms; or group cabins are extremely reasonable, and a scholarship application is available. ALL plans include a weekend of scrumptious meals (with dietary options) prepared by the camp staff.

For more information, please contact Alicia R. at 619.997.9981.

**NEW AA
CANDLE LIGHT MEETING
WEDNESDAY'S
7PM
TRIANGLE CLUB
1005 NE 4th Avenue
352-373-9236**