

My Alcoholism Story



My alcoholism story is a tale of addiction. I picked up my first drink at 14. It was at my dad's annual Christmas party. It was rum punch, and it tasted awful. I had another glass, and it still tasted terrible. But I started to feel warm and comfortable. So I figured that the benefits outweighed the consequences. Fast forward 2 hours (yes, only two hours), and I'm throwing up on my dad's shoes outside of the party. Instead of being angry that I had been drinking, he was just as drunk and laughed. We sneaked past my mom (the serious one), and he put me to bed. I don't remember much else. I don't know what happened that night.

Something inside me went off. In between the time of picking up that drink and vomiting the anxiety inside started to disappear. I was able to talk to people. I felt confident. Whatever made alcohol do this to me, I liked it. And I was going to get that feeling no matter the consequences. Between 14 and 22, I made a lot of those promises to myself. My alcoholism picked up, and while I was able to maintain good grades and do well in sports, my thoughts were spent counting down the minutes until I could drink again.

When I say drink, I mean blackout. I never understood how someone could have one glass of wine, or leave half a beer at the bar and didn't feel like drinking anymore. I was that person that had to have a bottle of wine, and the person at the party that finished off the beers people had left behind. Across the alcohol and drug abuse statistics and tales of addiction, this feature is common. I knew I had a problem.

My friends left me, but alcohol was always there for me. However, it wasn't fun anymore. I started shaking if I didn't drink in the morning. Soon enough, I hid alcohol around the house. I went from an independent student to a college dropout living at their parent's home, contemplating suicide daily. When I finally told my friends and family I needed help, I felt like the scum of the earth, and I was hopeless and didn't have anywhere else to turn.

I went to treatment in 2012 and found out that I was not alone. Many people were just like me. Alcohol had a grip on them too. My way of thinking was the problem. Looking at my past behavior, I could see that I had been using alcohol to avoid my

questions. I learned that I could change my thoughts and recognize what's real and what's not. And I could do this sober!

For so long, I used alcohol to escape from reality. A lot of people do. I started to attend Alcoholics Anonymous and listened to alcoholic stories that were just like mine. They had different experiences, but they shared the same feelings. I didn't feel so alone. They took me under their wing and shared how they were able to get and stay sober. They didn't want anything in return and they helped me because someone helped them. My family started talking to me again. I was able to get and keep a job, have a car, and a life of my own.

After a year, I tried to drink again. I figured I knew enough where I would be able to stop. I spent four days locked in my room drinking. By the time I was done, I was miserable and worse than I was when I went to treatment. I still had the material things in my life, but I felt like my soul was gone. My friends picked me back up. They loved me even though I was back to feeling like scum.

I faced the fact that I cannot drink like other people. And even though my emotions were all over the place, I didn't run away. I was honest with my friends. I thought the secrets I kept were going to drive them away but it didn't. They came closer to me and told me that I was going to be okay. They said to me that everything happens for a reason and to trust the process.

At almost four years sober, I look back and feel lucky that I am an alcoholic. I knew something never fit like I was the 5th corner piece of a puzzle. I thought no one would ever understand how I felt. Now I have a whole alcohol support group who knows me and who loves me. They show up when I need them. I can be myself around them. Most importantly, they understand me. They have felt the same way. We can help each other out with our struggles and hold each other up.

Finally, I hope that my cautionary alcoholism story will help you see the bigger picture. I would have never found this solution if I didn't become an alcoholic. Today I truly believe that my struggles can be used to help other people, and that is what I strive to do every day.

Community News

The AA Hotline and Intergroup received 36 calls in September.

We are again seeking a phone committee coordinator. The individual standing for this position must have a minimum of one year continuous sobriety, have strong communication skills and have working knowledge of using an Excel spreadsheet. M just updated the hotline schedule. Thank you, S, for your willingness to cover the position until it's filled.

Please consider standing for a position at Intergroup. We will be holding elections in October for the Alternate Chairperson, Alternate Phone Committee Chair and Alternate Webmaster.

The Intergroup Office can always use more help. Volunteers need a minimum of two year's sobriety. They work a minimum of one shift (3 hours) per month on the Intergroup schedule. Meet new people and be of service. Email me if interested (gainesville.intergroup@gmail.com).

Planning for the Gratitude dinner is in full swing. Tickets are \$10 donation, available at the Intergroup office and from some members. There is a ton of service to do to prepare for the dinner. Join us on Tuesdays at 7pm at the Triangle Club to see how you can join in the fun. All proceeds go to support Intergroup's efforts to carry the message of AA.

In Grateful Service,

AO (gainesville.intergroup@gmail.com)



“Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.”

Why is step 11 important for recovery? As members accept the "serenity" principle that "Nothing, absolutely nothing happens in God's world by mistake," there is an acknowledgment of a higher power and the belief that there is a plan for their lives. Through prayer and meditation, members can attempt to raise their consciousness of that power and draw on it to continue their personal journey of recovery.

Even if you're an atheist, you can pray or meditate by being still, quiet, stopping, reflecting, and listening to your thoughts. You can plan your day in an orderly way. Ask yourself or a higher power for the right answers to get you through the day.

Step 11 helps guide members in moments of confusion or unbalance, teaching them to stop and ask themselves or their higher power for the right way to proceed. For many, this exercise is self-reflection; for others, it is asking God for guidance.

Like every part of a 12-step program, step 11 requires commitment to the journey toward lasting recovery. Step 11 can help you develop a plan that will support you in staying on the path to recovery. It is also important preparation for step 12, which focuses on using what you have learned to be of service to others.

OCTOBER BIRTHDAYS

4th Dimension

DC - 3 yrs
MC - 15 yrs
RB - 35 yrs

10th and 11th Step group

MC - 5 yrs
KT - 2 yrs

By the Book

RC - 16 yrs
IW - 7 yrs

Everything or Nothing

AS - 16 yrs

Eye Opener Group

BM - 12 yrs
DT - 1 yr
PS - 21 yrs

Free to Be

PM - 35 yrs
LF - 1 yr
MB - 1 yr
TS - 16 yrs

Gratitude Group

DT - 1 yr
M - 11 yrs
SGW - 21 yrs
DO - 46 yrs
C - 13 yrs
GH - 2 yrs

Hampton Hole in the Wall

RMc - 37 yrs
CW - 28 yrs

Jonesville AA Group

MD - 29 yrs
JE - 12 yrs
MV - 18 yrs

New Freedom

RB - 35 yrs
C - 5 yrs
SD - 5 yrs
B - 3 yrs
J - 42 yrs
G - 33 yrs

Sisters in Sobriety

MEC - 30 yrs
TT - 10 yrs

Starke Happy Hour Group

CS - 1 yr
KK - 42 yrs

Tuesday Night Step Study

DO - 12 yrs

The Way Out Group, High Springs

GR - 46 yrs
MP - 28 yrs
TS - 17 yrs

Wholesale Miracle Group

EM - 2 yrs
CH - 22 yrs

Women's Step Study

PM - 35 yrs



November Birthdays?
Send them by Nov. 12th to:
POST@AAGainesville.org



7th Tradition Addresses

North Central Florida Intergroup

2632 NW 43rd Street, Suite 1182
Gainesville FL 32606-7551
(Checks payable to: NCFI)

North Florida District 14

4111 NW 16th Blvd
PO Box 357254
Gainesville, FL 32605-9998
(Checks payable to North Florida District 14)



North Florida Area Assembly

PO Box 6301
Jacksonville, FL 32205
(Checks payable to NFAC)

General Service Office

PO Box 2407
James A. Farley Station
NY, NY 10116
(Checks payable to GSO)



Long Form: Our relations with the general public should be characterized by personal anonymity. We think A.A. ought to avoid sensational advertising, our names and pictures as A.A. members ought not be broadcast, filmed, or publicly printed. Our public relations should be guided by the principle of attraction rather than promotion. There is never a need to praise ourselves. We feel it is better to let our friends recommend us.

There are basically two parts to this Tradition. My growth in recovery today involves both parts, attraction and the humility not to exploit my sobriety.

This is probably one of the most important and controversial Traditions that affects just about every member of Alcoholics Anonymous in today's society. I have always believed that the 12 Steps of Recovery deflated my ego and saved me from returning to the pain and suffering from alcoholism; but our second A.A. Legacy-Unity, and the practice of the 12 Traditions have saved our society and Alcoholics Anonymous from an ominous antagonist-me.

When our Co-Founder Bill W. wrote the A.A. Traditions, he "spoon fed" each Tradition to our Fellowship through the A.A. Grapevine, and he based each of his writings of shared experience in the order in which they happened. Before this Tradition was cast in stone, the first insight was that our membership would increase. Some of our early members (including Bill W.) went on radio and to the press and then allied their businesses and A.A. with advertising.

In 1940 a Major League Baseball player who played for the Cleveland Indians revealed his A.A. membership to the Cleveland Plain Dealer, he became the first A.A. member to break their anonymity on a national level. He believed he could help A.A. and discussed his sobriety openly, even the founders of A.A. had approved his actions simply because they had not yet experienced the costs of such publicity. However, the Baseball players anonymity break was one of the first developments to raise questions and concerns about anonymity in our fellowship.

Then other members decided to break their anonymity in the media, some motivated by good will, others by personal gain. Some members devised schemes to tie their A.A. affiliations, with all sorts of business enterprises- insurance sales, drying - out farms, even a temperance magazine, to name a few. To these early members the "elephant in the room" had returned, our egos, and it nearly destroyed their lives but Alcoholics Anonymous as well. Personal Anonymity breaks in our public and on social media today not only may discourage timid prospects, they may threaten the anonymity-breakers' own sobriety as well.

Today our General Service Office cautions A.A. members to refrain from posting photographs and members names on social media and the internet, Some A.A. members unwittingly post photos at A.A. events and picnics. When I served as the Public Information Chair for the Board of the Akron intergroup Office, I would make sure our Public Information Desk at the General Service Office sent a letter to the editors of the Akron Beacon Journal just prior to our annual Founder's Day celebration which is held each year in June. The Founder's Day weekend is on the Front page of that newspaper usually on Friday and Saturday (each 2nd week of June) and all photos of the event are anonymity protected.

In my own experience with this Tradition, my former Employer had a brother who was three years sober in A.A. and by witnessing his recovery, he suggested I should attend A.A. to overcome my drinking problem. He said his brother was a hopeless alcoholic and he straightened out his life as a result of going to A.A. meetings. My employer and I were very close at the time and I knew he would not steer me in the wrong direction. In April, 1990 I was very skeptical of any advice given to me. I would not take any advice from anyone because I thought I knew all the answers about any subject you brought to the table. That eventful day that I spoke with that employer I called the Ft. Myers (FL) Intergroup Office, was 12th Stepped that afternoon, went to my first A.A. meeting that evening, and I have been Sober ever since.

Many A.A. members today tell their employers, friends at work, neighbors, doctors or spiritual advisors that we are in A.A.- and when we do so, we are not breaking our anonymity. One of the greatest attractions to A.A. that we offer today (besides word of mouth) to those who would be attracted to our program of recovery is our literature which includes the Big Book of Alcoholics Anonymous and our Open A.A. meetings, In-Person or on Zoom. Occasionally we have nursing students and guests from local Treatment facilities attend open A.A. Meetings.

In closing, Alcoholics Anonymous is not anonymous, but its members should be.

Love and Service,

DF, Secretary, District 2, Area 14 North Florida General Service



North Central Florida INTERGROUP

Located in the:

Land Title Plaza

2632 NW 43rd Street
Building 1000, around back at suite 1182
Gainesville, FL 32606-7551
Telephone: 352-372-8091

Office Hours:

Monday - Wednesday: 2:00 - 5:00 pm
Thursday - Friday: 12:00 - 6:00 pm
Saturday: 11:00 am - 3:00 pm

*Our next Intergroup meeting
will be held on the last
Sunday of the month:
November 26 @ 1:00*

POST Submissions

Send articles and anniversaries to post@AAGainesville.org or mail them to the NCFI office no later than the 12th of each month.

Activities Submissions

Send information for all activities in the AA community to webmaster@AAGainesville.org. If you want them to be announced in the POST, they must be submitted to post@AAGainesville.org by no later than the 12th of the month.

Intergroup

Questions about AA in North Central Florida or to order large quantities of literature please contact gainesville.intergroup@gmail.com with requests.

Check out our website at
www.AAGainesville.org

Intergroup Chairperson's Corner

Hello everyone,

I hope sobriety finds you all well. By the time this P.O.S.T is posted, our annual Gratitude Dinner will be just around the corner (Nov 18). We hope to see you all there. There are a few service positions that will need some much appreciated assistance. Come by our next planning meeting, which by the time you read this, should be Nov 7th at 7pm in the Main Room at our local Triangle Club. Good fun with good friends. Come on by!!

Yours in service,

MC (campbellmatthew0723@gmail.com)

September Contributions

Downtown Group	\$40.00
Free Thinkers	\$75.00
Free to Be	\$195.00
Free Thinkers	\$75.00
Gratitude Group	\$400.00
Language of the Heart	\$113.00
Mission of the Dirt Road	\$70.00
New Beginning	\$70.00
New Freedom	\$1124.71
Women's Big Book Study	\$72.00
Faithfuls/Individuals	\$74.00

Thank you for helping Intergroup to carry the message!

**Consider becoming a Faithful 5er, 10er, or more by making
an automatic monthly contribution from your PayPal,
Venmo or bank account .**

North Central Florida Intergroup Treasurer's Report—September 2023



	Current	Y.T.D.		Current	Y.T.D.
Sales	\$1,373.32	\$12,110.53	Committee Expenses	\$0.00	\$0.00
Sales Tax Collected	\$94.98	\$849.50			
Card Convenience Fees	\$12.00	\$60.50			
Activities Revenues	\$0.00	\$254.64			
Total Revenues	\$1,480.30	\$13,275.17	Activity Expenses	\$0.00	\$200.00
Contributions			Purchases	\$2,809.58	\$10,646.21
Faithful Fivers	\$79.00	\$812.00			
Group Donations	\$1,096.58	\$6,459.64			
Other Dontion	\$311.90	\$1,708.52			
Total Donations	\$1,487.48	\$8,980.16			
Interest	\$42.82	\$263.72	Total Deposits	\$2,967.78	
Overhead Expenses			Total Combined Expenses	\$4,921.02	
Intergroup Monthly meeting	\$20.00	\$160.00			
Internet	\$77.22	\$617.71	Gain/Loss	-\$1,953.24	
Office Expenses	\$60.31	\$396.12			
Rent	\$275.00	\$1,775.00	Checking, End of Month	\$1,419.21	
Office Manager Salary	\$825.67	\$7,651.34	Business Shares	\$8,997.63	
Paypal and Square Fees	\$12.92	\$135.51	Certificate of Deposit	\$9,154.88	
Payroll Taxes	\$0.00	\$459.00			
Postage	\$90.30	\$292.74			
Printing POST	\$117.25	\$987.58			
Printing Other	\$0.00	\$687.60			
State Sales Tax	\$78.19	\$812.03			
Telephone	\$419.46	\$1,803.34			
Other Expenses	\$135.12	\$251.17			
Total Overhead Expenses	\$2,111.44	\$16,229.14			

A grateful heart is
a magnet for miracles.





Open the meeting with a moment of silence and the Serenity Prayer – Matthew C, Chair

Chair Report – MC: positions open at IG - first gratitude dinner meeting and a few positions are left. Need a speaker. Next meeting is this Tuesday, September 26th at 7pm at the Triangle Club. You can mention IG stuff at other meetings, not just your home group. T asked about the Zoom Address being on aagainesville.org under the IG tab.

Alt Chair Report - AB: Spread the word about the IG meeting. Available on ZOOM!! Reiterate that the gratitude dinner committee still has spots open.

Secretary report–KM, Secretary; JG, Alt Secretary: T motion to accept, W second. Motion passed.

Treasurer Report – MR, Treasurer (not present): J motion to accept the treasurers report as posted in the POST. T second.

Phone Committee – M (not present): 845-901-8774 all shifts are covered. Alicia added that they are Looking for people to cover the 12th step calls.

P.O.S.T. - MG (not present): Make sure that home group reps email post@aagainesville.org to have birthdays included by the 12th of the month. Three articles needed monthly: Cover Page (600-700 words), Inside articles (on step and tradition—about 300-350 words). POST submissions should be send in Word (ideally) or pdf (although not preferred by the 12th of the month to: post@aagainesville.org

Office Manager - AO: gainesville.intergroup@gmail.com. Always in need of volunteers. Please email the office manager.

Website – TC, Webmaster; Alt Webmaster, still in need of an alternate: Do you have the skills? Do some service.

DCM Report – EMH; Alt DCM - S: MC mentioned that there are 90 meetings in the District and we are looking for a way to make it easier for us to attend each meeting, by encouraging the GSR to show up for the meeting. There is also talk about introducing LSR “local service reps” to create a division of the district so that there is more representation. District meetings are the second Wednesday of the month at 7pm at Westminster Church.

T asked about the contributions. The district needs donations to be submitted via check or money order due to Venmo and PayPal not being acceptable anymore. If we as home groups do not contribute, then AA will not exist. Cash donations are accepted and need to be brought to the District meeting and personally handed to the treasurer. Also, when writing checks or money order or submitting cash, please note in the memo the following information: What group is the donation from and to what is the donation being made (specific event, breakdown of percentages, etc) Money orders can be obtained at Wal-Mart or personal Bank.

Old Business: Gratitude Dinner committee meetings are every other Tuesday (next meeting is September 26th at 7pm at the Triangle Club

New Business: SGW - New life group hosting Thanksgiving dinner at 1:45pm after the meeting at 12:30pm. Andy - can we put the in the POST?

Other Notes: Close Meeting with Responsibility Declaration

Date of next meeting: Sunday, October 29, 2023





District 14 Meeting Minutes—9/13/2023

Call to order with Serenity Prayer; Introductions with sign in sheet; previous month's minutes approved

Treasurer's Report - DC – see attached; also addressed specifics of “District Events” categories of budget: a) pre-conference workshops and b) sending DCM to Area Assembly 4 times a year (\$3000.00)

DCM Report - EC – (1) Discussed specifics of “District Events” categories of budget: a) pre-conference workshops and sending DCM to Area Assembly 4 times a year (\$3000.00). (2) Next Area Assembly will be September 29-October 1st (Alt DCM will cover). (3) Southern States Assembly (SSAASA7): November 17-19 in Maitland, Florida www.ssaasa7.org. (4) Service Fair – October 21 at the Triangle Club from 10:00 a.m. to 1:00 p.m. (5) District Outreach - There are 84 groups in our District 14 and 67 of those are registered with the GSO. How can we make sure the needs of these groups are being met? Some options discussed were: (a) Form committee(s) headed by a LCM (Local Committee Member) to assist the DCM with outreach; (b) Split our group into 14A and 14B, finding another DCM to serve 14B. Further discussion tabled until next month.

Alternate DCM - SF – Traditions and Concepts of the month; Flyers distributed for Service Fair

Accessibilities – SS – She is looking for volunteers to bring meetings into UF Shands. Contact M (352) 437-3281; Coordinating with CPC/PI to prepare a “meeting packet” to include large-print resources

Archives - GN and RG – Working on display for Service Fair; updating Group Tree History; preparing AA Trivia Game for Interactive Part of Service Fair; let Robin know if you have updated your group history or completed one; continue to look for members with 30 years or more sobriety to interview.

Corrections - NO'H – Currently coordinating 28 meetings a month; contact person at Alachua County Jail is Takeevia; looking for donations of soft-covered Big Books and 12 and 12's; let home groups know that Corrections Committee needs volunteers for all facilities most urgently for Lake Butler and Lancaster; link for State Volunteer Applications can be accessed by visiting fdc.myflorida.com.

CPC/PI - R – working on updating Committee section on District Website; working on maintaining literature racks that are currently in our District.

Grapevine – BR – the Grapevine section of the District Website will be updated by the end of the month; she spoke about the Grapevine and La Vina apps; told us about the Photo Contest for Grapevine Calendar due on December 1, 2023. Photos should feature and reflect the joy of living, serenity, and other sobriety themes.

Literature – L (for J) – exploring ways to increase interest in joining the Literature Committee; if anyone needs pamphlets for their meeting, please contact J at jrussell6769@gmail.com.

Treatment - KN – They are no longer bringing meetings into FRC, it has been “phased out;” they have no one to coordinate meetings, still need help with meetings at Meridian, the 1st and 4th Wednesdays at both 7:00 p.m. or 1:00 p.m. option; everything is covered at META

Website – TC, - all committee chairs are asked to check the Website Committee descriptions/summary to make sure meeting times/dates are accurate or description needs updating. Contact TC at webmaster@aagainesville.org.

Intergroup - MC – looking for help with Gratitude dinner planning

Old Business - Continue to need a District 14 Secretary

New Business - SF, DCM, asked for \$300.00 from District Events category to cover prizes at the Service Fair. It was voted on and approved.

Meeting Closed with the **Responsibility Pledge**.



DISTRICT

14

Treasurer Report October 2023 Meeting

Report on September Financial Activity Fiscal Year April 2023-March 2024 (Beginning Fiscal Year Balance = \$15,539.84)

	Amount	Year to Date
Opening Bank Balance	\$ 14,122.67	
Group and Individual Contributions	\$ 1,577.14	
Committee Expenses	\$ (95.68)	\$ (2,302.13)
D14 Expenses (includes rent/PO Box/sponsored events/website)	\$ (313.58)	\$ (2,432.19)
Earned Interest	\$ 1.18	
Total Expenses	\$ (409.26)	\$ (4,734.32)
Closing Bank Balance	\$ 15,291.73	
One Month Difference in Bank Balance	\$ 1,169.06	
Money Held in Reserve:		
<i>Founders' Day Seed Money 2024</i>	\$ 1,536.50	
<i>Service Fair - Reserve for 2023</i>	\$ 600.00	(increase from \$300)
<i>Prudent Reserve</i>	\$ 5,000.00	
Operating Cash (bank balance minus reserves)	\$ 8,155.23	

*Note - Please indicate Group Name & Number on Contributions

September 2023 District & Committee Expenses

	Spent	Year to Date Spent	Annual Budget	Remaining Budget Avail.
D14-Rent/PO Box/POST	\$ (27.00)	\$ (610.64)	\$ 600.00	\$ (10.64)
D14 Sponsored Events/Area	\$ (286.58)	\$ (1,821.55)	\$ 2,700.00	\$ 878.45
Accessibilities	\$ -	\$ (41.59)	\$ 300.00	\$ 258.41
Archives	\$ -	\$ -	\$ 600.00	\$ 600.00
Corrections	\$ (95.68)	\$ (1,451.96)	\$ 1,600.00	\$ 148.04
CPC/PI	\$ -	\$ (131.57)	\$ 200.00	\$ 68.43
Grapevine	\$ -	\$ -	\$ 200.00	\$ 200.00
Literature	\$ -	\$ -	\$ 500.00	\$ 500.00
Treatment	\$ -	\$ (677.01)	\$ 1,200.00	\$ 522.99
Website	\$ -	\$ -	\$ 750.00	\$ 750.00
Total	\$ (409.26)	\$ (4,734.32)	\$ 8,650.00	\$ 3,915.68

Breakdown of Month's Expenses

District 14 - Meeting room	WPC (meeting room)	(27.00)
D14 Area	Travel Expenses Area Assembly	(286.58)
Intergroup	Corrections Committee	(95.68)
Total Expenditures		(409.26)

D14 Service Committees

Name	When	Where
Archives	6:30 PM 1 st Tuesday of every month	Triangle Club 1005 SE 4th Ave
Corrections	6:00 PM 3 rd Tuesday of every month	Triangle Club 1005 SE 4th Ave
District 14	6:30 PM 2 nd Wednesday of every month	Westminster Presbyterian Church 1521 NW 34th St
Grapevine	6:30 PM 3 rd Monday of every month	Triangle Club 1005 SE 4th Ave
Intergroup	1:00 PM Last Sunday of every month	Triangle Club 1005 SE 4th Ave
Treatment	5:45 PM Last Thursday of every month	Triangle Club 1005 SE 4th Ave
Accessibilities	6:00 PM 3 rd Thursday of every month	Triangle Club 1005 SE 4th Ave

Hi friends! I hope you had a chance to come to our Annual Service Fair which was held on Saturday, October 21st at the Triangle Club. Each Committee at the District level was on hand to share about how they work together to carry the message to the suffering alcoholic in our District and how you can get involved. Our Alternate DCM, S, put the whole thing together with support from our District Committee Chairs. Our speaker was, LP, who is the Alternate Delegate for Area 14 (which is North Florida). Our next Area Assembly will be held in Howey-in-the-Hills at the Mission Inn on January 5-7th. Book your room now as they go quickly! Lastly, our Accessibilities and CPC/PI committee members have worked to bring AA's message of recovery to a patient at Shands who was awaiting a life-saving liver transplant. That's what it's all about folks! Please speak to S (Accessibilities Chair), R (CPC/PI Chair) and M (Accessibilities Committee member) about how you can get involved in reaching out to patients who may not be able to get the message any other way.

In loving service,

EC, DCM for District 14





become a
Faithful Fiver

Faithful Fivers are AA members who graciously choose to contribute five dollars each month to support the Intergroup Office in its efforts to carry the AA message of hope & recovery to those alcoholics who still suffer, in the North Central Florida Intergroup Area. As a Faithful Fiver, your personal contribution will help to carry the message of Alcoholics Anonymous.

"The Faithful Fiver idea came about when we remembered that we wasted much more than \$5 each month during our drinking careers."

Payment Options: Checks, payable to NCFI, Cash, or Credit Card (min charge \$25 fee waived)

Email any questions to: Gainesville.Intergroup@gmail.com



EVENT FLYERS

Promote your AA event on the Intergroup website!
Send your JPEG/PNG file at least 1 month in advance to:
webmaster@aagainesville.org

Intergroup Payments



Intergroup accepts PayPal and Venmo payments for Homegroups, Individuals, and Faithful Fivers.

Send donations to: gainesville.intergroup@gmail.com

Please include your group or individual name on the payment.

No plans for turkey day or need to get away from plans?

Starke Happy Hour Group is having a Thanksgiving feast on Thanksgiving Day!

Social at 6:30, eat at 7:00, and meeting at 7:30. Our group is providing turkey, ham and drinks. Bring a covered dish or dessert if you can. Come join us for food and fellowship.

St Marks Episcopal
212 North Church St.
Starke, FL. 32091

NCFI's
2023 GRATITUDE DINNER
SATURDAY, NOVEMBER 18

Trinity United Methodist Church
4000 NW 53 Avenue, Gainesville, FL

Tickets \$10.00 Donation

(Available at the Intergroup Office and at Various Meetings)

4:00 – 5:00 pm Fellowship

5:00 - 6:00 pm Dinner

6:10 – 6:55 pm Cake Auction

7:00 – 7:20 pm – Sobriety Countdown

7:30 – 8:30 pm Speaker

8:35 50/50 Raffle

For more information, please call the Intergroup Office

We ask that you please bring a side-dish or dessert, in a DISPOSABLE DISH, to share.

All proceeds from this event go to District-14 Intergroup

28th Annual Southeast Woman-to-Woman Conference



"OUR COMMON BOND"
AUGUST 16-18, 2024

Hilton Charlotte University Place
8629 JM Keynes Drive – Charlotte, NC 28262

Reservations: 704-547-7444 or online at <https://www.sewomantowoman.org/>
King or Double rooms \$169 – Code SEW (Cutoff 07/10/24)

[Breakfast Saturday and Sunday mornings for registered hotel guests included in the room rate.]

Text Message Contacts

Chair: Betty G. 704-491-1519 chairsew2w24@gmail.com	Co-Chair: Lisanne S. 704-905-1706 treassew2w24@gmail.com	Registration: Claudia H. 630-362-9086 RegisSEW2W24@gmail.com
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CUT OFF DATE FOR ONLINE AND MAIL IN REGISTRATION IS 7/31/2024

Conference Registration: \$65.00 until March 31st \$70.00 April 1st to July 31st, then On-site Registration

REGISTRATION IS TRANSFERABLE BUT NOT REFUNDABLE!

Register Online at <https://www.sewomantowoman.org/> beginning October 15, 2023

Or: Clip and mail the Registration Form at the bottom with your payment

Queens Banquet: \$75.00
(Capacity is 400)
Register Early

Optional Dress Code: "Gowns, Crowns and Tiaras"
Colors: Purple and Silver/White
"We do clean up nicely!"

Clip and Mail Registration with payment Payable to: Southeast Woman to Woman
Mailing Address: SEW2W, c/o Claudia Howard, 8705 Fox Chase Lane, Charlotte, NC 28269

HAPPY
THANKSGIVING

Join us on
THURSDAY, NOVEMBER 23,
for recovery, food and fellowship
at the Triangle Club!

It all begins
12:30 Meeting
1:45 Dinner

If you are able, please bring a side-dish or
dessert to share!

Brought to you by the
Eyeopener, New Life, Gratitude and
Downtown groups!

