

AL-ANON

SCHEDULE OF EVENTS

Lido Room
Unless noted below

FRIDAY

January 30th, 2026

10:00 am WORKSHOP <i>Happy Birthday from God</i> Tammy K.	11:00 am WORKSHOP <i>Parent Focus</i> Teri L.	1:00 pm WORKSHOP <i>Gifts of Recovery</i> Mary, Ann and Barbara <i>Wakefield Ballroom- A/B</i>	4:00 pm WORKSHOP <i>Step 6</i> Marcelle
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SATURDAY

January 31st, 2026

9:00 am WORKSHOP <i>Tarzan Skit</i> Tammy	10:00 am PANEL DISCUSSION <i>Parent, Step-Parent Perspective</i> Tammy, Joe, Mike, Barb B., Barb A.	11:00 am SPEAKER MEETING Llew
12:00 pm WORKSHOP <i>Whisper Walk</i> Rhonda	3:00 pm WORKSHOP <i>Detachment</i> Jan	4:00 pm WORKSHOP <i>Experience, Strength and Hope</i> Tammy S.
	5:00 pm SPEAKER MEETING Lanore	6:00 pm WORKSHOP <i>Fear</i> Megan

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