

Let Go to Grow

'Let Go' to Grow: The Spirit of Rotation Keeps A.A. Alive

Talk about "bleeding deacons" vs. "elder statesmen" and "learning to let go" permeated the air as A.A.'s attending the 1983 Northeast Regional Forum in Somerset, NJ., gathered for a lively and candid session on "Rotation: Its Implications in Our Area." Presentations by Conference delegates touched on many aspects. Noting that rotation is "the main method we have to prevent power, prestige, and personal recognition from distorting our best intentions," Maine delegate Frank R. stressed its importance in putting "a check valve on these intentions." Since rotation in all service positions from the board of trustees to G.S.O. to the group level limits the length of individual service, "It also gives the newcomer a chance to serve," Frank said.

Dick D., a delegate from New Hampshire, said his introduction to rotation occurred when "I was asked to stop being my group's coffee maker. That's when I learned you have to give it away to keep that beautiful feeling!" Since then, Dick has rotated out of several service slots, often with reluctance. "But learning to let go has meant personal growth for me," he maintained. "I only hope that when it's time to rotate out of this delegate job, I'll become an elder statesman and not a bleeding deacon!"

(His experience recalls the words of a former G.S.O. general manager, Bob H., in a Conference talk on the subject of rotation: "When [servants in A.A.] rotate out of office, they're obeying' the letter of the law,' but are they obeying its spirit if they still try to run the show? The inability to let go can become something close to an illness. Sometimes, these unfortunate folk need help in learning to really

step down. We may even have to pry their hands from the helm, figuratively. But whatever needs doing to make them let go, do it! You'll be doing everyone concerned a favor, including the reluctant ex-servant.")

He reminded his fellow A.A. servants that "rotation is practiced not to put somebody out of a job, but to ensure that the selfish ones do not hold on, and that all have an opportunity to serve." Furthermore, he said with a wide grin, "Rotation also limits the time for those of us who serve to mess things up!"

"The more informed people there are to carry the A.A. message, the faster and further it will be carried," she said. Without the principle of rotation, she noted, responsibility for carrying the message would rest in the hands of just a handful of people, thus causing the Fellowship to become alienated from our Third Legacy of Service.

Box 459 October 1983
Anonymous



April Birthdays

10th and 11th Step group

G - 37 yrs

By the Book

MF - 1 yr

JM - 12 yrs

MC - 11 yrs

Downtown Group

GN - 25 yrs

AB - 40 yrs

BF - 7 yrs

Eye Opener Group

BF - 7 yrs

RB - 2 yrs

Eye Opener ONLINE Group

JC - 25 yrs

GH - 37 yrs

CW - 37 yrs

R - 2 yrs

CW - 27 yrs

Fresh Start

JJ - 2 yrs

TC - 2 yrs

Gratitude Group

AJ - 1 yr

AT - 3 yrs

AA - 3 yrs

EJ - 3 yrs

JW - 3 yrs

N - 4 yrs

BK - 18 yrs

RC - 22 yrs

DG - 28 yrs

Hampton Hole in the Wall

DB - 4 yrs

Lawtey Primary Purpose Group

JM - 1yr

BW - 3yrs

A - 12yrs

JN - 17 yrs

S - 2yrs

New Freedom

MS - 3 yrs

RM - 8 yrs

JM - 12 yrs

VM - 12 yrs

CL - 14 yrs

PW - 17 yrs

MA - 32 yrs

Sisters in Sobriety

MK - 7 yrs

RT - 14 yrs

HA - 17 yrs

PC - 21 yrs

PK - 25 yrs

JP - 39 yrs

Women's Serenity Seekers

EW - 13 yrs

Aloha & Mahalo Nui Loa,

“Busy as a Bee” truly describes our District. There has been so much service happening in April, and even more coming in May—that it’s hard to list it all. Be sure to check out aagainesville.org. See the events page to keep up to date.

May 2nd, 10am - 12pm Triangle - GSR informational workshop. Whether you are a current GSR, past GSR, or just curious—COME ON! I’ll be facilitating, and we’ll have answers, questions, FUN, and plenty of laughter! May 10th - Honoring Mothers. You don’t have to be a biological mother—we nurture, help, and care for others as AA members, sponsors, and human beings. Our Treatment Committee brings meetings into M.I.S.T. (Mother’s Intensive Supportive Treatment). Consider joining and supporting moms and babies—it is truly a blessing.

Get involved in Service; Service is one of our Three Legacies. Why? (See Big Book, pg 14). Check out the POST (pg 10) for District 14 committees, meeting times, and days. Pick one that speaks to you—or just go explore! Delegate LP returns from the 76th General Service Conference and will share the outcomes and agenda items. Post-conference report with District 14, 16, & 17. Location: Lost and Found Club - 616 S Pine Street @ 11am-2pm. The Corrections AA Workshop @ Triangle March 28th was a HUGE success. Our District continues to stay active—supporting both locally and in surrounding districts. We need you—come serve. Men’s Workshop - “Vulnerable Warriors” May 30th @ Triangle, 1:30-3:30pm. This is shaping up to be something special—you won’t want to miss it. One member told me, “It will be Stellar.”

Founder’s Day Celebration—June 13th. Planning meetings—Triangle 7pm every Thursday: May 7, 14, 21, 28 - June 4, 11. Join in and be part of this incredible event. Archives Need YOU! We are collecting GROUP HISTORIES! Let us know your group’s story. (Fun fact: Downtown Group celebrated 80 years this past January. Be sure to check out our Archives Tree at Founder’s Day. Always excited talking with you about achieving our primary purpose. Thank you again for your support and service.

CD, DCM for District 14, Area 14 & Panel 75.



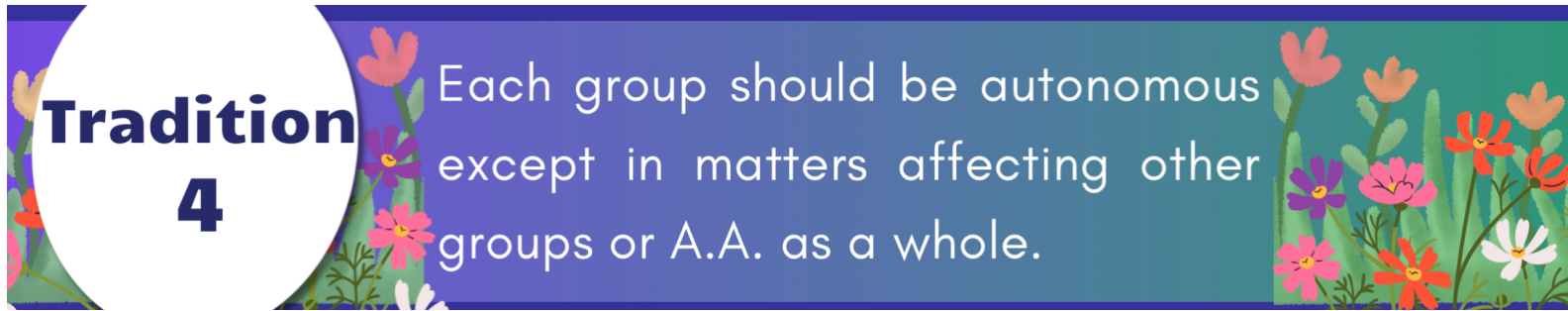
Community News

We had about 31 visitors and sales at the Intergroup office in March. Wish we could cut back on the spam calls. Activities coming soon: May 2 the GSR workshop; July 18 writing for the POST, Grapevine and making flyers; and in September Chairing a meeting. We'll let you know when we have a date. Don't miss Founders' Day happening June 13.

Our Open House was a lovely event. We had snacks and lots of books on sale. Keep checking the events page at aagainesville.org to learn about all the activities supported by Intergroup and District 14. Thanks for supporting your local Intergroup office; we couldn't be here without you.

In love and service,

AO. (gainesville.intergroup@gmail.com)



Tradition Four (short form); "Each group should be autonomous except in matters affecting other groups or A.A. as a whole."

This tradition is a prime example of the democratic thoughts and actions that A.A. groups have endowed and the customs each group has etched into their by-laws. Each group has liberties that outsiders to A.A. would simply say, "How can this be?" Visitors and those folks outside of A.A. are shocked when we say that only two or three of us can start and become a group. A.A. has no President, no membership requirements (except a *desire* to stop drinking), no dues or fees, and no rules and regulations.

When our A.A. Co-Founder Bill W. wrote this tradition, he wrote that every A.A. group is granted complete autonomy with one exception: that each group ought not to do anything that would injure A.A. as a whole nor affiliate itself with outside interests.

I thought it would be a good idea to share my experiences with group customs so that someone new to A.A. could see how some groups have flourished over the years. My first Home Group, the Fellowship Group in Cape Coral, Florida, performed these services to their members:

- 1) The Fellowship Group had a Beginners Meeting 45 minutes before their Open Speaker Meeting.
- 2) The group had a greeter at the Door.
- 3) Only Home Group members could read the readings from the podium.
- 4) There were candy dishes at every table.
- 5) Some members would stand at each meeting and make themselves available as Temporary Sponsors until a member could find a permanent sponsor.
- 6) The group ran a Detox meeting commitment every Wednesday in Fort Myers.
- 7) When I was 90 days sober, the group presented me with a 3 Month Bronze medallion. I carried that medallion in my pocket each day, and when I had One Year of Sobriety, the group gave me a One Year Bronze medallion and a Birthday Cake.

I have been fortunate to attend A.A. meetings and belong to Home Groups in three U.S. States. I have never found a home group as active as my first Home Group in Cape Coral, Florida. They elected me to be their Group Secretary at eight months of sobriety. That was my first service position in A.A. Every week, a different member would help me learn the *Twelve Traditions* and their importance to A.A.

This tradition also introduces us to one of the all-time classic quotes from sponsors in A.A. and in the rooms where members share. Bill W. writes about a member of A.A. who became a Super Promoter in a small town in the U.S. I have seen these "showrunner" types from time to time over the years. This promoter tried to marry education and medicine with A.A. as well as sixty-one rules and regulations to join our God-given fellowship. When the promoter's enterprise flopped (and we knew it would), he sent a letter to Bill W., and in the small envelope, it contained a small card about golf score size. The cover read: "Middleton Group #1, Rule 62." Once the card was unfolded, the A.A. classic one-liner was revealed, "Don't take yourself too damn seriously." Over the years, I have had to apply Rule 62 along with "Easy Does It" to ensure contented sobriety.

A.A. Sources; *Twelve Steps and Twelve Traditions*, *Bill Discusses the Twelve Traditions* (DVD)

Made a searching and fearless moral inventory of ourselves.



Step 4

There is a quiet turning point in recovery that doesn't arrive with applause or fireworks. It comes instead with a pen, a blank page, and a question most of us have spent years avoiding: What's really going on inside me? Step Four of Alcoholics Anonymous invites us into that moment. "Made a searching and fearless moral inventory of ourselves." It sounds simple. It is anything but easy. Step Four is where the fog begins to lift.

For many, the first three steps feel like preparation. We admit powerlessness, come to believe in something greater than ourselves, and make a decision to turn our will and lives over. But Step Four is where belief becomes action. It asks us to move from thinking about change to actually examining the patterns, wounds, and behaviors that shaped our drinking and our lives.

The phrase "searching and fearless" is deliberate. Searching means we don't skim the surface. We go deeper than the obvious resentments or recent mistakes. We look at recurring themes: anger that keeps resurfacing, fears that quietly steer our decisions, relationships that follow the same painful script. Fearless does not mean without fear. It means we proceed despite it. Many people hesitate here, imagining Step Four as a harsh self-judgment, a kind of personal indictment. In reality, it is closer to an honest inventory in a business. A store owner counts everything, not to shame the shelves, but to understand what's there. Without that knowledge, nothing improves. With it, everything becomes possible. The inventory traditionally covers a few key areas: resentments, fears, harms done to others, and our conduct in relationships. Resentments often sit at the center. They are like emotional anchors, keeping us stuck in old pain. Writing them down reveals patterns. We begin to see how our expectations, pride, or insecurities played a role. This is not about blaming ourselves for everything. It is about seeing the full picture, including our part.

Fear is another powerful thread. Beneath many of our actions lies fear: fear of not being enough, fear of loss, fear of rejection, fear of the future. When we list these fears honestly, something surprising happens. They lose some of their power. What once felt like an unnamed force becomes something we can look at, understand, and eventually release. Then there are the harms we've caused. This can be the most uncomfortable territory. But Step Four is not asking us to wallow in guilt. It is asking for clarity. When we see our actions without distortion, we begin to understand how our behavior affected others and ourselves. This understanding lays the groundwork for genuine change later in the steps. What makes Step Four transformative is not just what we write, but how we write it. Honesty is the key. Not perfection. Not eloquence. Just truth. Messy, incomplete, sometimes uncomfortable truth. This is where many discover a surprising sense of relief. Secrets lose their weight when they are brought into the open, even if only on paper at first.

There is also an unexpected kindness in Step Four. As we examine our past, we often begin to see ourselves with more compassion. We recognize that many of our actions were attempts to cope, to survive, to manage pain with the tools we had at the time. This doesn't excuse harmful behavior, but it does soften the harsh edges of self-judgment. It allows room for growth instead of shame. It's important to remember that Step Four is not meant to be done in isolation from support. Sponsors, meetings, and the shared experience of others in recovery provide guidance and reassurance. Almost everyone who has taken this step has felt the same hesitation. And almost all report the same outcome: freedom.

Because that is the quiet promise of Step Four. Freedom from the tangled stories we've told ourselves. Freedom from the weight of unexamined resentment and fear. Freedom to move forward with a clearer understanding of who we are and who we can become. When the inventory is complete, something shifts. The past is no longer a shadowy force lurking behind us. It becomes something we have faced directly. Something we understand. Something we are ready to share and, ultimately, to heal.

Step Four is not the end of the journey. It is the doorway to deeper transformation. But it is a powerful one. It takes courage to walk through it, to look honestly at ourselves without turning away. Yet on the other side of that courage is a kind of peace that cannot be found any other way. A clean page can be intimidating. But it is also an invitation. Not to rewrite the past, but to understand it. And in that understanding, to begin writing a different future.

North Central Florida INTERGROUP

Located in the:

Land Title Plaza

2632 NW 43rd Street

Building 1000, around back at suite 1182

Gainesville, FL 32606-7551

Telephone: 352-372-8091

Office Hours:

Monday - Wednesday: 2:00 - 5:00 pm

Thursday - Friday: 12:00 - 6:00 pm

Saturday: 11:00 am - 3:00 pm

POST Submissions

Send articles and anniversaries to post@AAGainesville.org or mail them to the NCFI office no later than the 12th of each month.

Activities Submissions

Send information for all activities in the AA community to Activities@AAGainesville.org. If you want them to be announced in the POST, they must be submitted by no later than the 12th of the month.

Intergroup

Questions about AA in North Central Florida or to order large quantities of literature please contact gainesville.intergroup@gmail.com with requests.



Hello my dear AA friends!

JP., alt. Intergroup chair, held the first organizational meeting with the planning of the “How to Chair a Meeting” workshop on April 18. The workshop is to be held in September. More details to follow. The first meeting of the “Writing and Graphics for POST and Grapevine” Workshop committee will be held in June. This Workshop will be held in July 18 th , 2 – 4pm at the Triangle Club.

The Intergroup Open House was held April 18th , from 11AM to 2PM. If you weren't able to attend, make plans to attend the next one. We are considering holding one every six months.

Thank you for allowing me to serve,
SGW.

Monthly Group Contributions

MARCH 2026 CONTRIBUTIONS

As Bill Sees It \$75

By the Book \$60

Downtown Group \$67

Eye Opener Group \$114

Free To Be \$150

Hawthorne Keep It Simple \$50

Women in Action \$5.20

Group treasurers, please be sure Intergroup has an email contact for you. First class stamps are up to \$.78 each!

A contribution of \$600 was received in loving memory of ES. and KP. May their memories be a blessing. They loved AA.



SAVE THE DATE!

mark your calendar!

North Florida Al-Anon Founder's Day Celebration

HOSTED BY NFL DISTRICTS 1,2 AND 3

Please join us as we honor

Al-Anon's 75th Anniversary
May 30th, 2026, from 10 AM to 4 PM
at the Suwannee County Fairgrounds in Live Oak.

*It's going to be a meaningful day of history, fun, and fellowship—you won't want to miss it.
More details coming soon!*



CONTACT: PAM V AT PVALCANTE@PROTON.ME FOR MORE INFO

THE PROMISES

8th Annual Women's Spiritual Retreat

June 19-21, 2026

Luther Springs

264 Vause Lake Rd, Hawthorne, FL

A non-AA, 12-Step based experience focused on healing & personal growth.
Includes: Daily Meetings, Guided Meditation, Yoga.

Accommodation Options (inc. room, meals, activities):

✦ Single: \$225

✦ Double: \$185

✦ Cabin (10 Bunkbed): \$125

✦ Daytime Only (Sat): \$100

**Please bring your own linens and towels.*

REGISTER:

SCAN QR CODE:



Registration Deadline: 06/13/2026. 42 Guest Limit.
Questions? Email: ncflwomensretreat@gmail.com



North Central Florida Intergroup

Monthly Meeting Minutes

March 2025



Chair Report, SG: SG is excited for the upcoming workshops (more information below).

Alt-chair Report, J: J is excited for the Intergroup Open House, which will be held April 18 from 11am -2pm. In June or July there will be additional workshops hosted but the priority was for the Intergroup Open House.

Secretary Report, J: Minutes were reviewed and approved.

Treasurer Report, M & GD: Neither present. The Treasurer's report was reviewed and approved.

Committee Reports

Phone Committee, E: Not present. Currently training volunteers for additional time slots.

POST, M & J: No report.

Office Manager's Report, A: Prices for World Service material went up on February 1, and as of yet this hasn't had an impact on sales. The problems with the Intergroup phone appears to be closer to resolution.

Website Report, R: Last month, several changes were made to the website, both with the design and the meetings. Things are going well!

DCM Report, L, Alt DCM: Thank you for all the groups that participated during the event on March 14, when LP, the Delegate, shared information. The event had 52 people participate and 13 pairs of people that did skits, which not only shared good information but was also fun. The corrections event on March 28 had 31 participants, including two officers and a chaplain. The next Area Assembly is April 10-12 at Lake Mary. The last day for early registration for the 68th Florida State Convention is May 1. There are overflow hotels available since the main hotel is sold out. Thank you to the groups who contributed additional funding to District, as District's funding is down by 50%. Only 13 of the 68 groups in District have been actively contributing and the different committees have had to reduce their budget. L and C are working to visit all of the groups. C encourages all groups to do an inventory if you haven't done one.

Old Business:

1—A vote was taken for the new Logo and a new logo was identified. Thank you to everyone who submitted options for the Intergroup representatives to review. Soon you will see the new logo on the website and materials.

2—Updates from the committees formed in February:

During the Intergroup Open House there will be a literature sale and light snacks. A motion was presented and passed unanimously to use \$50 of Intergroup's budget to cover expenses for food and drinks during that event. Additional repairs may be needed to the fence and Annie will discuss options with Josh and Mark to repair it prior to the Open House.

The committee for the upcoming workshop focused on Best Practices and Chairing a Meeting are in the early development stages and more information will be provided in the future. We anticipate the workshop to be held in June or July.

New Business: A motion was presented to form a committee for a panel focused on how to submit writings, create graphics, and create jokes for submission to the Grapevine or the POST. The motion passed and more information will be shared as the committees comes together to develop this exciting workshop.

North Central Florida Intergroup

Treasurer's Report

March 2025



	Current	Year to Date		Current	Year to Date
Sales	\$1,574.92	\$4,980.17	Service Expenses		
Tax Collected	\$118.17	\$361.07	Literature Purchases	\$675.47	\$4,154.21
Card Use Fees	\$11.50	\$54.50	Mailing POST	\$45.74	\$71.59
Total Sales Revenue	\$1,704.59	\$5,395.74	Printing POST	\$124.62	\$387.26
Grateful Givers	\$290.00	\$480.00	Website Hosting	\$12.99	\$38.97
Group Contributions	\$521.20	\$3,287.40	Alkathon	\$0.00	\$366.82
Roundup Contributions	\$40.03	\$124.90	Other Service Expenses	\$0.00	\$300.00
Other Contributions	\$11.00	\$226.00	Total Service Expenses	\$858.82	\$5,318.85
Total Contributions	\$862.23	\$4,118.30	Fundraising Expenses	\$0.00	\$0.00
Interest	\$32.19	\$92.82	Fundraising Income	\$0.00	\$0.00
Electronic Payment Fees	\$7.94	\$76.36	Transfers From Business Shares	\$0.00	\$0.00
Insurance	\$0.00	\$520.44	Total Income	\$2,566.82	\$9,514.04
Internet	\$87.10	\$261.30	Total Deposits	\$2,566.82	\$9,514.04
Monthly Meeting Rent	\$0.00	\$60.00	Transfers To Business Shares	\$0.00	\$0.00
Office Expenses	\$65.20	\$132.85	Total Expenses	\$3,369.21	\$12,353.71
Office Rent	\$350.00	\$1,050.00	Total Withdrawals	\$3,369.21	\$12,353.71
Payroll Taxes	\$229.50	\$229.50	Gain/Loss	-\$802.39	
Postage	\$0.00	\$0.00	Checking	\$8,351.73	
Printing	\$24.30	\$24.30	Business Shares	\$1,507.82	
Salary	\$1,348.66	\$3,000.00	Certificate Of Deposit	\$10,365.39	
Sales Tax	\$110.79	\$273.69			
Telephone	\$286.90	\$860.79			
Other Expenses	\$0.00	\$545.63			
Total Overhead	\$2,510.39	\$7,034.86			



AA DISTRICT 14 GSR WORKSHOP

SATURDAY, MAY 2ND, 10 AM - 12 PM

TRIANGLE CLUB, 1005 SE 4TH AVE, GAINESVILLE, FL

LEARN ABOUT:

- WHAT A GSR IS
- WHY YOUR GROUP NEEDS A GSR
- HOW TO BE THE 'VOICE' OF YOUR GROUP
- LAUGH, HAVE FUN, TELL YOUR STORIES



"I AM RESPONSIBLE, WHEN ANYONE, ANYWHERE REACHES OUT FOR HELP. I WANT THE HAND OF A.A. ALWAYS TO BE THERE. AND FOR THAT: I AM RESPONSIBLE."

MORE INFO? CONTACT CECIL D AT cecild14@yahoo.com

★ **SAVE THE DATE** ★



Southeast Regional Forum 2026

📅 September 18–20, 2026

📍 Hilton Raleigh North Hills – Raleigh, NC

Join us in North Carolina to learn, share, and connect through service – and be rocketed into the 4th Dimension!

More info: aa.org/regional-and-local-forums

DISTRICT

14

MARCH MEETING MINUTES

Approval of Previous Minutes

The March meeting minutes were reviewed.
Motion made to approve March minute, seconded, and approved

Treasurer's Report

Financial Summary:
Opening Balance: \$12,060.59
Contributions: \$848.00
Expenses (Rent/Po Box): \$104.98
Closing Balance: \$12,752.50
Motion made, seconded, and approved to accept the treasurers report.

DCM Report

(Reported by Alternate DCM Linda in Cecil's absence)
Area Assembly: April 10–12
District Inventory: Only 4 responses received; additional questions to be sent out
68th Florida State Convention: August 6–9 in Orlando (volunteers needed)
Gratitude expressed for increased contributions and reduced committee budgets

Alternate DCM Report

Welcomed new GSRs and Alternate GSRs
NFAC website provides resources for new members
Tradition Four and Concept Four were read

Committee Reports

Accessibilities

Continued success at Grace Marketplace, thanks to groups that facilitate
Donated AA books in library being used
Grace Marketplace meetings every Saturday at 1pm in building 8, all are welcome

Archives

Founders Day Dinner is June 13
Next planning meeting April 16
Local group tree has been redone and updated
Need more group histories

Corrections

Strong workshop turnout
Continued need for volunteers

CPC/PI

Zoom meetings ongoing 2 nd Thursday at 8:30pm no zoom

Zoom is available for any district committees
Adopt-a-Doc added to aagainesville.org website
Literature is being restocked at literature racks

Grapevine

Joint workshop planned
Next meeting May 4

Literature

E-book page numbers fixed and prices increased changes
Our Primary Purpose podcast available at AA.org
Treatment
48 meetings across 7 facilities in last month
VA volunteers needed on Saturdays at 11am

Intergroup

Workshops planned; Open House April 18
Josh P, alt chair will be contacting members to help plan "How to chair a meeting" workshop
July 18 th 1:30 to 3:30 at Triangle club "Writing for POST and Grapevine" Workshop
April 18 th 11am to 2pm will be Intergroup Open House
Intergroup has a new logo
Website
Ongoing updates
Contact webmaster (email webmaster@aagainesville.org) if your committee would like to update their section of the website.

Workshops

May 2: GSR Workshop (10 AM–12 PM)
May 30: Men's Workshop (1:30–3:30 PM)

Old Business

District Budget finalized for April 2026–March 2027: \$8,420
Motion made for new budget, seconded, and approved

New Business

Founders Day excess funds to be donated back to District

Closing

Motion to adjourn made and seconded
Meeting closed with the Responsibility Pledge

DISTRICT

14

Treasurer Report March 2026 Meeting

Report on February Financial Activity Fiscal Year April 2025-March 2026 (Beginning Fiscal Year Balance = \$12,775.60)

	Amount	Year to Date
Opening Bank Balance	\$ 11,857.13	
Group and Individual Contributions D14	\$ 1,148.91	\$ 6,640.93
Founders Day Ticket Sales/Contributions		\$ 3,663.00
Committee Expenses	\$ (918.45)	\$ (4,811.75)
D14 Expenses (includes rent/PO Box/sponsored events/website)	\$ (27.00)	\$ (2,880.03)
Founders Day Debits		\$ (2,860.00)
Earned Interest	\$ -	
Total Expenses	\$ (945.45)	\$ (10,551.78)
Closing Bank Balance	\$ 12,060.59	
Difference in Bank Balance	\$ 203.46	
Money Held in Reserve:		
Founders' Day Seed Money 2026	\$ 848.00	
Service Fair - Reserve for 2025	\$ 600.00	
Prudent Reserve	\$ 7,500.00	
Operating Cash (bank balance minus reserves)	\$ 3,112.59	

*Note - Please indicate Group Name & Number on Contributions

February District & Committee Expenses

	Spent	Year to Date	Annual	Remaining
		Spent	Budget	Budget Avail.
D14-Rent/PO Box/POST	\$ (27.00)	\$ (507.00)	\$ 1,100.00	\$ 593.00
D14 Sponsored Events/Area		\$ (2,842.81)	\$ 3,000.00	\$ 157.19
Accessibilities	\$ (138.41)	\$ (486.01)	\$ 500.00	\$ 13.99
Archives		\$ (313.92)	\$ 400.00	\$ 86.08
Corrections	\$ (764.56)	\$ (2,087.82)	\$ 2,200.00	\$ 112.18
CPC/PI		\$ (677.78)	\$ 600.00	\$ (77.78)
Grapevine		\$ (40.34)	\$ 200.00	\$ 159.66
Literature		\$ (29.61)	\$ 150.00	\$ 120.39
Treatment	\$ (15.48)	\$ (1,016.37)	\$ 1,800.00	\$ 783.63
Zoom		\$ (159.90)	\$ 200.00	\$ 40.10
Website		\$ -	\$ 100.00	\$ 100.00
Service Fair		\$ -		
Founders Day		\$ (2,860.00)		
Total	\$ (945.45)	\$ (8,161.56)	\$ 10,250.00	\$ 2,088.44

Breakdown of Month Expenses

D14-Rent/PO Box/POST	WPC Meeting Room	\$ (27.00)
Corrections	Corrections	\$ (614.36)
Corrections	Corrections	\$ (34.10)
Corrections	Corrections	\$ (116.10)
Treatment	Treatment	\$ (15.48)
Accessibilities	Accessibilities	\$ (138.41)
Total Expenditures		\$ (945.45)

District 14 Service Committees

Committee	When	Where
Accessibilities	6:00 PM 3rd Thursday of every month	Triangle Club 1005 SE 4th Ave
Archives	6:00 PM 1st Tuesday of every month	Triangle Club 1005 SE 4th Ave
CPC / PI	8:30 PM 2nd Thursday of every month	Contact: cpcpi@aagainesville.org
Corrections	6:00 PM 3rd Tuesday of every month	Triangle Club 1005 SE 4th Ave
District 14	6:30 PM 2nd Wednesday of every month	Westminster Presbyterian 1521 NW 34th St
Grapevine	6:30 PM 1st Monday of every month	Triangle Club 1005 SE 4th Ave
Intergroup	1:00 PM Last Sunday of every month	Triangle Club 1005 SE 4th Ave
Literature	5:45pm 1st Thursday of every month	Spirit of Truth 4055 NW 43rd Street
Treatment	5:45 PM Last Thursday of every month	Triangle Club 1005 SE 4th Ave

District 14 March Contributors:

By the Book
Vulnerable Warriors
Language of the Heart
Keep it Simple Hawthorne
10th/11th Step Saturday
Next Right Thing
Melrose Happy Hour

POST Articles Needed

- Do you enjoy sharing about your experiences in AA?
- Would you like to share nuggets of hope and strength about your sobriety with our local AA community?
- Do you enjoy writing?
- Do you need to amp up your AA service contribution?



Contact:

post@aagainesville.org
to get involved!

CONTRIBUTIONS

Become a **GRATEFUL GIVER**



A **Grateful Giver** is an AA member who contributes monthly to North Central Florida Intergroup with grateful memory of just how much was spent on alcohol at the bar or liquor store.

By making automatic payments through the bank, Venmo or paypal we don't even have to think about it! It couldn't be easier!



PayPal

INTERGROUP



venmo

DISTRICT 14

Accepted Payments:

Check payable to NCFI, Cash,
Credit Card (fee waived), PayPal, or Venmo

7th Tradition Addresses

North Central Florida Intergroup

2632 NW 43rd St, Suite 1182
Gainesville, FL 32606-7551

(Checks payable to NCFI)

North Florida District 14

P.O. Box 357254
Gainesville FL 32635-7254

(Checks payable to North Florida District 14)



North Florida Area Assembly

PO Box 840066
St Augustine, FL 32080
<https://www.aanorthflorida.org>

(Checks payable to NFAC)

General Service Office

PO Box 2407
James A Farley Station
NY, NY 10116

(Checks payable to GSO)

NORTH CENTRAL FLORIDA INTERGROUP, INC (a 501c3 non-profit corporation)

Registration #: CH13265

Expiration date: October 15, 2026

A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE (800-435-7352) WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE.

MAAAMR

MEN'S AA · AL-ANON MOUNTAIN RENDEZVOUS

📅 **OUR 25th ANNUAL GATHERING:**
May 29th - May 31st 2026

📍 @ Valle Crucis Conference Center | Banner Elk, NC

A gathering of men in recovery sharing fellowship
in a relaxed and fun mountain atmosphere.

👤 Speakers

Harold C. (AA) - St Augustine, FL

Tom A. (AA) - Charleston, NC

Henry(Bobby) F. (AA) - Hickory, NC

Bob B. (AFG) - Greenville, SC

Cecil D. (AA) - Starke, FL

FOR MORE INFORMATION & REGISTRATION VISIT:

www.maaamr.org



📞 **DAVE B. (850-228-6227)**

📞 **DALE C. (828-964-8463)**

MEN'S VULNERABILITY WORKSHOP

**TRANSFORMING SHAME INTO
EXPERIENCE STRENGTH AND HOPE**

SPEAKERS:

CHRIS C

BILLY P

MIKE C.

**TRIANGLE
CLUB**

1:30-3:30



SNACKS AND DRINKS PROVIDED

MAY

30

2026

Sponsored by Downtown Group



MEMORIAL DAY

Speaker Meeting & B-B-Q

Monday, May 22

12:00 PM – 3:00 PM

Triangle Club, 1005 SE 4th Ave



*Around the World
in 91 years*

Founders' Day

June 13th, 2026

Tickets \$5

4:00-5:00 Fellowship

5:00- 6:15 Dinner

Entrée, 2 sides, and beverages provided.

Please bring a side dish or dessert in a disposable pan.

6:15-6:45 Sobriety Countdown

7:00-7:15 SNL (Sobriety Night Live)

7:30-8:30 Speaker

8:35 50/50 Raffle

4-8:30 pm

Trinity United Methodist Church
4000 NW 53rd Ave Gainesville, Florida

